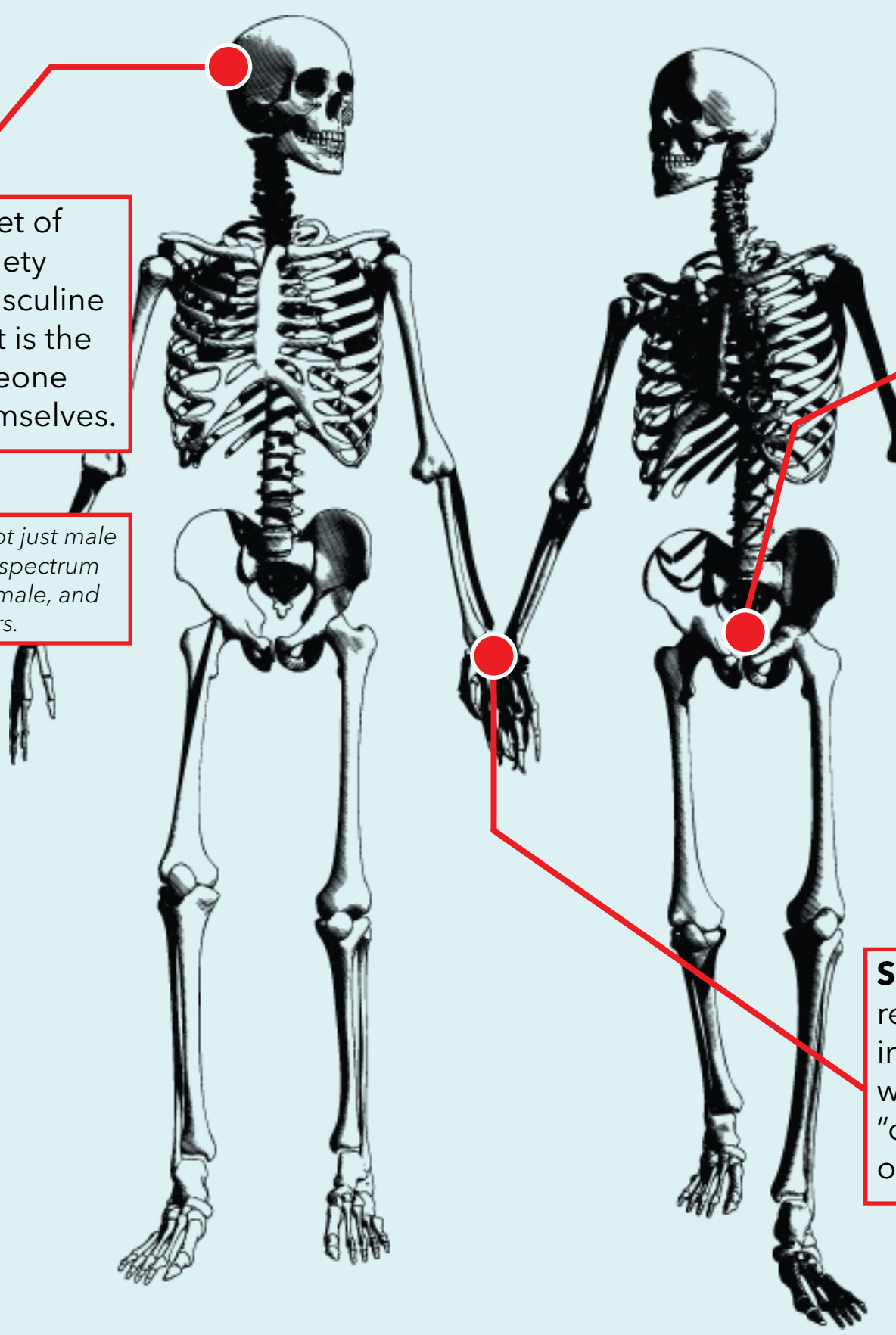


# WHAT'S THE DIFFERENCE

BETWEEN SEX, GENDER, AND SEXUAL ORIENTATION



**Gender** is a set of traits that society defines as masculine or feminine—it is the way that someone identifies themselves.

*Note: Gender is not just male or female, but is a spectrum including male, female, and non-binary genders.*

**Sex** refers to our physical “packaging” it is determined by our combination of X and Y chromosomes, our hormones, and our internal and external sex organs.

*Note: XX (female) and XY (male) don't tell the whole story—there are other possible variations.*

**Sexual Orientation** refers to the deep, internal sense of who we are attracted or “oriented” to in terms of our sexual attractions.

## Want to learn more?



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