



# Selin Philip

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## My background

PhD (Counselor Education & Supervision)

Licensed Professional Counselor (Michigan)

Assistant Professor of Counseling (Colorado Christian University)

## Areas of research/expertise

Mental Health

- ✓ Issues in Multicultural Counseling
- ✓ Disaster Trauma and Mental health
- ✓ Substance Use Issues
- ✓ Spirituality & Mental health

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**Creating a Culture of Better Mental/Behavioral Health among the American Indians in the Keweenaw**

- **Mental/Behavioral Health in the Keweenaw**
  - The socio-economic, health, and legal disparities among American Indians
- **Importance of Evidence-based Treatment Interventions**
  - Qualitative & quantitative analyses
  - Control group downstate
  - Results so far
- **Recommendations and Modifications**
- **Building Bridges and Trust**