

EDUCATION

Michigan Technological University
BS Psychology
Minor: Spanish
GPA: 3.85 (Departmental GPA: 4.0)

Houghton, MI
Expected May 2016

HONORS and AWARDS

Michigan Technological University

- Dean's List
- National Excellence Scholarship
- Athletic Grant-Volleyball

Houghton, MI
Fall 2012 - Present
Fall 2012 - Present
Fall 2012 - Present

RESEARCH EXPERIENCE

Michigan Technological University Research Assistant
Advisor: Dr. Edward Cokely
Decision Science and Decision Engineering (DeSciDE) Lab

May – Aug 2015

Title of Research: Nutrition Label Comprehension

Objective: To assess consumer ability to correctly interpret nutritional value labels

- Completed IRB training and certification
- Proofread, administered, and evaluated pilot survey asking participants to perform mathematical calculations based on information provided on food labels

Title of Research: Diet Program Selection

Objective: To determine effectiveness and difficulty actors people assess when selecting a diet program

- Proofread pilot survey to assess factors influential in selecting type of diet program
- Participated in training course for EndNote Program
- Searched, read, and cited academic journal articles related to decision making in diet program selection to determine future directions for research

ATHLETIC INVOLVEMENT

Michigan Technological University Varsity Volleyball

- Involved in practices, matches, travel, film sessions, and team building activities for minimum of 20 hours per week
 - Developed strong work ethic and time management skills
 - Demonstrated effort, positivity, and composure to lead by example
 - Developed strong and effective team work skills
 - Developed sense of selflessness by putting team goals ahead of personal goals
 - Improved ability to self-evaluate by reflecting after games and practices
 - Learned to respect individuality in a team setting by interacting with diverse group of athletes
 - Learned to evaluate failures so as to improve future likelihood for success
 - Learned to expose vulnerabilities so as to confront and improve weaknesses

Michigan Tech Youth Volleyball Training Camps (Ages 7-16)

Coach/Teacher

Summers 2013 - 2014

- Employed variety of teaching strategies to explain to explain technical concepts
- Used constructive criticism and positive feedback to improve skills of players
- Used enthusiasm to encourage focused participation and to create positive atmosphere

WORK HISTORY

Save Our Youth Mentoring

Denver, CO

Summer Academy Intern

May - July 2014

- Worked with at-risk youth in summer education program
 - Used scaffolding techniques, kinesthetic activities, and direct instruction to improve students' skills in math and literacy
 - Used interactive activities and led large group discussions to build social skills and emotional coping techniques
 - Developed strong sense of empathy through one-on-one interactions with students
 - Enhanced team work skills by collaborating with fellow interns to solve academic and classroom management problems

Save Our Youth Mentoring

Denver, CO

Administrative Intern

July - Aug 2013

- Assisted office employees with various workplace duties.
 - Demonstrated initiative by volunteering for more work
 - Used punctuality and courtesy to demonstrate respect for coworkers and administrators
 - Developed communication skills effective for large group settings through oral presentations
 - Learned efficiency by working on numerous and diverse projects at one time

DLC Landscape

Denver, CO

Office Assistant

Summers 2011 - 2013

- Created customer invoices and recorded company purchases
 - Ensured correct recording of information
 - Developed organizational skills by managing multiple types of work at one time
 - Developed problem solving skills by applying learned strategies to new situations
 - Learned professional communication skills through interactions with customers and administrators