Minor in Coaching Fundamentals

Required Courses (13 credits)

- EH 3010 Sports Psychology (3)
- EH 3020 Foundations of Coaching (3)
- EH 3030 Methods of Coaching (2)
- EH 3050 Intro to Athletic Training (3)
- EH 4100 Coaching Practicum (2) *

*Student will assist with a sport activity of their choice for 40-60 hours. Subject to approval of the endorsement advisor, they will assist a head coach at MTU, at a school, or other team situation.

Elective Courses – Administrative Class (choose one of the following):

- EH 3070 Sports Administration (2)
- EH 3080 Facilities and Events Management (2)
- EH 4620 Legal Issues/Sport Fitness Management (2)

Elective Courses – Area of Interest (choose minimum 3 credits):

- PE 1580 Water Safety Skills (1) and EH 2580 Water Safety Instructor (1)
- EH 2050 Sports and Fitness Leadership (2)
- EH 2100 Principles of Sports Officiating (2)
- EH 3820 Personal Training (2)
- EH 4510 Strength & Conditioning (3)
- EH 4711 Sports Medicine & Ethics (3)

Courses listed in this minor have the following prerequisites (shown in parenthesis).
EH2050 (EH1500); EH3010 (PSY2000); EH3820 (BL2010 and BL2011); EH4100 (EH3010 and EH3020)