**Medication Management Frequently Asked Questions**

**How do I get an appointment with the nurse practitioner?**
To get an appointment with the nurse practitioner a counselor from the Center must refer you.

**Will the nurse practitioner know what I'm working on in counseling? Will my counselor know what I have discussed with the nurse practitioner?**
Yes. Your counselor works together with the nurse practitioner to monitor the progress and concerns of each student.

**Is there any cost to meet with the nurse practitioner?**
No. If you are currently enrolled, you can meet with the nurse practitioner for free. However, if you are prescribed a medication, it is your responsibility to cover that cost.

**Will my parents find out?**
All consultations with the nurse practitioner are confidential. The nurse practitioner will not release any information without your written consent. However, if you are prescribed a medication that requires your insurance to be billed, your parents may find out that way. If this is a concern, please address it with the nurse practitioner during your meeting.

**Will I be able to get a prescription for ADHD or ADD through the nurse practitioner?**
No. The nurse practitioner is unable to prescribe stimulant medication. Your counselor will be able to refer you to a physician if you have a diagnosis of ADHD or to a psychologist for testing.

**Can I see the nurse practitioner if I am seeing a counselor in the community or through TELUS Health?**
No. Students must be referred to the nurse practitioner by an on-campus counselor. If a student is receiving counseling outside of the Center, we refer them to a community health provider for medication needs.