

## Mental Health Resources

# Center for Student Mental Health & Well-being

Call: 906-487-2538

**Email:** counseling@mtu.edu **Location:** Administration Building,

3rd Floor

#### **TELUS Health**

Call: 877-376-7896

Chat: TELUS Health Student

Support App

## Copper Shores Community Support & Outreach

**Call:** 906-482-4357 or toll free: 800-

562-7622

**Text:** 906-356-3337 **Chat:** dialhelp.org

### National Suicide Prevention Lifeline

Call: 988

Chat: 988lifeline.org

## Crisis Text Line

Text **"HOME"** to 741741

## Michigan Warmline (Peer support)

**Call:** 1-888-733-7753 (Available everyday from 10 a.m.-2 a.m.)

### The Trevor Project

Call: 1-866-488-7386

Text "START" to 678-678

Chat: thetrevorproject.org



## **Emergency**

In the event of a medical or life threatening emergency dial 911 immediately.

### Hospitals

U.P. Health System-Portage Emergency Department Address: 500 Campus Drive,

Hancock, MI 49930 Phone: 906-483-1000

Aspirus Keweenaw Hospital Emergency Department

**Address:** 205 Osceola Street, Laurium, MI 49913

Phone: 906-337-6500

#### **Law Enforcement**

**Public Safety and Police Services** 

Call: 906-487-2216

Address: 206 McInnes Drive,

Houghton, MI 49931

**Houghton City Police** 

Call: 906-482-2121

Address: 616 Shelden Ave, Unit 101,

Houghton, MI 49931

Hancock City Police

Call: 906-482-3102 **Address:** 399 Quincy St, Hancock,

MI 49930