#### The University Senate of Michigan Technological University

### Proposal 77-21

### (Voting Units: Academic)

# A PROPOSAL TO ESTABLISH A CONCENTRATION IN CLINICAL/COUNSELING PSYCHOLOGY within the degree **BACHELOR OF SCIENCE IN PSYCHOLOGY** (Department of Cognitive and Learning Sciences)

**1) Date:** March 8, 2021

# **2)** Contact:

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## 3) Interdisciplinary Program Approval – Not Applicable

## **4)** General Description and Program Characteristics

- a) The Department of Cognitive and Learning Sciences at Michigan Technological University proposes Clinical/Counseling Psychology as a new concentration of the BS in Psychology degree program. The concentration is one of three that are being introduced to enhance the quality of the program and in response to a program review conducted by faculty. The goal is to provide tailorable but constrained coursework foci for students. The changes leverage existing faculty and resources in Psychology to create a contemporary and robust program of study that will provide Psychology majors with a competitive edge when entering the professional work environment or in preparation for advanced studies at the graduate level.
- *b)* This is one of three proposed concentrations being introduced in separate proposals. The concentrations add to coursework options for students *and do not replace the existing Bachelor in Science in Psychology program.*
- c) Coursework in the Clinical/Counseling Psychology concentration focuses on theories that inform how people function both personally and in their relationships at all ages; the emotional, social, work, school, and physical health concerns people may have at different stages in their lives; and the assessment and treatment of mental, emotional, and behavioral disorders. Students gain in-depth knowledge of normal developments, psychological disorders, psychological theories, and treatment techniques. The learning outcomes associated with the concentrations are <u>defined by the American Psychological Association for undergraduate programs in Psychology</u>

# **5)** Title of Program

Bachelor of Science in Psychology with a Concentration in Clinical/Counseling Psychology

# 6) Rationale

The program in Psychology at Michigan Technological University was first introduced as a minor in 2000. The BS degree in Psychology followed, with approval in 2004. The program offers a great deal of flexibility, both in terms of coursework and career options. The Department seeks to serve undergraduates with a diverse set of goals by providing concentrations that give students an additional identity within psychology if they choose.

Current priorities have focused on recruiting strategies for Psychology majors, increasing program visibility through targeted advertising and recruitment of students, and reviewing course offerings for alignment with guidelines of the American Psychological Association, as well as trends in students' professional interests. Creating concentrations will enhance the department's ability to meet these priorities. Some students seek to prepare themselves for graduate or professional school, others plan to apply for jobs in industry, and yet others see coursework in Psychology as interesting and valuable intellectually, but do not base their future vocational plans upon it. The Department seeks to more clearly articulate the available options by formally defining concentrations as an additional option to the current course of study. In choosing a concentration, students take a required set of core courses, leading to a more focused study of a subarea of Psychology that includes advanced coursework in the specialized area of interest.

# 7) Related Programs

The creation of the areas of concentrations in Psychology has been informed by two main sources: (1) definitions of specializations outlined by the American Psychological Association; and (2) Psychology programs from a range of universities including Northern Michigan University, Harvard University, University of Colorado, Boulder, University of Michigan, and the University of Virginia.

# 8) Student Enrollment

As of Spring 2021, there were 52 majors enrolled in Psychology (+12 from Fall 2020), and 54 Minors (+4 from Fall 2020). Table 1 indicates the enrollments in Psychology courses for the period Fall 2015 through Fall 2020.

	F15	S16	F16	S17	F17	S18	F18	S19	F19	S20	F20
Student count	400	447	433	558	362	502	438	458	374	440	370
Course count	9	11	10	13	8	11	10	11	11	11	10

Table 1: Enrollment trends (All courses) Fall 2015 - Fall 2020

The department has introduced enhanced strategies for student recruitment with positive results. As of 01/25/2021 there were 183 applications, and 143 admits (+83% over 2020).

Eight faculty (6 full-time T/TT faculty, 1 split appointment T/TT faculty, 1 lecturer) currently support a psychology major (N= 52), a psychology minor (N= 54), graduate programs in Applied Cognitive Science and Human Factors (N=26), and courses on the general education

list. The proposed concentration does not require the introduction of new courses or faculty lines.

# 9) Curriculum Design

Table 2 indicates the current requirements for the Bachelor of Science degree in Psychology. The concentration in Clinical/Counseling Psychology will comprise 18 credits of Psychology electives drawn from the 21 Psychology electives in the current program.

Major Requi	rements (68 credits)	Credits		
1.	Required Psychology Courses	29		
2.	Psychology Electives	21		
3.	Computing Requirement	3		
4.	STEM Requirement	15		
Free Elective	es (30 credits)**			
General Edu	cation Requirement (24 credits)			
1.	Core	12		
2.	HASS	12		
Tota		122		

Table 2: Requirements for the	e Bachelor of Science in Psychology
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\*\*The number of free electives will be reduced to 28 via the binder process.

# Concentration Courses in Clinical/Counseling Psychology (Minimum =18 credits selected as indicated in tables 3 and 4)

Table 3: Maximum of 6 credits at 2000-level				
PSY 2200 Behavior Modification	3 credits			
PSY 2400 Health Psychology	3 credits			
PSY 2600 Death & Dying	3 credits			
PSY 2080 Special Topics in Psychology	3 credits with dept approval			
PSY 2900 Intro to Restorative Practices	3 credits			

Table 4: Minimum of 12 credits at 3000 level and above			
PSY 3010 Theories of Personality	3 credits		
PSY 3040 History/Systems of Psychology	3 credits		
PSY 3100 Applied Counseling Techniques	3 credits		
PSY 3340 Psychology of Race	3 credits		
PSY 4080 Topics in Psychology	3 credits with dept approval		
PSY 4750 Judgment and Decision Making	3 credits		
PSY 4031 Psychology of Trauma	3 credits		
PSY 4400 Tests & Measurements	3 credits		

# **10)** New Course Descriptions

None

# 11) Schedule

Students will be able to schedule coursework to complete the degree program in a 4-year course of study. The proposed schedule is indicated in the Appendix.

## **12)** Library/Other Resources

No additional library resources required.

# **13)** Needed Equipment

No additional equipment is required to implement this concentration.

## **14)** Program Costs

No additional costs are involved in implementing this concentration.

## **15)** Accreditation Requirements

The curriculum changes align with the American Psychological Association goals for the undergraduate degree in Psychology.

# **16)** Planned Implementation

Fall, 2021

# **Appendix: Bachelor of Science in Psychology**

The suggested plan with concentrations will be available to students entering in the Academic Year 2021-2022.

Fall Year 1		Spring Year 1	
PSY2000 Introduction to Psychology	3	PSY2800 Critical Thinking	3
PSY 2501 Intro to the Psychology Major	1	PSY 2300 Developmental Psycholo	
UN 1015 Composition	3	UN1025 Global Issues	gy 3 3 3
BL 2010/2011 - Anat/Phys	4	HASS Humanities & Fine Arts	3
MA 1030 and MA 1031 or MA 1032 or higher		Free Elective (variable credit)	
Total	15-17	Total	variable
Fall Year 2		Spring Year 2	
PSY 3030 Abnormal Psychology	3	PSY 2720 Statistics	4
PSY Concentration Course	3	PSY 3720 Social Psychology	3
Gen Ed Core Critical & Creative Thinking	3	<b>PSY Concentration Course</b>	3
HASS Communication/Composition	3	Computing Elective	3
Free Elective	3	Free Elective (variable credit)	
Total	15	Total	variable
Fall Year 3		Spring Year 3	
PSY 3000 Research Methods and Stats	3	PSY 3001 Research Methods and S	tats 3
PSY 4010 Cognitive Psychology	3	PSY 4500 Senior Seminar	1
<b>PSY Concentration Course</b>	3	PSY 3060 Brain and Behavior	3
Free Elective (variable credit)	3	<b>PSY Concentration Course</b>	3
Gen Ed Core Soc Resp. & Ethical Reasoning	3	HASS Social & Behavioral Science	s 3
Total variab	Ja	Free Elective (variable credit)	
Total variab	ne	Total	variable
Fall Year 4		Spring Year 4	
<b>PSY Concentration Course</b>	3	<b>PSY Concentration Course</b>	3
PSY Elective	3*	Free Elective (variable credit)	-
HASS (any)	3	Free Elective (variable credit)	
STEM non-Biological Science	3	Free Elective (variable credit)	
Free Elective (variable credit)		Free Elective (variable credit)	

Total PSY Concentration = 18 credits.

Total free electives = 30 credits as in Table 2, or as amended through binder process.

\*May be taken as variable and/or repeated credit.