

Michigan Technological University Bachelor of Science Degree Audit

Major Program: Exercise Science

Program Code: SESC, Academic Year 2026-27

Minimum credits required for the degree: 120

Biological Sciences: 21 credits

- BL 1400 (3)
- BL 1410 (1)
- BL 2010 (3)
- BL 2011 (1)
- BL 2020 (3)
- BL 2021 (1)
- BL 2940 (3)
- BL 3970 (3)
- KIP 2700 (3)

Chemistry: 10 credits

- CH 1150 (3)
- CH 1151 (1)
- CH 1153 (1)
- CH 1160 (3)
- CH 1161 (1)
- CH 1163 (1)

Exercise Science: 39 credits

- KIP 1000 (1)
- KIP 1500 (3)
- KIP 2000 (3)
- KIP 2100 (3)
- KIP 3000 (3)
- KIP 3100 (3)
- KIP 3150 (3)
- KIP 3210 (3)
- KIP 3215 (1)
- KIP 4000 (3)
- KIP 4100 (3)
- KIP 4110 (1)
- KIP 4120 (3)
- KIP 4300 (3) or KIP 4350 (3)
- KIP 4900 (3)

Math and Physics: 11 credits

- MA 1135 (4)
- MA 3715 (3)
- PH 1110 (3)
- PH 1111 (1)

Additional Graduation Requirements

- Satisfy the 2.0 departmental and cumulative Grade Point Average
- Earn 30 upper-level credits at Michigan Tech
- [Apply for Graduation](#)

Essential Education Requirements

- Students must complete three main components of Essential Education (First-Year Experience, Distribution or Minor Pathway, and Activities for Well-being and Success) with the credit distributions as shown below. A minimum of 37 credits is required to complete these requirements.
- Up to five Essential Education requirements and the Michigan Tech Seminar may be shared (double-counted) with major requirements. Work with your advisor to determine which major requirements may satisfy Essential Education requirements.
- Some courses are on more than one list, but each course can satisfy only one Essential Education requirement.
- Students may choose between an Essential Education minor or the Distribution Pathway. The list of Essential Education minors can be found [here](#).
- Lists of courses for each requirement can be found on the [Essential Education](#) page.

First-Year Experience (16 credits)

- Michigan Tech Seminar (1)
- Math (3)
- Natural and Physical Science (3)
- STEM (3)
- Composition (3)
- Foundations of the Human World (3)

Distribution Pathway (18 credits)

- Communication Intensive (3)
- Intercultural Competency (3)
- Arts and Culture (3)
- STEM (3)
- SHAPE (3)
- Essential Education Experience (3)

Activities for Well-being and Success (3 credits)

Free Electives

- Any coursework is allowable, excluding coursework below the 1000-level.
- The number of free elective credits required is dependent on how many additional credits are required beyond Major requirements and Essential Education requirements to reach the total credits required for the degree as indicated on the audit.