

#### **Essential Education requirements**

- Students must complete three main components of Essential Education (First-Year Experience, Distribution or Minor Pathway, and Activities for Well-being and Success) with the credit distributions as shown below. A minimum of 37 credits is required to complete these requirements.
- Up to five Essential Education requirements and the Michigan Tech Seminar may be shared (double-counted) with major requirements. Work with your advisor to determine which major requirements may satisfy Essential Education requirements.
- Some courses are on more than one list, but each course can satisfy only one Essential Education requirement.
- Students may choose between an Essential Education minor or the Distribution Pathway. The list of Essential Education minors can be found <u>here</u>.
- Lists of courses for each requirement can be found on the **Essential Education** page.

### First-Year Experience (16 credits)

- Michigan Tech Seminar (1)
- Math (3)
- Natural and Physical Science (3)
- STEM (3)
- Composition (3)
- Foundations of the Human World (3)

### **Distribution Pathway (18 credits)**

- Communication Intensive (3)
- Intercultural Competency (3)
- Arts and Culture (3)
- STEM (3)
- SHAPE (3)
- Essential Education Experience (3)

### Activities for Well-being and Success (3 credits)

## Michigan Technological University

#### <u> Math (3)</u>

BUS2100	Business Statistics
BUS2300	Quantitative Problem Solving
BUS3000	Introduction to Business Analytics
EC4100	Mathematical Economics
EC4200	Econometrics
MA1020	Quantitative Literacy
MA1031	College Algebra II with Trigonometry
MA1032	Precalculus
MA1135	Calculus for Life Sciences
MA1160	Calculus with Technology I
MA1161	Calculus Plus with Technology
MA2160	Calculus with Technology II
MA2720	Statistical Methods
MIS4400	Business Intelligence and Analytics
PSY2720	Statistics for the Behavioral Sciences
SS2720	Statistics for Social Sciences
SS4010	Applied Statistics for Social Sciences

#### Natural and Physical Science (3)

#### STEM (6)

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All	Math list courses
All	Natural and Physical Science list courses
ACC2000	Accounting Principles I
ACC2100	Accounting Principles II
ACC3000	Intermediate Accounting I
ACC3500	Managerial Cost Accounting
BL2000	Biology of Movement and Meditation
BL3001	Emergency Medical Technician I
CS1111	Programming in C/C++
CS1121	Introduction to Programming I
CS1122	Introduction to Programming II
CS1131	Accelerated Introduction to Programming
DATA1200	Data Science with Python
	Foundations of Data Science
DATA2201	
EET1121	Circuits I
EET1411	Basic Electronics
ENG1102	Engineering Modeling and Design
FIN4000	Investment Analysis
FIN4200	Derivatives and Financial Engineering
FIN4500	Risk Management
FIN4600	FinTech Foundations
FIN4700	Global Finance
FW3075	Introduction to Biotechnology
GE1200	Intro to Data Sci Earth Resources
GE2010	Intro to GIS
KIP1500	Foundations of Kinesiology
KIP3100	Exercise Assessment and Prescription
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MIS2000	IS/IT Management
MIS2100	Introduction to Business Programming
MIS3100	Business Database Management
MIS3200	Systems Analysis and Design
MIS3500	User-Centered Design
MIS4000	Emerging Technologies
MIS4200	Management of Cyber Security
OSM3000	Operations & Supply Chain Management
OSM3600	Procurement & Supply Management
PSY3060	Brain and Behavior
SAT1610	Computer and OS Architecture
SAT2711	Linux Fundamentals
SND1150	Sound Technology
SND1130 SND4121	
	Transducer Theory Lab
SS2050	Fundamentals of GIS
SS3221	Archaeological Sciences
SS3510	History of American Technology
SS3511	History of Science in America
SS3800	Energy Policy and Technology

# Essential Education 2025-2026



### Foundations of the Human World (3)

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ART1000	Art Appreciation	3
BUS1100	Introduction to Business	ž
EC2001	Principles of Economics	3
		3
FIN2400	Financial Literacy	3
HF2000	Introduction to Engineering Psychology	3 3 3 3 3 3 3 3
HU2130	Introduction to Rhetoric	3
HU2200	Introduction to World Cultures	3
HU2241	Level I-A Less Commonly Taught Languages	var
HU2242	Level I-B Less Commonly Taught Languages	var
HU2271	Level I-A French Language & Culture	3
HU2272	Level I-B French Language & Culture	
HU2273	Transitional Level I French Language & Culture	3
HU2281	Level I-A German Language & Culture	3
		2
HU2282	Level I-B German Language & Culture	3
HU2291	Level I-A Spanish Language & Culture	3
HU2292	Level I-B Spanish Language & Culture	3
HU2293	Transitional Level I Spanish Language & Culture	3
HU2324	Introduction to Film	3
HU2400	Conversations on Culture and Diversity	3
HU2503	Introduction to Literature	3
HU2505	Humanities, Science, and Technology	3
HU2700	Introduction to Philosophy	3
HU2701	Logical and Critical Thinking	3
HU2702	Ethical Theory and Moral Problems	3
HU2820	Communication and Culture	3
HU2825	Technology and Media	3
MUS1000	Music Appreciation	3
MUS1140	Popular Songwriting	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
PSY2000	Introduction to Psychology	3
SAT1700	Cyber Ethics	2
SND1000	Sound in Art and Science	2
		3
SS1500	Introduction to History	3
SS2100	Introduction to Cultural Anthropology	3
SS2200	Introduction to Archaeology	3
SS2210	Community Development and Planning	3
SS2300	Environment and Society	3
SS2400	Introduction to Human Geography	3
SS2450	Introduction to Sustainable Tourism	3
SS2500	United States History to 1877	3
SS2501	US History Since 1877	3
SS2502	European History to 1650	3
SS2503	European History Since 1650	3
SS2504	World History to 1500	3
SS2505	World History Since 1500	3
SS2600	American Government and Politics	3
SS2610	Introduction to Law and Society	3
SS2625	Introduction to American Foreign Policy	3 3
SS2635	Comparative Politics	2
SS2035 SS2700	Introduction to Sociology	2
SS2700 SS2750		3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
	Racial Inequality	ა ა
	Theatre Appreciation	ა ი
THEA1140	Foundations of Entertainment Design	3
THEA1400	Acting I	3
UN 1025	Global Issues	3

#### Composition (3)



### Intercultural Competency (3)

Interoditation		
ART3180	Color and Creativity: Exploring the Power of Color	3
ART3420	World Sculpture Traditions	3
BL3970	Current Health Issues	3
EC3100	International Economics	3
EC4710	Labor/Human Resource Economics	3
FW4111	Indigenous Natural Resources Management	3
HU3135	Power and Bias in Technology Design	3
HU3261	Communicating Across Cultures	3
HU3262	Topics in Francophone Cultures	3
HU3263	Topics in German-Speaking Culture	3
HU3264		2
	Topics in Spanish-Speaking Culture Level III German Literature & Culture	ა ა
HU3284		с С
HU3294	Hispanic Literatures and Culture	ა ი
HU3296	Survey of Hispanic Literatures and Cultures	ა ი
HU3326	Topics in World Cinema	3
HU3400	Topics in Diversity Studies	3
HU3401	Gender and Culture	3
HU3502	Mythology	3
HU3507	Cultural Traditions in Literature	3
HU3508	Literature and the Environment	3
HU3545	Literature across Borders	3
HU3554	Science Fiction	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
HU3710	Engineering Ethics	3
HU3800	Media and Society	3
HU3830	Creativity, Culture, & Change	3
HU3850	Automated Culture: Critical Approaches to Al	3
HU3855	Power, Activism, and Technology	3
HU3860	Cultural Theory and Popular Culture	3
HU3871	Media Theory	3
HU3950	Sound and Culture	3
HU4271	Modern Language Seminar I-French	3
HU4272	Modern Language Seminar II-French	3
HU4281	Modern Language Seminar I-German	3
HU4282	Modern Language Seminar II-German	3
HU4283	Modern Language Seminar III-German	3
HU4291	Modern Language Seminar I-Spanish	3
HU4292	Modern Language Seminar II-Spanish	3
HU4293	Modern Language Seminar III-Spanish	3
HU4725	Existentialism and Phenomenology	3
MGT3000	Organizational Behavior	3
MGT4100	International Management	3
MKT4300	Global Marketing	3
PSY3340	Psychology of Race	3
PSY3720	Social Psychology	3
PSY4340	Culture and Cognition	3
SS3105	Native American and Indigenous Communities	3
SS3110	Food Systems and Sustainability	3
SS3225	Capitalism and the Modern World	3
SS3260	Latin American Cultural History	3
SS3542	History of Detroit	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
SS3612	International Relations	3

#### Intercultural Competency continued

SS3640	Selected Topics in Cyber-Law	3
SS3660	Constitutional Law	3
SS3661	Civil Rights & Civil Liberties	3
SS3665	Crime, Incarceration, and Policy	3
SS3750	Social Inequality	3
SS3805	Environmental Justice	3
SS3811	Energy Security and Justice	3
SS3920	Topics in Anthropology/Archaeology	3
SS3961	Preparing for Cross-Cultural Immersion Experience	s3
SS4211	Ethnographic Methods	3
SS4420	Memory and Heritage	3
SS4450	Sustainable Tourism and Planning	3
SS4710	Geographies of Migrant and National Communities	3
THEA3201	Theatre History	3
THEA3230	Costume History	3
THEA3330	Costume Design	3

### Seminar (1)

BL1580 BL1600 CH1134 CMG1000	First-Year Experience in Biological Sciences First-Year Experience in MLS Professional Development Seminar for Chemists Introduction to Construction Management	1 1 1 2
CS1000	Explorations in Computing	1
DATA1000	Explorations in Data Science	1
ENG1101	Engineering Analysis and Problem Solving	3
FW1050	Natural Resource Professional	2
GE1100	Geo-Orientation	1
HF1999	Introduction to HF Major	1
HU1000	Introduction to Humanities	1
KIP1000	Introduction to Exercise Science	1
MA1910	Exploring Symmetry Groups	3
MA1920	Exploring Knots and Surfaces	3
MA1930	Exploring Number Theory	3
MA1940	Exploring Non-Euclidean Geometry	3
NUR1100	Introduction to Nursing	2
PH1162	Introduction to Physics Seminar	1
PSY1999	Introduction to the Psychology Major	1
SAT1000	Introduction to Applied Computing	1
SS1001	Orientation to the Social Sciences	1
THEA1001	First Year Arts Seminar	1
UN1013	Michigan Tech Seminar	1
UN2013	Michigan Tech Transfer Seminar	1



### Arts and Culture (3)

ART1100	Drowing	2	<u>Arts</u>
ART1100 ART1110	Drawing I Art + Design Studio	3 3	MUS
ART2100	Drawing II	3	MUS
ART2100	Art on Site	3 3	MUS
ART2140	Ceramics I		MUS
ART2145	Beginning Wheel Throwing	3 3	MUS
ART2170	Fiber Arts	3	MUS
ART2195	Art and Flora	3	MUS
ART2350	Scenic Art & Scenic Illustration	3	MUS
ART2950	Creative Campus: Local Arts Immersion	3	MUS
ART3130	Creative Drawing II	3	MUS
ART3140	Creative Ceramics	3	MUS
ART3145	Ceramic Sculpture	3	PSY2
ART3410	Contemporary Sculpture Studio	3	PSY2
ART3850	Special Topics: Art	var	PSY2
ART4410	Advanced Sculpture Studio	3	PSY3
ART4440	Advanced Ceramics	3	SND
ART4450	Advanced Creative Drawing & Painting	3	SND
HU2501	American Experience in Literature	3	SND
HU2538	British Experience in Literature	3	SS25
HU2548	Young Adult Literature	3	SS35
HU2633	Fundamentals of Digital Imaging	3	SS35
HU2645	Graphic and Information Design	3	SS35
HU3241	Level II-A Less Commonly Taught Languages	var	SS35
HU3242	Level II-B Less Commonly Taught Languages	var	SS35
HU3281	Level II-A German Language & Culture	3	SS42
HU3282	Level II-B German Language & Culture	3	SS42 SS45
HU3285	Level III German Film & Media	3	SS45
HU3291	Level II-A Spanish Language & Culture	3	SS46
HU3292	Level II-B Spanish Language & Culture	3	SS40
HU3327	Film Style and Genre	3 3	THE
HU3503	Special Topics in Literature and Culture	3 3	THE
HU3504 HU3505	Studies in the Novel	3	THE
HU3506	Special Topics Literary Forms Major Authors	3	THE/
HU3509	Studies in Drama	3	
HU3513	Shakespeare	3	
HU3557	Literature and Science	3	
HU3630	Publication and Information Management	3	
HU3700	Philosophy of Science	3	
HU3701	Philosophy of Technology	3	
HU3702	Philosophy of Religion	3	
HU3704	Ethics of Artificial Intelligence	3 3 3	
HU3705	Media and Communication Ethics	3	
HU3711	Biomedical Ethics	3	
HU3802	Media and Globalization	3	
HU3852	See and Be Seen: Data, Surveillance & Society	3	
HU3872	Machines in the Mist: Visuality and Culture	3	
HU3882	Media Industries	3	
HU4327	Multimedia Storytelling	3	
HU4370	Documentary Workshop	3	
HU4642	Advanced Topics in Media	3	
HU4701	Political Philosophy	3	
MUS1100	Western Music Fundamentals	3	
MUS1580	Group Voice	3	

### Arts and Culture continued

MUS2000	History of Classical Music	3
MUS2001	Film Music	3 3 3 3 3 3 3 3 3 3 3 3
MUS2020	History of Rock	3
MUS2030	History of Jazz	3
MUS2040	Music and Tradition	3
MUS2103	Jazz Theory and Aural Skills	3
MUS3020	Beatles and Beach Boys	3
MUS3130	Jazz Improvisation	3
MUS3210	Electronic Music: History and Practice	3
MUS3850	Special Topics: Music	var
MUS4130	Jazz Arranging	3 3 3 3 3 3 3
PSY2082	Psychology of Friendship	3
PSY2083	Psychology of Happiness	3
PSY2600	Death and Dying	3
PSY3880	Psychology of Social Media	3
SND1101	Introduction to Music Mixing	3
SND1102	Intro to Audio Production	3
SND3850	Special Topics: Sound	var
SS2510	Gender and the Past	3
SS3513	History of Making Things: Craft and Industry in America	3
SS3530	The Automobile in America	3
SS3540	History of Michigan	3
SS3580	Technology and Society in History	3
SS3581	History of Science	3
SS4200	Environmental Anthropology	3
SS4220	Archaeological Thought in Society	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
SS4552	Historical Archaeology	3
SS4553	Material Culture Studies	3
SS4600	Indus & Historical Archaeology	-
SS4990	Directed Study in Anthropology	var
THEA3400	Acting II	3
THEA3850	Special Topics: Theatre	var
THEA4400	Acting: Shakespeare	3
THEA4402	Musical Theatre Performance	3



#### SHAPE Elective (3)

All	Foundations Courses list courses	
All	Arts and Culture Courses list courses	
All	Communication Intensive Courses list courses	
All	Intercultural Competency Courses list courses	
AF1340	Field Training	1
AF2001	Team and Leadership Fundamentals I	1
AF2002	Team and Leadership Fundamentals II	1
AF3001	Leading People and Effective Communication I	3
AF3002	Leading People and Effective Communication II	3
AF4001	Nat'l Security/Leadership Resp/Commissioning Prep I	3
AF4002	Nat'l Security/Leadership Resp/Commissioning Prep II	3
AR2001	Leadership and Ethics w/Lab	2
AR2002	Army Doctrine and Decision Making w/Lab	2
BL2001	Valuing the Great Lakes	3
BL3090	Spirituality in Healthcare	3
BUS2200	Business Law	3
CS3000	Ethical and Social Aspects of Computing	3
EC3002	Microeconomic Theory	3
EC3003	Macroeconomic Theory	3
EC3300	Industrial Organization	3
EC3400	Economic Decision Analysis	3
EC4050	Game Theory/Strategic Behavior	2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
EC4400	Banking and Financial Institutions	3
EC4500	Public Sector Economics	3
EC4620	Energy Economics	3
EC4630	Mineral Industry Economics	3
EC4640	Natural Resource Economics	3
EC4650	Environmental Economics	3
ENG2060	Facilitating Group Learning	1
ENG3060	Developing Mentoring Skills	1
ENG4060	Leadership in Group Environments	1
ENT2961	Teaming in the Enterprise	2 1
ENT2962 ENT3958	Communication Contexts	1
FIN4300	Ethics in Engineering	
FW3313	Personal Financial Planning Sustainable Science	3
GE2100		3 3 3
HF3850	Environmental Geology Human Factors	2
HF4015	Cognitive Task Analysis	3
HON2150	Know Yourself	1
HON3150	Pavlis Seminar II	1
HON3350	Navigate Your World	3
HON4150	Pavlis Seminar III	1
HON4350	Tell Your Story	3
HU2600	Introduction to Writing in Science & Technology	3
HU2646	Writing with Web Technologies	3
HU3121	Advanced Technical Writing	3
HU3295	Level III Advanced Spanish for Literacies	3
HU4628	Usability Evaluation and Testing	3
HU4635	Principles of User Experience Design	3 3 3 3 3 3 3
HU4890	Topics in Communication	3
IS2002	International Studies in situ - Social & Behavioral Science	var
KIP2600	Introduction to Public Health	3
KIP3700	Lifetime Fitness	3
MGT2000	Team Dynamics	3

#### **SHAPE Elective continued**

MCT2100	Landership Davelenment	2
MGT3100 MGT3650	Leadership Development	3
	Intellectual Property Management	ა ე
MGT3800	Entrepreneurship	3
MGT4300	Developing Entrepreneurial Ventures	3
MGT4600	Management of Technology and Innovation	3
MGT4650	Commercialization of Advanced Technologies	3
MKT3000	Principles of Marketing	3
MKT3200	Consumer Behavior and Culture	3 3 3 3 3 3 3 3 3 3
MKT4100	Sales and Sales Management	3
PSY2010	Wellness and Resilience for College and Beyond	3
PSY2080	Special Topics in Psychology	var
PSY2081	Psychology of Video Games	3
PSY2110	Educational Psychology	3 3
PSY2400	Health Psychology	
PSY2800	Critical Thinking for Social and Behavioral Science	es 3
PSY2900	An Introduction to Restorative Practices	3
PSY3010	Theories of Personality	3
PSY3030	Abnormal Psychology	3 3 3 3 3 3 3 3 3 3
PSY3200	Motivation and Emotion	3
PSY3400	Developmental Psychology	3
PSY3600	Cognitive Psychology	3
PSY3700	Industrial/Organizational Psychology	3
PSY3800	Environmental Psychology	3
PSY4080	Topics in Psychology	var
PSY4750	Judgment and Decision Making	3
SS2001	Intro to Social Science Research	3
SS2620	Introduction to Public Policy	3
SS3200	Archaeology of the Modern World	3
SS3230	Archaeology of Industry	3
SS3280	Anthropology of Energy	3
SS3315	Population and Environment	3
SS3505	Military History of the U.S.	3
SS3515		3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
SS3621	History of American Architecture	ა ა
	Non-Profit Management	ა ა
SS3625	Policy Analysis	ა ი
SS3630	Environmental Policy & Politics	ა ი
SS3650	Intellectual Property Management	3
SS3755	Sustainability and the Private Sector	
SS3801	Science, Technology, & Society	3
SS3815	Energy and Society	3
SS3990	Topics in the Social Sciences	var
SS4009	Survey Methods	3
SS4120	Sustainable Development	3 3 3 3 3
SS4230	Archaeological Analysis and Interpretation	3
SS4313	Sustainability Science	3
SS4390	Seminar in Sustainability	3
SS4400	Environmental Sociology	3
SS4554	Global Industrial History	3
SS4995	Topics in the Social Sciences	var
THEA1110	Entertainment Technology I	3
THEA1120	Lighting Technology I	3
THEA1130	Costume Technology I	3 3 3
THEA3340	Scenic Design	3



### **Essential Education Experience (3)**

ART3190	Art, Nature, and Contemplative Photography	3
ART3900	Study Away: Regional Arts Immersion	var
ART3950	International Arts Immersion	var
ENG4070	Peer Mentoring Practicum	3
FW3114	Reading the Forest	3
FW3760	Human Dimensions in Natural Resources Stewardship	3
HON4070	Leadership Practicum	var
HU3000	Humanities Experience: Community-engaged learning	3
HU3289	HU Experience: German Abroad	3 I 3
HU3298	Experience Spanish Language & Culture thru Teaching	
HU3299 HU3370	Exploring a Hispanic City by Analyzing its Film Product	on 3 3
HU3621	The Documentary Experience HU Experience in Journalism	ວ ວ
HU3703	HU Experience in Environmental Philosophy	3
HU3810	HU Experience in Technology & Critical Making	3 3 3
HU4041	HU Experience in Communication for Sustainabili	
IS3002	International Studies in situ - Social & Behavioral Science	var
MUS3700	Visual and Performing Arts Tour	var
SS3090	UPERSS	var
SS3210	Field Archaeology	var
SS3541	The Copper Country	3
SS3626	STEM Policy Lab at MTU	3
SS3760	Human Dimensions in Natural Resources Stewardship	3
SS3913	Sustainable Living Practicum	var
SS3915	Experiencing Museums	3
SS3960	Cultural Immersion	var
SS4050	Advanced GIS Methods	3
SS4530	Deindustrialization and the Urban Environment	3
SS4551	Industrial Communities	3 3 3
SS4700	Communities and Research	3
SS4915	Effective Social Action	3
SS4920	Internship Experience	var
SS4921	Washington Experience Seminar	var
SS4922	Washington Experience Topics	var
THEA4190	Directing for Theatre	3
UN3013	Interdisciplinary Experience	var



## Activities for Well-Being and Success (3)

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AF1120	Physical Conditioning	1
AR1001	Introduction to the Army w/Lab	1
AR1003	Foundations of Leadership w/Lab	1
AR2068	Fall Military Physical Conditioning	1
AR2069	Spring Military Physical Conditioning	1
AR3068	Physical Training Leadership I	1
AR3069	Physical Training Leadership II	1
ART1850	Special Arts Activities for Wellness + Success	1
ART1855	Special Arts Workshop for Wellness + Success	.5
ENT3953	Ignite: Ideate, Innovate, Create!	1
ENT3959	Fundamentals of Six Sigma	1
ENT3961	Building and Leading Teams	1
ENT3963	Deliver: Explore, Develop, Execute!	1
ENT3964	Project Management	1
ENT3971	7 Habits of Highly Effective People	1
ENT3982	Continuous Improvement Using Lean Principles	1
ENT3983	The Culture of Continuous Improvement	1
FW3620	Field Ornithology	1
HON1150	Launch Your Journey	1
MUS1510	Huskies Pep Band	1 1
MUS1511 MUS1530	Campus Concert Band Workshop Brass Band	1
MUS1530 MUS1570	Private Music Instruction	1
MUS2530	R & D Jazz Band	1
MUS2580	Concert Choir	1
MUS3500	Keweenaw Symphony Orchestra	1
MUS3510	Superior Wind Symphony	1
MUS3530	Jazz Lab Band	1
MUS3580	Chamber Choir	1
MUS4510	Chamber Music Ensemble	1
MUS4530	Jazz Combo	var
PE1000	Fitness Foundations	1
PE1010	Active Michigan Tech	1
PE1028	Ski Patrol (Hill)	1
PE1101	Team Sports	1
PE1102	Hockey	1
PE1103	Bait and Fly Casting	1
PE1105	Bowling	1
PE1106	Golf	1
PE1108	Broomball	1
PE1109	Aikido	1
PE1113	Disc Sports	1
PE1115	Beginning Swimming Intermediate Swimming	1 1
PE1116 PE1117	Fitness Swimming	1
PE1118	Weight/Fitness Training	1
PE1119	Conditioning	1
PE1120	Beginning Alpine Skiing (Downhill)	1
PE1120	Beginning Snowboarding	1
PE1123	Telemark Skiing	1
PE1124	Intermediate Alpine Skiing (Downhill)	1
PE1125	Intermediate Snowboarding	1
PE1126	Advanced Skiing	1
	Advanced Chaubaarding	4

PE1127

Advanced Snowboarding

1

## Essential Education 2025-2026

## Activities for Well-Being and Success continued

Activities	or wen-being and buccess continued	
PE1128	Alpine Skiing Fusion	1
PE1129	Snowboard Fusion	1
PE1135		1
	Cross Country Skiing	1
PE1138	Racquet Sports	
PE1140	Tennis	1
PE1142	Introduction to Brazilian Jiu Jitsu	1
PE1145	Rifle Marksmanship	1
PE1146	Billiards	1
PE1148	Skating	1
PE1150	Lifetime Activities	1
PE1150	Social Dance	1
PE1153	Zumba	1
PE1154	Aerobics	1
PE1155	Road Biking	1
PE1156	Mountain Biking	1
PE1165	Rowing	1
PE1167	Beginning Yoga	1
PE1169	Indoor Cycling	1
PE1170	TaeKwonDo	1
PE1175	Hiking	1
PE1177	Fundamentals of Laser Tag	1
PE1205	Special Topics	.5
PE1209	Intermediate Aikido	1
PE1210	Special Topics	1
PE1220	Introduction to Canoeing	1
PE1225	Indoor Rock Climbing	1
PE1230	Introduction to Kayaking	1
PE1235	Introduction to Log Rolling	1
		1
PE1240	Snowshoeing	
PE1242	Brazilian Jiu Jitsu II	1
PE1245	Wilderness First Responder	1
PE1250	Paintball	1
PE1267	Intermediate Yoga	1
PE1270	Cardio TaeKwonDo	1
PE1277	Strategies of Laser Tag	1
PE1330	Club Sports	1
PE1342	Intro to Kickboxing	1
PE1367	Mindful Yoga	1
PE1425	Intramurals	1
PE1430	Club Sports Leadership	1
PE1435	Self-Defense for Women	1
PE1436	Self-Defense for Men	1
PE1442	Kickboxing II	1
PE1450	Physical Education Fusion – Full	1
PE1451	Mountain/Road Bike Fusion	1
PE1470	Lifeguard Swimming	1
PE1480	Water Safety Instructor	1
PE2010	Varsity Football	1
PE2020	Varsity Basketball	1
PE2030	Varsity Hockey	1
PE2040	Varsity Nordic Skiing	1
PE2050	Varsity Soccer	1
PE2080	Varsity Track	1
PE2000 PE2090	Varsity Tennis	1
1 2030	valory 1011110	I



## Activities for Well-Being and Success continued

PE2130	Varsity Volleyball	1
PE2140	Varsity Cross Country	1
PE2150	Cross Training	1
PE2160	Varsity Esports	1
PE2210	Special Topics in Physical Education	1
PSY1100	Building Emotional Resilience	1
PSY1101	Enhanced Performance through Biofeedback/MSPE	1
PSY1102	Practical Approaches for Emotional Regulation	1
PSY1103	Mindfulness Based Stress Reduction (MBSR)	1
PSY1104	Motivation through Self-Compassion	1
PSY1105	Foundations of Well-being	1
SA1000	Exploring Majors	1
SND1570	Private Mixing Lessons	.5
SND2663	Career Development	1
SND2664	Career Development: AES National	1
SND2665	Career Development: AES Student Summit	1
THEA2600	Acting Practicum	1
THEA2610	Entertainment Tech Practicum	var
THEA2663	Career Development	1
THEA3650	Portfolio Development	1
UN1000	Frameworks for Success for ExSEL	1
UN1010	Creating Your Success for Themed Communities	1
UN1011	Strategies for Success	1
UN1020	Husky Connect Success	1
UN3023	Advanced Portfolio for Essential Ed	1



## APPROVED TRANSFER COURSES

The following courses are available ONLY by transfer.

<u>Math</u>

MA1XXX Approved Transfer Math

#### Natural and Physical Science

BL1XXX Approved Natural & Physical Science BL2XXX Approved Natural & Physical Science BLL1XXX Approved Natural & Physical Science Approved Natural & Physical Science BLL2XXX Approved Natural & Physical Science BL1XXX BL2XXX Approved Natural & Physical Science BLL1XXX Approved Natural & Physical Science BLL2XXX Approved Natural & Physical Science CH1XXX Approved Natural & Physical Science Approved Natural & Physical Science CH2XXX CHL1XXX Approved Natural & Physical Science CHL2XXX Approved Natural & Physical Science FW1XXX Approved Natural & Physical Science Approved Natural & Physical Science FW2XXX FWL1XXX Approved Natural & Physical Science Approved Natural & Physical Science FWL2XXX Approved Natural & Physical Science GE1XXX GE2XXX Approved Natural & Physical Science GEL1XXX Approved Natural & Physical Science Approved Natural & Physical Science GEL2XXX Approved Natural & Physical Science KIP1XXX KIP2XXX Approved Natural & Physical Science KIPL1XXX Approved Natural & Physical Science Approved Natural & Physical Science KIPL2XXX Approved Natural & Physical Science PH1XXX Approved Natural & Physical Science PH2XXX Approved Natural & Physical Science PHL1XXX PHL2XXX Approved Natural & Physical Science SCI1XXX Approved Natural & Physical Science SCI2XXX Approved Natural & Physical Science Approved Natural & Physical Science SCIL1XXX SCIL2XXX Approved Natural & Physical Science

#### <u>STEM</u>

All Math and Natural and Physical Science approved transfer courses listed previously

#### Communication Intensive

HU1XX5	Approved Transfer Communication Intensive
HU2XX5	Approved Transfer Communication Intensive
HU3XX5	Approved Transfer Communication Intensive
HU4XX5	Approved Transfer Communication Intensive
CMIN1XXX	Approved Transfer Communication Intensive
CMIN2XXX	Approved Transfer Communication Intensive
CMIN3XXX	Approved Transfer Communication Intensive
CMIN4XXX	Approved Transfer Communication Intensive

#### Intercultural Competency

INCU3XXX Approved Transfer Intercultural Competency INCU4XXX Approved Transfer Intercultural Competency

#### Arts and Culture

ARCU1XXX Approved Transfer Arts and Culture ARCU2XXX Approved Transfer Arts and Culture ARCU3XXX Approved Transfer Arts and Culture ARCU4XXX Approved Transfer Arts and Culture

#### <u>SHAPE</u>

	Annual OLADE alsofters
ART1XXX	Approved SHAPE elective
ART2XXX	Approved SHAPE elective
ART3XXX	Approved SHAPE elective
ART4XXX	Approved SHAPE elective
EC1XXX	Approved SHAPE elective
EC2XXX	Approved SHAPE elective
EC3XXX	Approved SHAPE elective
EC4XXX	Approved SHAPE elective
HF1XXX	Approved SHAPE elective
HF2XXX	Approved SHAPE elective
HF3XXX	Approved SHAPE elective
HF4XXX	Approved SHAPE elective
HU1XXX	Approved SHAPE elective
HU2XXX	Approved SHAPE elective
HU3XXX	Approved SHAPE elective
HU4XXX	Approved SHAPE elective
MUS1XXX	Approved SHAPE elective
MUS2XXX	Approved SHAPE elective
MUS3XXX	Approved SHAPE elective
MUS4XXX	Approved SHAPE elective
PSY1XXX	Approved SHAPE elective
PSY2XXX	Approved SHAPE elective
PSY3XXX	Approved SHAPE elective
PSY4XXX	Approved SHAPE elective
SND1XXX	Approved SHAPE elective
SND2XXX	Approved SHAPE elective
SND3XXX	Approved SHAPE elective
SND4XXX	Approved SHAPE elective
SS1XXX	Approved SHAPE elective
SS2XXX	Approved SHAPE elective
SS3XXX	Approved SHAPE elective
SS4XXX	Approved SHAPE elective
THEA1XXX	Approved SHAPE elective
THEA2XXX	Approved SHAPE elective
THEA3XXX	Approved SHAPE elective
THEA4XXX	Approved SHAPE elective
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#### Activities for Well-Being and Success

PE1XXXApproved Activities electivePE2XXXApproved Activities electiveACTV1XXXApproved Activities electiveACTV2XXXApproved Activities elective