

Co-curricular Courses 2019-2020 Academic Year

Three co-curricular units are required for graduation. A unit involves the same time commitment as an academic semester credit but is not included in calculation of the GPA, nor in the overall degree-credit requirement. Repeatable courses may not be repeated for co-curricular general education credit.

As part of the co-curriculum, titles of courses successfully completed will appear on the student's transcript with a pass/fail grade. These hours will be included as "earned hours" but will not be included in "GPA hours."

Enrollment in a co-curricular activity will count toward satisfactory progress for financial aid purposes and toward status as a full-time student.

Co-curricular Courses

AF0120	Physical Conditioning	.5	PE0175	Hiking	.5
AF0130	Air Force Elite Forces Workout	1	PE0176	Outdoor Adventure	var
AF0230	Precision Drill Team	.5	PE0177	Fundamentals of Laser Tag	.5
AF0340	Field Training	1	PE0205	Bowling II	.5
AR0340	Field Training	1	PE0206	Intermediate Golf	.5
AR0340	Field Training	1	PE0209	Intermediate Aikido	.5
AR0340	Field Training	1	PE0210*	Special Topics in Physical Education	.5
AR2068	Fall Military Physical Conditioning	1	PE0215	Intermediate Swimming	.5
AR2069	Spring Military Physical Conditioning	1	PE0216	Intermediate Basketball	.5
AR3068	Physical Training Leadership I	1	PE0217	Intermediate Hockey	.5
AR3069	Physical Training Leadership II	1	PE0218	Intermediate Weight Training	.5
FA2400	Huskies Pep Band	1	PE0219	Intermediate Fitness Training	.5
FA2402	Campus Concert Band	1	PE0220	Intermediate Alpine Ski (Downhill)	.5
FA2570	Private Music Instruction	.5	PE0221	Intermediate Snowboarding	.5
PE0101	Flag Football	.5	PE0226	Intermediate Volleyball	.5
PE0103	Bait and Fly Casting	.5	PE0230	Water Polo	.5
PE0104	Ultimate Frisbee	.5	PE0232	Intermediate Soccer	.5
PE0105	Beginning Bowling I	.5	PE0235	Intermediate Cross Country Ski	.5
PE0106	Beginning Golf	.5	PE0237	Intermediate Table Tennis	.5
PE0107	Floor Hockey	.5	PE0238	Intermediate Racquetball/Squash	.5
PE0108	Broomball	.5	PE0239	Intermediate Badminton	.5
PE0109	Aikido	.5	PE0240	Intermediate Tennis	.5
PE0113	Disc Golf	.5	PE0246	Intermediate Billiards	.5
PE0115	Beginning Swimming	.5	PE0248	Intermediate Skating	.5
PE0116	Beginning Basketball	.5	PE0250	Paintball	.5
PE0117	Beginning Hockey	.5	PE0252	Social Dance II	.5
PE0118	Beginning Weight Training	.5	PE0253	Aerobics II	.5
PE0119	Beginning Fitness Training	.5	PE0256	Intermediate Mountain Biking	.5
PE0120	Beginning Alpine Skiing (Downhill)	.5	PE0266	Running for Fitness	.5
PE0121	Beginning Snowboarding	.5	PE0267	Intermediate Yoga	.5
PE0122	Softball	.5	PE0270	Cardio TaeKwonDo	.5
PE0123	Telemark Skiing	.5	PE0315	Fitness Swimming	.5
PE0125	Sand Volleyball	.5	PE0320	Advanced Skiing	.5
PE0126	Beginning Volleyball	.5	PE0321	Advanced Snowboarding	.5
PE0130	Water Aerobics	.5	PE0330	Club Sports	.5
PE0132	Beginning Soccer	.5	PE0352	Social Dance III	.5
PE0135	Beginning Cross Country Skiing	.5	PE0353	Aerobics III	.5
PE0137	Table Tennis	.5	PE0355	Advanced Road Biking	.5
PE0138	Beginning Racquetball/Squash	.5	PE0367	Mindful Yoga	.5
PE0139	Beginning Badminton	.5	PE0420	Ski Instructor Training	.5
PE0140	Beginning Tennis	.5	PE0421	Snowboard Instructor Training	.5
PE0145	Beginning Rifle	.5	PE0425*	Intramurals	.5
PE0146	Beginning Billiards	.5	PE0430	Club Sports Leadership	.5
PE0148	Beginning Skating	.5	PE0450	Physical Education Fusion – Full	1
PE0150	Outdoor Lifetime Activities	.5	PE0520	Alpine Skiing Fusion	.5
PE0151	Indoor Lifetime Activities	.5	PE0521	Snowboard Fusion	.5
PE0152	Social Dance I	.5	PE1000	Fitness Foundations	1
PE0153	Aerobics I	.5	PE1010	Active Michigan Tech	1
PE0155	Beginning Road Biking	.5	PE1028	Ski Patrol (Hill)	1
PE0156	Beginning Mountain Biking	.5	PE1101	Team Sports	1
PE0166	Moving for Fitness	.5	PE1105	Bowling	1
PE0167	Beginning Yoga	.5	PE1106	Golf	1
PE0168	Beginning Pilates	.5	PE1113	Disc Sports	1
PE0169	Indoor Cycling	.5	PE1118	Weight/Fitness Training	1
PE0170	TaeKwonDo and Hapkido I	.5	PE1119	Conditioning	1
			PE1138	Racquet Sports	1
			PE1140	Tennis	1
			PE1169	Indoor Cycling	1
			PE1170	TaeKwonDo	1
			PE1210	Special Topics	1
			PE1215	Introduction to Backcountry Travel	1
			PE1220	Introduction to Canoeing	1
			PE1225	Indoor Rock Climbing	1
			PE1230	Introduction to Kayaking	1
			PE1235	Introduction to Log Rolling	1
			PE1240	Snowshoeing	1
			PE1245	Wilderness First Responder	1
			PE1435	Self-Defense for Women	1

Co-curricular Courses cont.

PE1436	Self-Defense for Men	1
PE1470	Lifeguard Swimming	1
PE2010	Varsity Football	1
PE2020	Varsity Basketball	1
PE2030	Varsity Hockey	1
PE2040	Varsity Nordic Skiing	1
PE2050	Varsity Soccer	1
PE2080	Varsity Track	1
PE2090	Varsity Tennis	1
PE2130	Varsity Volleyball	1
PE2140	Varsity Cross Country	1
PE2150	Cross Training	1
PE0XXX	Co-Curricular Activities (<i>transfer credit only</i>)	.5
PE1XXX	Co-Curricular Activities (<i>transfer credit only</i>)	1

*PE0210 may be repeated once for general education co-curricular credit if topics are different. PE0425 may also be repeated once for general education co-curricular credit.

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