

# KIP COVID-19 Brief

November 15-19, 2021

## CASE TRENDS

### Michigan State Synopsis

7 day average as of 11/05/21

RATE OF NEW COVID-19 CASES PER 100,000

NUCLEIC ACID AMPLIFICATION TEST (NAAT) POSITIVITY RATE

NEW CONFIRMED COVID-19 HOSPITAL ADMISSIONS / 100 BEDS

RATE OF NEW COVID-19 DEATHS PER 100,000

COMMUNITY TRANSMISSION LEVEL

PEOPLE RECEIVED AT LEAST 1 DOSE

PEOPLE 18+ RECEIVED AT LEAST 1 DOSE

PEOPLE FULLY VACCINATED

PEOPLE 18+ FULLY VACCINATED

PEOPLE 65+ RECEIVED BOOSTER

LAST WEEK

CHANGE FROM PREVIOUS WEEK

262	-19%
11.3%	+1.1%
11.4	+22%
1.6	-7%
<b>HIGH TRANSMISSION</b>	

5,903,777 people 59.1% of total pop

5,535,138 people 70.6% of 18+ pop

5,386,461 people 53.9% of total pop

5,077,976 people 64.7% of 18+ pop

588,740 people 39.2% of fully vaccinated 65+ pop

healthdata.gov

### Houghton County, Michigan

November 16, 2021

7-day Metrics

Cases 276

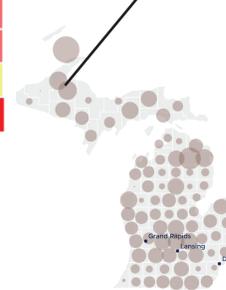
Case Rate per 100k 773.46

% Positivity 26.42%

Deaths <10

% of population ≥ 12 years of age fully vaccinated 56%

New Hospital Admissions 8



New cases per 100,000 persons in the past 7 days\*  
Percentage of positive NAATs tests during the past 7 days\*\*

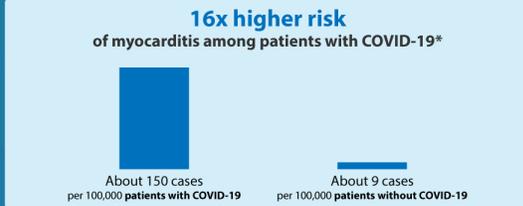


coronavirus.jhu.edu

## RESEARCH STUDY OF THE WEEK

### Association Between COVID-19 and Myocarditis Using Hospital-Based Administrative Data — United States, March 2020–January 2021

Myocarditis (inflammation of part of the heart muscle) occurs more frequently among COVID-19 patients



Vaccination is the best way to protect against COVID-19-related complications

\*Premier Healthcare Database Special COVID-19 Release  
bit.ly/MMWR83121b

MMWR

## INDOOR ACTIVITY BENEFIT OF THE WEEK



↓ Pain

↓ Hypertension

↓ Anxiety Depression

↓ Smoking

### Meditation



For Students For Faculty, Staff, and Parents Programs and Events Initiatives Educational Opportunities

Center for Student Mental Health and Well-being

Student Mental Health and Well-being > Self-Help Resources > Mindfulness and Meditation

Click School Resources To Help You Practice Meditation

## TRAVEL SUGGESTIONS FOR BREAK

Evaluate your health

Check transmission level

Follow travel guidelines

Personal Status—Sick? Expose to COVID-19? COVID-19 positive?

COVID-19 situation at your destination

Travel Restriction—Mask? Vaccination? Testing? Quarantine?

We suggest:

COVID-19 test before leaving  
Communicate with your travel partners  
COVID-19 test after returning

Domestic Travel During COVID-19

International Travel During COVID-19

## USEFUL RESOURCES

HealthData.gov

Michigan.gov

Western Upper Peninsula Health Department



Employee Vaccine Proof Submission Process:  
[mtu.edu/flex/portal](https://mtu.edu/flex/portal)

COVID-19 Testing Options  
On Campus  
Local Pharmacy  
At Home Testing

Next COVID-19 Town Hall  
December 2nd, 7:00PM