

Educational Priority

Students will build an inclusive and supportive community. All members will become resilient and conscientious through active engagement in their own progression.

Narratives

- Community
 - We live in a world of constant connection, and support from others gives us the security we need to succeed. Interactions across differences lead to innovation and personal growth. Inclusive and supportive communities are built upon mutual respect and consideration of each others' needs. Members value different lived experiences, communicate openly, and actively include everyone. Community requires that all members commit to individual and communal growth.
- Resilient
 - People encounter many transitions and challenges throughout life. Resilience requires maintaining well-being in order to persevere through obstacles and adapt to change. Resilient individuals take charge of their own lives and advocate for their needs.
- Conscientious
 - The human experience is a constant exchange of influence between individuals, groups, and society. Conscientiousness requires navigating interactions based on an understanding of values and identities. It involves personal ownership of the power to influence the world around you.

Learning Goals & Outcomes

Resilient

1. Students will be well.

Well-being directly impacts your academic, personal, and professional success. By engaging in self-care strategies, you will maintain healthy habits for life.

- a. Students will develop a self-care plan.
- b. Students will practice optimal sleeping habits.
- c. Students will appropriately address feelings of anxiety and depression.

2. Students will take control of their lives.

Control of one's life requires that you acknowledge context and reflect critically to progress toward your goals. Taking ownership of your experience includes making purposeful decisions and holding yourself accountable.

- a. Students will communicate needs appropriately.
- b. Students will generate an internal locus of control.
- c. Students will embrace a growth mindset.

Conscientious

1. Students will explain how they are influenced by and impact their communities.

Values and identities drive how you perceive the world, interact with other people, and make decisions. Understanding your own perspective and that of others is integral in developing empathy and promoting collaboration.

- a. Students will refine a set of personal values.
- b. Students will make decisions that balance the values of all community members, including their own.
- c. Students will explore a set of personal identities.
- d. Students will analyze the exchange between their identities and the world around them.

2. Students will develop a support network at Michigan Tech .

Actively engaging in a community that encourages, respects, and cares for each member will help you achieve your goals. A support network challenges you to be the best version of yourself.

- a. Students will have regular meaningful conversations with at least three people.
- b. Students will cultivate healthy relationships.
- c. Students will utilize conflict resolution strategies.