

Cilantro Lime Black Beans

<b>Nutrition Facts</b>	
Serving Size 1 serving (107.5g)	
Servings Per Container 300	
<b>Amount Per Serving</b>	
<b>Calories</b> 180	Calories from Fat 50
% Daily Value*	
<b>Total Fat</b> 6g	<b>9%</b>
Saturated Fat 3g	<b>15%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 85mg	<b>4%</b>
<b>Total Carbohydrate</b> 22g	<b>7%</b>
Dietary Fiber 6g	<b>24%</b>
Sugars 0g	
<b>Protein</b> 11g	
Vitamin A 2%	• Vitamin C 0%
Calcium 10%	• Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g

**Ingredients:** Beans, Black, Boiled; Cheese, Monterey Jack; Juice, Lime; WESSON Oil, Vegetable; SAN PABLO Pepper, Jalapeno, Sliced, Nacho, Zero Trans Fat; Cumin, Ground; Garlic Clove; Coriander or Cilantro