### Feb 24th – March 1st

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
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</thead>
<tbody>
<tr>
<td>Scrambled Eggs (eggs) Breakfast Quesadilla (eggs, wheat, soy)</td>
<td>French Toast Sticks (soy, dairy, wheat, soy)</td>
<td>Oatmeal Bar (may be present - wheat)</td>
<td>Scrambled Eggs (eggs) Hash Brown Patties (soy) (GF) (Vegan)</td>
<td>Hot Cereal Bar (may be present - wheat)</td>
<td>Continental Breakfast</td>
<td>Continental Breakfast</td>
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<td>Sausage Links (GF) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</td>
<td>Hash Browns (GF) (Vegan) Bacon (GF) Eggs to Order* (eggs) Breakfast Sandwich (egg, dairy, wheat, soy)</td>
<td>Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</td>
<td>Sausage Patties (GF) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</td>
<td>Pancakes (eggs, milk, wheat, soy) Smoked Sausage (GF) Eggs to Order* (eggs) Breakfast Sandwiches (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</td>
<td>Breakfast Sandwich (egg, dairy, wheat, soy) Sausage Patty (GF) Hash Brown Patty (soy) (GF) (Vegan) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</td>
<td>Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</td>
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<td>Pork Tacos w/ Chili Roasted Pineapple (GF) Gourmet Nacho (dairy) Black Beans (GF) Sweet Potatoes (GF) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</td>
<td>Warm Peppered Turkey Sandwich w/ Pepper Jack Cheese (dairy, wheat, soy) Hawaiian Chicken Sliders (egg, dairy, wheat, soy) Mac and Cheese (egg, dairy, wheat, soy) Chef Vegetables (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</td>
<td>Keweenaw Bowl (dairy, wheat, soy) Vegan Keweenaw Bowl (soy) Italian Sausage Peppadew w/ Fettuccini (egg, dairy, wheat) Chef Vegetables (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</td>
<td>Chicken Caesar Wrap (egg, dairy, wheat, soy) Reuben (egg, dairy, wheat, soy, fish) Citlantro Lime Rice (GF) (Vegan) Mexican Street Corn (dairy)GF Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</td>
<td>Tex-Mex Bowl (dairy, wheat, soy) Cheese Quesadillas (dairy, wheat, soy) Ravioli Bar (eggs, dairy, wheat, soy) Chicken Caesar Salad (dairy, wheat, soy)</td>
<td>Breakfast Sandwich (egg, dairy, wheat, soy) Sausage Patty (GF) Hash Brown Patty (soy) (GF) (Vegan) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</td>
<td>Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</td>
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<td>Every day: Breakfast includes waffle bar, cold cereals, and yogurt bar. Lunch and Dinner Meals include specialty bars, deli bar, pizza, salad bar, grill station (GF) Gluten Free <em>Can be cooked to Order</em> Regarding the safety of these items, written information is available upon request. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition.</td>
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**Monday**
- Scrambled Eggs (eggs) Breakfast Quesadilla (eggs, wheat, soy) Sausage Links (GF) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)

**Tuesday**
- French Toast Sticks (soy, dairy, wheat, soy) Hash Browns (GF) (Vegan) Bacon (GF) Eggs to Order* (eggs) Breakfast Sandwich (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)

**Wednesday**
- Oatmeal Bar (may be present - wheat) Cheese Quiche (eggs, dairy, wheat, soy) Ham (GF) Fried Potatoes (soy) (GF) (Vegan) Eggs to Order* (eggs) Breakfast Sandwiches (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)

**Thursday**
- Scrambled Eggs (eggs) Hash Brown Patties (soy) (GF) (Vegan) Sausage Patties (GF) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)

**Friday**
- Hot Cereal Bar (may be present - wheat) Pancakes (eggs, milk, wheat, soy) Smoked Sausage (GF) Eggs to Order* (eggs) Breakfast Sandwiches (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)

**Saturday**
- Continental Breakfast

**Sunday**
- Continental Breakfast

**Monday**
- Warm Peppered Turkey Sandwich w/ Pepper Jack Cheese (dairy, wheat, soy) Hawaiian Chicken Sliders (egg, dairy, wheat, soy) Mac and Cheese (egg, dairy, wheat, soy) Chef Vegetables (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)

**Tuesday**
- Keweenaw Bowl (dairy, wheat, soy) Italian Sausage Peppadew w/ Fettuccini (egg, dairy, wheat) Chef Vegetables (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)

**Wednesday**
- Chicken Caesar Wrap (egg, dairy, wheat, soy) Reuben (egg, dairy, wheat, soy, fish) Citlantro Lime Rice (GF) (Vegan) Mexican Street Corn (dairy)GF Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)

**Thursday**
- Tex-Mex Bowl (dairy, wheat, soy) Cheese Quesadillas (dairy, wheat, soy) Ravioli Bar (eggs, dairy, wheat, soy) Chicken Caesar Salad (dairy, wheat, soy) | Biscuits and Gravy (egg, dairy, wheat, soy) Oatmeal Bar w/ Nuts and Fruit (may contain wheat, tree nuts) (Vegan) French Dip Sandwich (fish, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts) | McTech* Sandwich (wheat, soy, egg, milk) Canadian Bacon (GF) Teriyaki Glazed Chicken Skewers (soy) Fire Roasted Vegetable Multigrain Rice Blend (GF) (Vegan) Appetizer Bar Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts) |

**Assorted Bakery** (may contain – egg, wheat, dairy, soy, tree nuts, peanuts) **Breakfast Sandwich** (egg, dairy, wheat, soy) **Sausage Patty** (GF) **Hash Brown Patty** (soy) (GF) (Vegan) **Assorted Bakery** (may contain – egg, wheat, dairy, soy, tree nuts)