

Wadsworth Dining Menu - Nov 13 - Nov 19							
	SUN	MON	TUE	WED	THU	FRI	SAT
Breakfast 7:00 AM - 9:30 AM							
Egg		Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	
Entrée		Blueberry Pancakes	French Toast	Chocolate Chip Pancakes	Banana Buttermilk Pancakes	Apple Cinnamon Pancakes	
Potato		Hash Brown Potatoes	Home Fries	O'Brien Potatoes	Crispy Tater Tots	Lyonnais Potatoes	
Meat 1		Turkey Sausage Link	Pork Sausage Patty	Biscuits & Sausage Gravy	Pork Sausage Link	Turkey Sausage Patty	
Meat 2		Bacon	Turkey Bacon	Bacon	Turkey Bacon	Bacon	
Vegan Entrée		Vegan Breakfast Bowl	Vegan Breakfast Bowl	Vegan Breakfast Bowl	Vegan Breakfast Bowl	Vegan Breakfast Bowl	
Hot Cereal		Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	
Bakery		Breakfast Bakery	Breakfast Bakery	Breakfast Bakery	Breakfast Bakery	Breakfast Bakery	
Continental Breakfast 9:30AM - 11:00 AM							
Lunch 11:00 AM - 1:30 PM							
Entrée 1		Grilled Kielbasa	Carolina Pork BBQ	Sesame Chicken	Steak Sandwich on Hoagie	Pizza Hot Dish	
Entrée 2		Sweet n Sour Chicken	Chicken Tenders	Sesame Tofu	Marinated Mushroom Caps	Hot Turkey Sandwich	
Vegan Entrée		Sweet & Sour Tofu	Vegan Tenders	Tater Tot Casserole	Mushrooms & Onions	Mushroom & Vegetable Casserole	
Side Dish		Basmati Rice	Au Gratin Potatoes	Rice	Cheesy Turkey w/ Broccoli	Mash Potato/Gravy	
Vegetable		Asian Green Bean Stir Fry	Steamed Broccoli	Seasoned Spinach	Spanish Rice	Green Beans	
Vegetable		Stir Fry Vegetables	Paprika Roasted Vegetable	Monte Carlo Veg	Bacon & Onion Green Beans	Sauteed Kale & Brussels	

	Continental Breakfast Sat-Sun 9:00 AM - 11:00 AM						
	Lunch 11:00 AM - 1:30 PM						
Entrée 1	French Dip Sandwich						
Meat	Sausage Links						
Potato	Breakfast Potatoes						
Entrée 2	Pancakes						
Vegan Entrée	Vegan Pancakes						
Self Serve Bar	Burger Bar						
Side Dish	French Fries						
Side Dish	Coleslaw						
Side Dish	Baked Beans						
	Light Lunch 1:30 PM - 4:00 PM						
	Dinner 4:00 PM - 7:30 PM (Closes at 6:00PM Friday)						
Entrée 1	Salisbury Steak	Beef Fajitas	Swedish Meatballs	Drumsticks	Roasted Turkey	Pollack Wings	
Entrée 2	Mediterranean Chicken	Chicken Fajitas	Vegan Plantballs	Lasagna	Baked Ham	Chicken Tikka Masala	
Vegan Entrée	Vegan baked Ziti	Fajita Vegetables	Fettuccini & Egg Noodles	Vegan Beef Eggplant Lasagna	Roasted Acorn Squash stuffed with Wild Rice and Lentils	Asparagus Mushroom Risotto	
Side Dish	Sour Cream Potato Bake	Refried Beans	Panko Chicken	Red Skins	Mashed Potatoes	Peppered Fries	
Side Dish		Spanish Rice			Vegan Stuffing	Wild Rice	
Vegetable 1	Roasted Cauliflower	Corn & Black Beans	Lemon Garlic Broccoli	Roasted Veggies	Sweet Potato	Honey Glazed Carrots	
Vegetable 2		Zucchini & Tomatoes		Broccoli	Green Bean Casserole	Chili Roasted Corn	

McNair Dining Menu - Nov 13 - Nov 19							
	SUN	MON	TUE	WED	THU	FRI	SAT
Breakfast 7:00 AM - 11:00 AM							
Entrée		Egg and Cheese Croissant	Egg and Cheese Biscuit	Egg & Chz Croissant	Egg and Cheese English Muffin	Egg and Cheese Biscuit	
Meat		Sausage Patty		Ham	Bacon	Sausage	
Egg Option		Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	
Hot Cereal		Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	
Bakery		Waffles	Waffles	Waffles	Waffles	Waffles	
		Yogurt Cups	Yogurt Cups	Yogurt Cups	Yogurt Cups	Yogurt Cups	
		Fruit Cups	Fruit Cups	Fruit Cups	Fruit Cups	Fruit Cups	
		Cereal	Cereal	Cereal	Cereal	Cereal	
		Breakfast Bakery	Breakfast Bakery	Breakfast Bakery	Breakfast Bakery	Breakfast Bakery	
Lunch 11:00 AM - 1:30 PM							
Entrée 1		Korean BBQ	Thai Sweet Chili Thighs	Chicken Pot Pie	Black Forest Ham Sandwich	Keweenaw Bowl	
Entrée 2		Chicken Biryani	Chicken Pad Thai	Vegetable Pot Pie	French Dip Sandwich with Au Jus	Mac N' Cheese Buffalo Chicken Bowl	
Vegan Entrée		Korean BBQ Tofu	Vegan Pad Thai	Root Veg w/ Tofu	Alfredo Cassarecce Casserole		
Side		Homemade Chips	Basmati Rice	BBQ Beef Sandwich		Garden Style Baked Cod	
Vegetable		Steamed Broccoli	Sugar Snap Peas	Corn	Green Beans	Winter Blend Veg	
Vegetable		Szechuan Green Beans	Roasted Brussels Sprouts	Roasted Autumn Veg	Seasoned Peas & Mushrooms	Broccoli & Cauliflower	

Self Serve Bar, Pasta and Grill 11:00 AM - 7:00 PM						
Rotational Bar		Crepe Bar	Create your own Mini Pizza	Curry Buddha Bowl	Macaroni and Cheese Bar	Toasted Philly Bar
Soup		2 Soups	2 Soups	2 Soups	2 Soups	2 Soups
Pasta		Fettuccini Alfredo	Tri Color Tortellini Alfredo	Mostaccioli with Marinara	Tuna Casserole	Spaghetti with Marinara
Vegetarian Pasta		Chicken Fett Alfredo	Tri Color Tort Chix Alfredo	Mostaccioli w/ Meat Sauce	(Pasta Bar for Dinner)	Spaghetti w/ Meat Sauce
Sandwich 1		Hamburger	Hamburger	Hamburger	Hamburger	Hamburger
Vegetarian Sandwich		Garden Burgers	Garden Burgers	Garden Burgers	Garden Burgers	Garden Burgers
Sandwich 2		Hot Dog	Hot Dog	Hot Dog	Hot Dog	Hot Dog
Vegetarian Sandwich		Smart Dog	Smart Dog	Smart Dog	Smart Dog	Smart Dog
Side		French Fries	Waffle Fries*	Tater Tots*	Waffle Fries*	Pub Fries*
Dinner 4:00 PM - 7:00 PM						
Entrée 1		Italian Sausage	Crispy Asiago Crusted Chicken	Puerco Comino	Roasted Turkey	Salmon
Entrée 2		Spaghetti with Meatballs or Veganballs	Chicken Quesadilla	Beer Battered Cod	Baked Ham	General Tso Chicken
Vegan Entrée		Cauliflower Spagetti Bowl	Cheese Quesadilla	Roastd Squash with Frizzled Onion	Roasted Acorn Squash stuffed with Wild Rice and Lentils	General Tso Tofu
Side		Tomato Basil & Marinara	Vegan Quesadilla	Mashed Potatoes	Mashed Potatoes	Egg Rolls & Crab Rangoon
Side		Bread Sticks	Spanish Rice		Vegan Stuffing	Rice
Vegetable		Kale & Caramalized Onions	Mexican Corn	Garden Veg	Sweet Potato	Braised Cabbage
Vegetable		Italian Vegetables	Morrocan Roasted Carrot	Brussels Sprouts	Green Bean Casserole	Emperor Blend Veg

Douglas-Houghton Dining Menu - Nov 13 - Nov 19							
	SUN	MON	TUE	WED	THU	FRI	SAT
Breakfast 7:00 AM - 11:00 AM							
Eggs		Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	
Entrée		Blueberry Pancakes	French Toast	Chocolate Chip Pancakes	Banana Buttermilk Pancakes	Apple Cinnamon Pancakes	
Potatoes		Hash Brown Potatoes	Home Fries	O'Brien Potatoes	Crispy Tater Tots	Lyonnais Potatoes	
Meat 1		Turkey Sausage Link	Pork Sausage Patty	Biscuits & Sausage Gravy	Pork Sausage Link	Turkey Sausage Patty	
Meat 2		Bacon	Turkey Bacon	Bacon	Turkey Bacon	Bacon	
Vegan Entrée		Vegan Chorizo Breakfast Taco	Vegan Chorizo Breakfast Taco	Vegan Chorizo Breakfast Taco	Vegan Chorizo Breakfast Taco	Vegan Chorizo Breakfast Taco	
Hot Cereal		Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	
Bakery		Breakfast Bakery	Breakfast Bakery	Breakfast Bakery	Breakfast Bakery	Breakfast Bakery	
Lunch 11:00 AM - 1:30 PM							
Entrée 1		Korean Street Tacos	Pit Ham	Tandoori Chicken	BBQ Brisket	White Chicken Chili	
Entrée 2		Korean Tofu	Chicken Wings	Crispy Tofu Wrap	Lemongrass Chicken Breast	Fish Taco	
Vegan Entrée		Chicken Bacon Jam San on Pretzel Bun	Thai Seitan w/ Zucchini & Red Bell Peppers	Grilled Cheese	Couscous with Fresh Vegetables	Quinoa Taco Meat	
Side		Rice	Rice	Tomato Soup		Spanish Rice	
Vegetable 1		Sesame Spinach	Garlic Broccoli	Grilled Zucchini Squash	Grilled Green Beans	Flame Roasted Corn	
Vegetable 2		Glazed Carrots	California Blend Veg	Green Beans	Steamed Broccoli	Spicy Kale & Bacon	