

## Sept 30th – Oct 6th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Scrambled Eggs</b> (egg) <b>Breakfast Potatoes</b> (GF) (Vegan) <b>Bacon</b> (GF) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)	<b>Cinnamon Swirl French Toast</b> (wheat, milk, egg) <b>Sausage Links</b> (GF) <b>Hash Browns</b> (GF) <b>Eggs to order*</b> (eggs) <b>Breakfast Sandwich</b> (egg, dairy, wheat, soy) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)	<b>Blueberry Pancakes</b> (eggs, dairy, wheat, soy) <b>Ham Slices</b> (GF) <b>Eggs to Order*</b> (egg) <b>Breakfast Sandwich</b> (egg, dairy, wheat, soy) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)	<b>Breakfast Burrito Bar</b> (egg, dairy, wheat) <b>O'Brien Potatoes</b> (soy) (GF) (Vegan) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)	<b>Hot Cereal Bar</b> (may be present -wheat) <b>Cheese Frittata</b> (eggs, dairy) <b>Cheese and Vegetable Frittata</b> (eggs, dairy) <b>American Home Fries</b> (GF) (Vegan) <b>Smoked Sausage</b> (GF) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)	<u>Continental Breakfast</u> <b>Breakfast Sandwich</b> (egg, dairy, wheat, soy) <b>Sausage Patty</b> (GF) <b>Hash Brown Patty</b> (soy) (GF) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)	<u>Continental Breakfast</u> <b>Breakfast Pizza</b> (egg, dairy, wheat, soy) <b>Assorted Bakery</b> (may contain – egg, wheat, dairy, soy, tree nuts)
<b>Korean BBQ</b> (dairy, wheat, soy) <b>Tofu Korean BBQ</b> (dairy, wheat, soy) <b>Dixieland Cuban</b> (eggs, dairy, wheat, soy) <b>Jasmine Rice</b> (GF) (Vegan) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Sweet Chili Chicken Thighs</b> (GF) <b>Turkey Pita</b> (dairy, wheat, soy) <b>Sweet Potato &amp; Black Bean Quinoa Bake</b> (Vegan) (GF) <b>Waffle Fries</b> (soy) (GF) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Chicken Pot Pie</b> (dairy, wheat) <b>Vegetable Pot Pie</b> (dairy, wheat) <b>BBQ Beef Sandwich</b> (egg, dairy, wheat, soy) <b>Tator Tots</b> (soy) (GF) (Vegan) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Chicken Tappers</b> (eggs, wheat, soy) <b>Citrus Grain and Kale Salad</b> (GF) (Vegan) <b>Fresh Potato Chips</b> (soy) (GF) (Vegan) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Keweenaw Bowl</b> (dairy, wheat, soy) <b>French Dip</b> (fish, dairy, wheat, soy) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<u>Brunch</u> <b>Scrambled Eggs</b> (egg) <b>French Toast Sticks</b> (egg, dairy, wheat, soy) <b>Bacon</b> (GF) <b>Hash Brown Potatoes</b> (GF) (Vegan) <b>Oatmeal Bar w/ Dried Fruits and Nuts</b> (tree nuts) (GF) (Vegan) <b>Wing and Drum Stick Bar</b> (soy) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)	<u>Brunch</u> <b>Pancakes</b> (eggs, dairy, soy, wheat) <b>Sausage Links</b> (GF) <b>Breakfast Potatoes</b> (soy) <b>Buffalo Chicken Wrap</b> (dairy, wheat, soy) <b>Vegetarian Wrap</b> (dairy, wheat, soy) <b>Mac and Cheese Bar</b> (egg, dairy wheat) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)
<b>Fried Chicken</b> (eggs, dairy, wheat) <b>Mac and Cheese</b> (eggs, dairy, wheat) <b>Andouille Beans</b> (GF) (Vegan) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Chicken Quesadillas</b> (dairy, wheat) <b>Cheese Quesadillas</b> (dairy, wheat) <b>Vegan Quesadillas</b> (wheat) <b>Spanish Rice</b> (GF) (Vegan) <b>Mexican Corn</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Rotisserie Carved Pork Loin</b> (GF) <b>Warm Apples and Dried Cranberries</b> (GF) (Vegan) <b>Vegetable Jambalaya</b> (GF) (Vegan) <b>Yukon Gold Mashed Potatoes</b> (dairy) <b>Gravy</b> (dairy, wheat, soy) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Spaghetti &amp; Meatballs</b> (egg, dairy, wheat, soy) <b>Italian Sausage w/ Spiral Vegetables</b> (GF) <b>Marinara Cream Sauce</b> (dairy) <b>Chef Vegetables</b> (GF) (Vegan) <b>Bread Sticks</b> (dairy, wheat, soy) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Baked Salmon</b> (fish) <b>General Tsao Chicken</b> (egg, wheat, soy) <b>Veggie Egg Roll</b> (egg, wheat) <b>Crab Rangoon</b> (eggs, dairy, wheat, soy, fish, crustaceans) <b>Rice</b> (GF) (Vegan) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Pasties</b> (dairy, wheat) <b>Vegetable Pasties</b> (dairy, wheat) <b>California Turkey Sandwich</b> (egg, dairy, wheat, soy) <b>Wild Rice</b> (GF) (Vegan) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>BBQ Ribs</b> (soy) (GF) <b>Butter Crumb Cod</b> (wheat, soy, fish) <b>Roasted Root Vegetables</b> (GF) (Vegan) <b>Roasted Asparagus</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)

**Every day:** Breakfast includes waffle bar, cold cereals, and yogurt bar. Lunch and Dinner Meals include specialty bars, deli bar, pizza, salad bar, grill station  
**(GF) Gluten Free**

**\*Can be cooked to Order:** Regarding the safety of these items, written information is available upon request.

**Notice:** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition