

Sept 23-Sept 29th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
French Toast (wheat, egg, dairy) Breakfast Potatoes (GF, Vegan) Ham (GF) Eggs to Order* (egg) Breakfast Sandwich (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg wheat, dairy, soy, tree nuts)	Chocolate Chip Pancakes (wheat, soy, dairy, egg) Sausage Links (GF) Eggs to Order* (egg) Breakfast Sandwich (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg wheat, dairy, soy, tree nuts)	Oatmeal Bar (wheat) Scrambled Eggs (egg) Hash Brown Patty (soy) (GF), (Vegan) Bacon (GF) Smoothie Bar (Dairy) Assorted Bakery (may contain – egg wheat, dairy, soy, tree nuts)	Biscuits and Sausage Gravy (wheat, egg, soy, dairy) Scrambled Eggs (egg) Country Fried Steak (dairy, wheat) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)	Hot Cereal Bar (may be present -wheat) Scrambled Eggs w/ Ham (egg) Hash Browns (GF) (Vegan) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)	<u>Continental Breakfast</u> Breakfast Sandwich (egg, dairy, wheat, soy) Sausage Patty (GF) Hash Brown Patty (GF) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)	<u>Continental Breakfast</u> Breakfast Pizza (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)
San Francisco Turkey Sandwich (dairy, wheat, soy, tree nuts) Asian Beef Bowl w/ Quinoa Stir Fry (Build Your Own) (GF) Vegetarian Asian Bowl w/ Quinoa Stir Fry (Build Your Own) (GF) (Vegan) Assorted Desserts – (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	Ham and Bacon Quiche (dairy, egg, wheat, soy) Veggie Quiche (dairy, egg, wheat, soy) Bavarian Ham and Cheddar on a Pretzel Roll (wheat, dairy) Au Gratin Potatoes (wheat, dairy) Chef Vegetables (Vegan) Assorted Desserts – (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	Chicken Strips (eggs, soy) Cheesy Potatoes (dairy) Mixed Caesar Salad Chef Vegetables (GF) (Vegan) Assorted Desserts – (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	Philly Steak or Chicken w/ Sautéed Onions and Mushrooms on a Hoagie Bun (wheat) Cayenne Chicken Sandwich (egg, dairy, wheat, soy) Steak Fries (soy) Roasted Vegetables (GF) (Vegan) Assorted Desserts- (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	BLT Sandwich (dairy, wheat, soy) Portobello, Lettuce and Tomato Sandwich (dairy, wheat, soy) (Vegan) Pizza Hot Dish (egg, dairy, wheat, soy) Chef Vegetables (GF) (Vegan) Assorted Desserts- (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<u>Brunch</u> Scrambled Eggs (egg) Tofu Scrambled Eggs (egg, soy) Hash Browns (GF) (Vegan) Sausage Links (GF) Chic'lil on a Biscuit (egg, dairy, wheat, soy) Tator Tot Casserole (egg, dairy, wheat, soy) Chef Vegetables (GF) (Vegan) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)	<u>Brunch</u> McTech Sandwich (egg, dairy, wheat, soy) Chicken Sausage Patty (GF) Chicken Tappers (egg, wheat, soy) Breakfast Potatoes (soy) (GF) (Vegan) Crepe Bar w/ Vegan Pancakes (egg, dairy, wheat, tree nuts, wheat, soy, peanuts) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)
Tacos Fish Tacos (egg, dairy, wheat, soy, fish) Waffle Fries (soy) (GF) (Vegan) Cilantro Lime Rice (GF) (Vegan) Vegan Bean Mix (GF) (Vegan) Black Beans (GF) (Vegan) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	Swedish Meatballs (eggs, dairy, wheat, soy) Panko Chicken Breast (dairy, wheat, soy) Grilled Chicken Breast Egg Noodles (eggs, wheat) Pesto Sauce Chef Vegetables Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	Meat Lasagna (eggs, dairy, wheat) Vegetable Lasagna (eggs, dairy, wheat) Rotisserie Chicken (GF) Redskin Potatoes (milk, soy) (GF) Corn (GF) (Vegan) Garlic Bread (dairy, wheat, soy) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	Italian Sausage Sandwich w/ Peppers and Onions (dairy, wheat, soy) Salisbury Steak (wheat, soy) Vegan Italian Sausage (soy, wheat) Mashed Potatoes and Gravy (dairy, wheat) Chef Vegetables (GF) (Vegan) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	Pork Chops (GF) Chili Cheese Fries (dairy, soy) Twice Baked Potatoes (dairy) (GF) Peas (GF) (Vegan) Dinner Rolls (dairy, wheat, soy) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	Pasta w/ Mascarpone, Mushrooms and Spinach (eggs, dairy, wheat) Teriyaki Chicken Breast (wheat, soy) Teriyaki Tofu (wheat, soy) Grilled Pineapple (GF) (Vegan) Rice (GF) (Vegan) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	Beef Stroganoff over Egg Noodles (wheat, milk, egg) Pesto Sauce (tree nuts, dairy) Breaded Chicken Filet (eggs, dairy, wheat, tree nut) Corn Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)

Every day: Breakfast includes waffle bar, cold cereals, and yogurt bar. Lunch and Dinner Meals include specialty bars, deli bar, pizza, salad bar, grill station
(GF) Gluten Free

***Can be cooked to Order:** Regarding the safety of these items, written information is available upon request.

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition