

## Sept 16 -Sept 22nd

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Scrambled Eggs</b> (eggs) <b>Breakfast Quesadilla</b> (eggs, wheat, soy) <b>Sausage Links</b> (GF) <b>Assorted Bakery</b> (may contain – egg, wheat, dairy, soy, tree nuts)	<b>French Toast Sticks</b> (eggs, dairy, wheat, soy) <b>Hash Browns</b> (GF) (Vegan) <b>Bacon</b> (GF) <b>Eggs to Order*</b> (eggs) <b>Breakfast Sandwich</b> (egg, dairy, wheat, soy) <b>Assorted Bakery</b> (may contain – egg, wheat, dairy, soy, tree nuts)	<b>Oatmeal Bar</b> (may be present -wheat) <b>Cheese Quiche</b> (eggs, dairy, wheat, soy) <b>Ham</b> (GF) <b>Fried Potatoes</b> (soy) (GF) (Vegan) <b>Eggs to Order*</b> (eggs) <b>Breakfast Sandwiches</b> (egg, dairy, wheat, soy) <b>Assorted Bakery</b> (may contain – egg, wheat, dairy, soy, tree nuts)	<b>Scrambled Eggs</b> (eggs) <b>Hash Brown Patties</b> (soy) (GF) (Vegan) <b>Sausage Patties</b> (GF) <b>Assorted Bakery</b> (may contain – egg, wheat, dairy, soy, tree nuts)	<b>Hot Cereal Bar</b> (may be present -wheat) <b>Pancakes</b> (eggs, milk, wheat, soy) <b>Smoked Sausage</b> (GF) <b>Eggs to Order *</b> (eggs) <b>Breakfast Sandwiches</b> (egg, dairy, wheat, soy) <b>Assorted Bakery</b> (may contain – egg, wheat, dairy, soy, tree nuts)	<u>Continental Breakfast</u> <b>Breakfast Sandwich</b> (egg, dairy, wheat, soy) <b>Sausage Patty</b> (GF) <b>Hash Brown Patty</b> (soy) (GF) (Vegan) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)	<u>Continental Breakfast</u> <b>Breakfast Pizza</b> (egg, dairy, wheat, soy) <b>Assorted Bakery</b> (may contain – egg, wheat, dairy, soy, tree nuts)
<b>Pork Tacos w/ Chili</b> <b>Roasted Pineapple</b> (GF) <b>Gourmet Nacho</b> (dairy) <b>Black Beans</b> (GF) (Vegan) <b>Sweet Potatoes</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Warm Peppered Turkey Sandwich w/ Pepper</b> <b>Jack Cheese</b> (dairy, wheat, soy) <b>Hawaiian Chicken Sliders</b> (egg, dairy, wheat, soy) <b>Mac and Cheese</b> (egg, dairy, wheat, soy) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Keweenaw Bowl</b> (dairy, wheat, soy) <b>Vegan Keweenaw Bowl</b> (soy) <b>Italian Sausage Peppadew w/ Fettuccini</b> (egg, dairy, wheat) <b>Chef Vegetables</b> (GF) (Vegan)  <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Chicken Caesar Wrap</b> (egg, dairy, wheat, soy, fish) <b>Reuben</b> (egg, dairy, wheat, soy) <b>Roasted Chickpeas and Veggies</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Tex-Mex Bowl</b> (dairy, wheat, soy) <b>Cheese Quesadillas</b> (dairy, wheat, soy) <b>Cilantro Lime Rice</b> (GF) (Vegan) <b>Mexican Street Corn</b> (dairy)(GF) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<u>Brunch</u> <b>Scrambled Eggs*</b> (egg) (GF) <b>Hash Browns</b> (soy) (GF) (Vegan) <b>Sausage Links</b> (GF) <b>Biscuits and Gravy</b> (egg, dairy, wheat, soy) <b>Oatmeal Bar w/ Nuts and Fruit</b> (may contain wheat, tree nuts) (Vegan) <b>French Dip Sandwich</b> (fish, dairy, wheat, soy) <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)	<u>Brunch</u> <b>McTech* Sandwich</b> (wheat, soy, egg, milk) <b>Canadian Bacon</b> (GF) <b>Honey Citrus Pepper Grilled Chicken Wrap</b> (wheat, soy) <b>Appetizer Bar</b> <b>Assorted Bakery</b> (may contain – egg wheat, dairy, soy, tree nuts)
<b>Smothered Gouda &amp; Bacon Chicken</b> (dairy) (GF) <b>Beef Sirloin Tips</b> (dairy, wheat, soy, fish) <b>Egg Noodles</b> (egg, wheat) <b>Portobella Rice Pilaf</b> (GF) <b>Corn</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Chicken Parmesan</b> (eggs, dairy, wheat, soy) <b>Mixed Sausage Grill</b> (GF) <b>Eggplant Parmesan</b> (dairy, wheat, soy) <b>Mostaccioli and Marinara Sauce</b> (egg, wheat) <b>Garlic Bread</b> (dairy, wheat, soy) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Carved Ham</b> (GF) <b>Baked Cod</b> (fish) <b>Spicy Sweet Potato Au Gratin</b> (dairy) <b>Green Beans</b> <b>Almondine</b> (tree nuts) (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Mediterranean Beef Pita</b> (dairy, wheat) <b>Orange Chicken</b> (egg, wheat, soy) <b>Orange Glazed Tofu</b> (soy) (GF) (Vegan) <b>Rice</b> (GF) (Vegan) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Big Boss Chicken</b> (dairy, wheat) <b>Black Bean Burger</b> (wheat, soy) (Vegan) <b>Baked Seasonal Fish</b> (fish) <b>Steak Fries</b> (soy) (GF) (Vegan) <b>Veggie Dumpling</b> (wheat, soy) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Chicken Slovakia Pita</b> (dairy,wheat) <b>Ravioli Bar</b> (eggs, dairy, wheat, soy) <b>Mushroom Parmesan</b> (dairy) (GF) <b>Rice</b> (GF) (Vegan) <b>Butter Chicken</b> (dairy) <b>Chef Vegetables</b> (GF) (Vegan) <b>Assorted Desserts</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)	<b>Turkey Mashed Potatoes</b> (dairy) <b>Gravy</b> (dairy, soy, wheat) <b>Stuffing</b> (dairy, wheat, soy) <b>Garlic and Herb Pasta</b> (wheat) <b>Corn</b> (GF) (Vegan) <b>Vollwerth's Bar</b> <b>Assorted Dessert</b> (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)

**Every day:** Breakfast includes waffle bar, cold cereals, and yogurt bar. Lunch and Dinner Meals include specialty bars, deli bar, pizza, salad bar, grill station

**(GF) Gluten Free**

**\*Can be cooked to Order: Regarding the safety of these items, written information is available upon request.**

**Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition**