

Oct 21st – Oct 27th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>French Toast (wheat, egg, dairy) Breakfast Potatoes (GF, Vegan) Ham (GF) Eggs to Order* (egg) Breakfast Sandwich (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg wheat, dairy, soy, tree nuts)</p>	<p>Chocolate Chip Pancakes (wheat, soy, dairy, egg) Sausage Links (GF) Eggs to Order* (egg) Breakfast Sandwich (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg wheat, dairy, soy, tree nuts)</p>	<p>Oatmeal Bar (wheat) Scrambled Eggs (egg) Hash Brown Patty (soy) (GF), (Vegan) Bacon (GF) Smoothie Bar (Dairy) Assorted Bakery (may contain – egg wheat, dairy, soy, tree nuts)</p>	<p>Biscuits and Sausage Gravy (wheat, egg, soy, dairy) Scrambled Eggs (egg) Country Fried Steak (dairy, wheat) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>	<p>Hot Cereal Bar (may be present -wheat) Scrambled Eggs w/ Ham (egg) Hash Browns (GF) (Vegan) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>	<p><u>Continental Breakfast</u> Breakfast Sandwich (egg, dairy, wheat, soy) Sausage Patty (GF) Hash Brown Patty (GF) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>	<p><u>Continental Breakfast</u> Breakfast Pizza (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>
<p>San Francisco Turkey Sandwich (dairy, wheat, soy, tree nuts) Asian Beef Bowl w/ Quinoa Stir Fry (Build Your Own) (GF) Vegetarian Asian Bowl w/ Quinoa Stir Fry (Build Your Own) (GF) (Vegan) Assorted Desserts – (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Ham and Bacon Quiche (dairy, egg, wheat, soy) Veggie Quiche (dairy, egg, wheat, soy) Bavarian Ham and Cheddar on a Pretzel Roll (wheat, dairy) Au Gratin Potatoes (wheat, dairy) Chef Vegetables (Vegan) Assorted Desserts – (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Chicken Strips (eggs, soy) Cheesy Potatoes (dairy) Mixed Caesar Salad Chef Vegetables (GF) (Vegan) Assorted Desserts – (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Philly Steak or Chicken w/ Sautéed Onions and Mushrooms on a Hoagie Bun (wheat) Cayenne Chicken Sandwich (egg, dairy, wheat, soy) Steak Fries (soy) Roasted Vegetables (GF) (Vegan) Assorted Desserts- (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>BLT Sandwich (dairy, wheat, soy) Portobello, Lettuce and Tomato Sandwich (dairy, wheat, soy) (Vegan) Pizza Hot Dish (egg, dairy, wheat, soy) Chef Vegetables (GF) (Vegan) Assorted Desserts- (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p><u>Brunch</u> Scrambled Eggs (egg) Tofu Scrambled Eggs (egg, soy) Hash Browns (GF) (Vegan) Sausage Links (GF) Chic'lil on a Biscuit (egg, dairy, wheat, soy) Tator Tot Casserole (egg, dairy, wheat, soy) Chef Vegetables (GF) (Vegan) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>	<p><u>Brunch</u> McTech Sandwich (egg, dairy, wheat, soy) Chicken Sausage Patty (GF) Chicken Tappers (egg, wheat, soy) Breakfast Potatoes (soy) (GF) (Vegan) Crepe Bar w/ Vegan Pancakes (egg, dairy, wheat, tree nuts, wheat, soy, peanuts) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>
<p>Tacos Fish Tacos (egg, dairy, wheat, soy, fish) Waffle Fries (soy) (GF) (Vegan) Cilantro Lime Rice (GF) (Vegan) Vegan Bean Mix (GF) (Vegan) Black Beans (GF) (Vegan) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Swedish Meatballs (eggs, dairy, wheat, soy) Panko Chicken Breast (dairy, wheat, soy) Grilled Chicken Breast Egg Noodles (eggs, wheat) Pesto Sauce Chef Vegetables Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Meat Lasagna (eggs, dairy, wheat) Vegetable Lasagna (eggs, dairy, wheat) Rotisserie Chicken (GF) Redskin Potatoes (milk, soy) (GF) Corn (GF) (Vegan) Garlic Bread (dairy, wheat, soy) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Italian Sausage Sandwich w/ Peppers and Onions (dairy, wheat, soy) Salisbury Steak (wheat, soy) Vegan Italian Sausage (soy, wheat) Mashed Potatoes and Gravy (dairy, wheat) Chef Vegetables (GF) (Vegan) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Pork Chops (GF) Chili Cheese Fries (dairy, soy) Twice Baked Potatoes (dairy) (GF) Peas (GF) (Vegan) Dinner Rolls (dairy, wheat, soy) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Pasta w/ Mascarpone, Mushrooms and Spinach (eggs, dairy, wheat) Teriyaki Chicken Breast (wheat, soy) Teriyaki Tofu (wheat, soy) Grilled Pineapple (GF) (Vegan) Rice (GF) (Vegan) Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Beef Stroganoff over Egg Noodles (wheat, milk, egg) Pesto Sauce (tree nuts, dairy) Breaded Chicken Filet (eggs, dairy, wheat, tree nut) Corn Assorted Desserts - (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>

Every day: Breakfast includes waffle bar, cold cereals, and yogurt bar. Lunch and Dinner Meals include specialty bars, deli bar, pizza, salad bar, grill station
(GF) Gluten Free

***Can be cooked to Order:** Regarding the safety of these items, written information is available upon request.

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition