

Oct 14th – Oct 20th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Scrambled Eggs (eggs) Breakfast Quesadilla (eggs, wheat, soy) Sausage Links (GF) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>	<p>French Toast Sticks (eggs, dairy, wheat, soy) Hash Browns (GF) (Vegan) Bacon (GF) Eggs to Order* (eggs) Breakfast Sandwich (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>	<p>Oatmeal Bar (may be present -wheat) Cheese Quiche (eggs, dairy, wheat, soy) Ham (GF) Fried Potatoes (soy) (GF) (Vegan) Eggs to Order* (eggs) Breakfast Sandwiches (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>	<p>Scrambled Eggs (eggs) Hash Brown Patties (soy) (GF) (Vegan) Sausage Patties (GF) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>	<p>Hot Cereal Bar (may be present -wheat) Pancakes (eggs, milk, wheat, soy) Smoked Sausage (GF) Eggs to Order * (eggs) Breakfast Sandwiches (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>	<p><u>Continental Breakfast</u> Breakfast Sandwich (egg, dairy, wheat, soy) Sausage Patty (GF) Hash Brown Patty (soy) (GF) (Vegan) Assorted Bakery (may contain – egg wheat, dairy, soy, tree nuts)</p>	<p><u>Continental Breakfast</u> Breakfast Pizza (egg, dairy, wheat, soy) Assorted Bakery (may contain – egg, wheat, dairy, soy, tree nuts)</p>
<p>Pork Tacos w/ Chili Roasted Pineapple (GF) Gourmet Nacho (dairy) Black Beans (GF) (Vegan) Sweet Potatoes (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Warm Peppered Turkey Sandwich w/ Pepper Jack Cheese (dairy, wheat, soy) Hawaiian Chicken Sliders (egg, dairy, wheat, soy) Mac and Cheese (egg, dairy, wheat, soy) Chef Vegetables (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Keweenaw Bowl (dairy, wheat, soy) Vegan Keweenaw Bowl (soy) Italian Sausage Peppadew w/ Fettuccini (egg, dairy, wheat) Chef Vegetables (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Chicken Caesar Wrap (egg, dairy, wheat, soy, fish) Reuben (egg, dairy, wheat, soy) Roasted Chickpeas and Veggies (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Tex-Mex Bowl (dairy, wheat, soy) Cheese Quesadillas (dairy, wheat, soy) Cilantro Lime Rice (GF) (Vegan) Mexican Street Corn (dairy)(GF) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p><u>Brunch</u> Scrambled Eggs* (egg) (GF) Hash Browns (soy) (GF) (Vegan) Sausage Links (GF) Biscuits and Gravy (egg, dairy, wheat, soy) Oatmeal Bar w/ Nuts and Fruit (may contain wheat, tree nuts) (Vegan) French Dip Sandwich (fish, dairy, wheat, soy) Assorted Bakery (may contain – egg wheat, dairy, soy, tree nuts)</p>	<p><u>Brunch</u> McTech* Sandwich (wheat, soy, egg, milk) Canadian Bacon (GF) Honey Citrus Pepper Grilled Chicken Wrap (wheat, soy) Appetizer Bar Assorted Bakery (may contain – egg wheat, dairy, soy, tree nuts)</p>
<p>Smothered Gouda & Bacon Chicken (dairy) (GF) Beef Sirloin Tips (dairy, wheat, soy, fish) Egg Noodles (egg, wheat) Portobella Rice Pilaf (GF) Corn (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Chicken Parmesan (eggs, dairy, wheat, soy) Mixed Sausage Grill (GF) Eggplant Parmesan (dairy, wheat, soy) Mostaccioli and Marinara Sauce (egg, wheat) Garlic Bread (dairy, wheat, soy) Chef Vegetables (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Carved Ham (GF) Baked Cod (fish) Spicy Sweet Potato Au Gratin (dairy) Green Beans Almondine (tree nuts) (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Mediterranean Beef Pita (dairy, wheat) Orange Chicken (egg, wheat, soy) Orange Glazed Tofu (soy) (GF) (Vegan) Rice (GF) (Vegan) Chef Vegetables (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Big Boss Chicken (dairy, wheat) Black Bean Burger (wheat, soy) (Vegan) Baked Seasonal Fish (fish) Steak Fries (soy) (GF) (Vegan) Veggie Dumpling (wheat, soy) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Chicken Slovakia Pita (dairy,wheat) Ravioli Bar (eggs, dairy, wheat, soy) Mushroom Parmesan (dairy) (GF) Rice (GF) (Vegan) Butter Chicken (dairy) Chef Vegetables (GF) (Vegan) Assorted Desserts (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>	<p>Turkey Mashed Potatoes (dairy) Gravy (dairy, soy, wheat) Stuffing (dairy, wheat, soy) Garlic and Herb Pasta (wheat) Corn (GF) (Vegan) Vollwerth's Bar Assorted Dessert (may contain eggs, dairy, wheat, soy, tree nuts, peanuts)</p>

Every day: Breakfast includes waffle bar, cold cereals, and yogurt bar. Lunch and Dinner Meals include specialty bars, deli bar, pizza, salad bar, grill station

(GF) Gluten Free

***Can be cooked to Order: Regarding the safety of these items, written information is available upon request.**

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition