

McNair Hall Dining Menu

January 23rd – January 29th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	<u>Continental Breakfast</u>	<u>Continental Breakfast</u>	<u>Continental Breakfast</u>	<u>Continental Breakfast</u>	<u>Continental Breakfast</u>	Closed
Closed	Pork Tacos w/Chili Roasted Pineapple Frito Pie (dairy) Vegan Quinoa Ancient Grain & Kale Rice Chef Vegetables Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Warm Peppered Turkey Sandwich (dairy, wheat, soy) Chicken Cayenne Kicker Sandwich (egg, dairy, wheat soy) Mac & Cheese (egg, dairy, wheat) Vegan -Avocado chickpeas smashed sandwich (wheat) Chef Vegetables Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Keweenaw Bowl (dairy, wheat, soy) Vegan K Bowl (soy) Italian Peppadew w/Fettuccini (egg, dairy, wheat) Chef Vegetables Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Chicken Caesar Wrap (egg, dairy, wheat) Reuben (dairy, wheat) Vegan Roasted Chickpeas and Veggies Fresh Chips (soy) Chef Vegetables Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Cheese Quesadillas (dairy, wheat) Tex Mex Bowl (dairy) Vegan Red Lentil Curry (tree nuts) Rice Mexican Street Corn Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Closed
Closed	Smothered Gouda & Bacon Chicken (dairy, wheat) Beef Sirloin Tips Vegan -Portobello Rice Pilaf Twice Baked Potatoes (dairy) Egg Noodles (egg, wheat, soy) Chef Vegetables Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Chicken Parmesan (egg, dairy, wheat, soy) Mix Sausage Grill Vegan Chicken Parm (soy) Mostaccioli Pasta w/ Marinara Sauce (egg, wheat, soy) Garlic Bread Chef Vegetables Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Carved Ham Baked Cod (fish, wheat) Vegan Spicy Sweet Potato Au Gratin (tree nuts) Chef Vegetables Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Mongolian Beef (soy) Orange Chicken (egg, dairy, wheat, soy) Vegan Orange Glazed Tofu (soy) Rice Chef Vegetables Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Big Boss Chicken (dairy, wheat) Seasonal Baked Fish (fish) Vegan Burger Sandwich Steak Fries (soy) Chef Vegetables Assorted Desserts (may contain – egg wheat, dairy, soy, tree nuts)	Closed

Every day: Breakfast includes waffle bar, cold cereals, and yogurt bar. Lunch and Dinner Meals include specialty bars, deli bar, pizza, salad bar, grill station

(GF) Gluten Free

***Can be cooked to Order: Regarding the safety of these items, written information is available upon request.**

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition