



**Michigan  
Technological  
University**

**2014 – 2016**

**Biennial Review of**

**Alcohol & Other**

**Drug Programs**

**And Policies**

## Table of Contents

Executive Summary	4
Purpose	5
Alcohol and Other Drug Policy, Procedures and Programs	6
1. Michigan Tech's AOD Policy	
2. Description of Prevention Programming	
3. Tools for Determining Effectiveness of AOD Prevention Programs	
4. Outcomes	
Achievement of AOD Goals	15
1. Alcohol Free Options	
2. Normative Environment	
3. Alcohol Availability	
4. Alcohol Marketing and Promotion	
5. Policy Development and Enforcement	
6. Strengths and Challenges of AOD Prevention and Wellness Goals	
7. Recommendations	
President's Certification	22
<i>Appendix A</i> President's Council on Health, Wellness, and Mindfulness Representatives	
<i>Appendix B</i> Michigan Tech Alcohol and Other Drug Policy and Student Notification	
<i>Appendix C</i> Wellness Programming	
<i>Appendix D</i> Peer Health Advocate Position Description	
<i>Appendix E</i> Orientation Handbook and Master Student Athlete Syllabus	
<i>Appendix F</i> Core Survey Executive Summary	

*Appendix G*

Michigan Tech and National Core Survey Data, 2001-2012

*Appendix H*

Campus Clarity Executive Summaries

*Appendix I*

Student Conduct AOD Sanctioning Protocols

*Appendix J*

NCAA CHOICES Grant

*Appendix K*

7 Dimensions of Wellness Model and Programming

*Appendix L*

Wellness Program Collaborators



## Executive Summary

The Drug-Free Schools and Campuses Regulations require institutions of higher education to review their Alcohol and Other Drug (AOD) programs and policies every two years. This report explores the issues that arose out of Michigan Technological University's biennial review of its AOD programs and policies from September 1, 2014, through August 31, 2016.

During the review period, the President's Council on Health, Wellness, and Mindfulness (President's Council) was charged with conducting the biennial review. The committee reviewed the prevention programs offered, Campus Clarity results, and the annual distribution of the AOD policy. In April of 2016 the President's Council reviewed and received the NCAA CHOICES Grant, implemented using the IMPACT Evaluation Resource, and surveyed the student-athletes using the NCAA Alcohol Survey. The council also evaluated whether the Office of Academic and Community Conduct handled alcohol and other drug cases consistently.

The goals for the next review period are as follows:

Continue to explore ways to use the Peer Health Advocates and other student leaders in developing and delivering AOD and related programming.

Identify gaps in wellness programming and identify areas of improvement within the University with regards to AOD programming.

Enhance the current comprehensive AOD program(s) by taking a more preventative approach to education and awareness, while keeping current on new trends, information, and research.

Include Undergraduate Student Government and Graduate Student Government members in the President's Council meetings to get buy-in from student government on AOD goals and programs.

Provide the campus community the tools to create balance in work and life by incorporating a more mindful language into existing programs and throughout the campus culture.



## Michigan Technological University's Biennial Review of Alcohol and Other Drug Programs and Policies

The Drug-Free Schools and Campuses Regulations require Institutions of Higher Education to review their Alcohol and Other Drug (AOD) programs and policies every two years. This report describes Michigan Tech's biennial review of its AOD programs and policies from September 1, 2014 through August 31, 2016.

The review has three objectives: to determine the effectiveness of the AOD program, to implement any needed changes to the AOD program, and to ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently. The report includes:

### Alcohol and Other Drug Policy, Procedure and Programs

1. Michigan Tech's AOD Policy
2. Description of Prevention Programming
3. Tools for Determining Effectiveness of AOD Prevention Programs
4. Outcomes

### Achievement of AOD Goals

1. Alcohol Free Options
2. Normative Environment
3. Alcohol Availability
4. Alcohol Marketing and Promotion
5. Policy Development and Enforcement
6. Strengths and Weaknesses of AOD Prevention and Wellness Goals
7. Recommendations/Goals

### President's Certification

Copies of this report are available in the President's Office, the Provost's Office, and the Dean of Students Office.



## Alcohol and Other Drug Policies, Procedures and Programs

### 1. Michigan Tech's AOD policy

In April 1998, the Vice Provost and Dean for Student Affairs established a campus Substance Abuse Advisory Committee. Three goals were established for the Committee:

- Conduct the biennial review of Michigan Tech's AOD policy to assure compliance with the provisions of the Drug Free Schools and Communities Act (DFSCA).
- Conduct the Core survey to assess the behaviors and attitudes of Michigan Tech students concerning drug and alcohol use.
- Recommend policies and/or strategies to address any negative effects of drug and alcohol use on the Michigan Tech campus.

In April 2000, the President upgraded the Substance Abuse Advisory Committee to the President's Commission on Substance Abuse Prevention (PCSAP.) The new commission established a mission and goals. In 2008, PCSAP was reorganized into the President's Commission on Wellness. This was intended to emphasize a holistic approach to substance abuse prevention.

In 2015 the name was changed to the President's Council on Health, Wellness, and Mindfulness (President's Council). **The President's Council is charged with**

- Providing oversight and coordination for education and events for students that promote and embrace a wellness lifestyle;
- Insuring that a comprehensive prevention program is provided for students that addresses high risk behaviors as a result of alcohol and other drug use; and
- Submitting and reviewing information on required alcohol and other drug compliance issues.
- Provide the campus community the tools to create balance in work and life by incorporating a more mindful language into existing programs and throughout the campus culture.

President's Council includes representatives from across campus and the local medical community, and is chaired by the Manager of Student Health and Wellness. A list of the representatives is found in Appendix A.



The Wellness Office and the President's Council maintain comprehensive websites with programming and other information useful to the campus community. See [the Wellness Website](#) and [the President's Council on Health, Wellness, and Mindfulness](#).

One of the duties of the President's Council is to develop and review Michigan Tech's AOD policy to ensure compliance with the DFSCR. The policy was comprehensively reviewed in Summer 2015 and the updated policy was adopted on June 4, 2015. A copy of the policy and student/parent notification is found in Appendix B.

Michigan Tech's AOD policy includes the information required under the following minimum criteria:

- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol on school property or as part of any school activities.
- A description of the applicable legal sanctions under local, state or federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students.
- A clear statement that Michigan Tech will impose sanctions on students and employees for violations of the standards of conduct (consistent with local, state and federal law) and a description of those sanctions, up to and including, expulsion or termination of employment and referral for prosecution.

In compliance with federal regulations, the AOD policy is distributed to all students, faculty and staff using the Michigan Tech email system. The policy is also posted on [the Academic and Community Conduct website](http://www.mtu.edu/conduct/) (<http://www.mtu.edu/conduct/>), and on the [Student Disclosure page](http://www.mtu.edu/student-affairs/interests/student-disclosure/) (<http://www.mtu.edu/student-affairs/interests/student-disclosure/>).

## **2. Description of Prevention Programming**

During this review period a wide range of prevention programs were delivered to students.



*Campus Wellness.* Michigan Tech's alcohol and other drug prevention program is closely tied to overall wellness initiatives. A summary of programs and attendance is found in Appendix C. The following is a snapshot of substance safety and related wellness programming offered at Michigan Tech during the review period:

- New Mindfulness programming including Dog Therapy, Unplug!, and Meditation Workshops
- Body Positivity Empowerment Week
- The Week of Wellness and Health Fair
- The Biggest Mover-online wellness challenge
- The Bigfoot Snowshoe Event (late night hike) " an alcohol-free wellness experience
- Golf Etiquette 101 where students learned the basics skills about golf
- Nicole Bromley, author of *Hushed*, spoke at Michigan Tech on moving from silence to healing after Childhood Sexual Abuse
- 
- Boating Safety Course with the U.S. Coast Guard
- The Student Health 101 Facebook page and magazine:  
<https://www.facebook.com/MichiganTechStudentHealth101>

Recognizing that students often are more willing to learn about AOD issues from fellow students, the Wellness Office created a student position for a Peer Health Advocate, whose duties are to assist the Manager of Student Health and Wellness with all aspects of the Wellness Program, including development and delivery of Late Night Alcohol Free education and events. The Peer Health Advocate position description is found in Appendix D.

*Student Athletes.* The Athletics Department sponsored the following programs during the review period:

- All student-athletes signed the Student-Athlete Code of Conduct annually as part of an education session to discuss drugs, alcohol and other inappropriate and unacceptable behaviors
- The Master Student-Athlete Course was required for freshmen student-athletes.



- Rhys Edwards, Coordinator of Academic and Community Conduct, spoke on Sexual Assault Awareness to the freshmen student-athletes in the Master Student-Athlete Course.
- Rhys Edwards spoke to all student-athletes on Bystander Intervention related to Sexual Assault Awareness.
- Whitney Boroski, Manager of Student Health and Wellness, spoke to the Master Student-Athlete Class about the NCAA CHOICES Grant along with a brainstorming session on how to incorporate meaningful messaging across campus.
- For both Fall 2015 and Fall 2016, Sex Signals a program on sexual assault prevention was brought to Michigan Tech, with an additional showings to accommodate student-athletes.
- An NCAA CHOICES grant was awarded to Michigan Tech in April 2016 which focuses on empowering students, starting with student-athletes, to make CHOICES that legal, healthy, appropriate, and safe regarding alcohol.
- In 2014-15, 55 student-athletes were drug tested by Michigan Tech Athletics Certified Athletic Trainers; 23 were tested by the NCAA. There were no positive tests.
- In 2015-16, 49 student-athletes were drug tested by the Michigan Tech Athletics Certified Athletic Trainers; 22 were tested by the NCAA. There were no positive tests.

*Undergraduate Orientation.* During the review period, all incoming first year students and transfer students with fewer than 30 credits were required to complete Campus Clarity before coming to campus. Campus Clarity is an innovative, engaging, and informative online course, created by students, for students. In the course, students examine the interconnected issues of hooking up, substance abuse, sexual violence, and healthy relationships through a variety of interactive, realistic scenarios and guided self-reflection. The course promotes a healthier and safer campus environment for everyone. During orientation, students attended programming on wellness and substance safety issues such as “Community Responsibility” and a mandatory “Sex and Relationship Program” on sexual assault and related issues. Students also had the opportunity to participate in numerous healthy, alcohol-free options through multiple departments during the week of orientation and the week after. For a full list of Orientation activities, the Orientation Handbook is found in Appendix E.

*Housing and Residence Life.* Alcohol-free housing is offered in all three of the Michigan Tech residence halls. This option is open to residents that have chosen to live an



alcohol-free lifestyle. The use and/or possession of alcohol and/or alcohol related items are not permitted by the residents or their guests. The residence halls are completely smoke free.

### **3. Tools for Determining Effectiveness of AOD Prevention Programs**

#### **A. Core Survey**

The Core Alcohol and Drug Survey is a nationally-administered survey that collects data on students' self-reported behaviors and perceptions related to use of alcohol and illegal drugs, as well as their involvement and perceptions of campus life. Michigan Tech has participated in the Core Survey since 2001. The university most recently administered the long-form online Core Survey in April 2014. The Core Survey executive summary is found in Appendix F. Michigan Tech and national Core Survey data from 2001 to 2012 is found in Appendix G.

#### **B. Campus Clarity Data**

Campus Clarity Think About It is an online prevention program administered through the Lawroom Company. The company provides data based on the information supplied by the Michigan Tech students who complete the online education programming. The Campus Clarity Library consists of the Think About It Courses (3 parts), Graduate Students, and Sanction Courses (Alcohol, Drugs, Sexual Assault)

Starting in Fall 2014, Michigan Tech adopted the Campus Clarity program as an alternative to Alcohol Edu. Campus Clarity is an innovative, engaging, and informative online course, created by students, for students. In the course students examine the interconnected issues of hooking up, substance abuse, sexual violence, and healthy relationships through a variety of interactive, realistic scenarios and guided self-reflection. The course promotes a healthier and safer campus environment for everyone.

- In Fall 2014, 1292 first year students completed the Campus Clarity Think About it course.
- In Fall 2015, 1352 first year students completed the Campus Clarity Think About It course.

This information has been used to help tailor and target Michigan Tech's prevention programming. Michigan Tech used this education program during the review period for pre-orientation alcohol and other drug education, as well as for education following a disciplinary sanction. The executive summaries from the Campus Clarity courses are found in Appendix H.

#### **C. Student Conduct Database**



The Office of Academic and Community Conduct maintains a database that includes information concerning AOD disciplinary incidents (as well as all other reported disciplinary incidents). The quality of the data is ensured by limiting the number of staff who can enter data to two trained individuals. This data is also used for the Annual Security & Fire Safety Report.

#### 4. Outcomes

##### A. Core Survey Data

Michigan Tech administered the Core Survey during this review period in April 2014. Table 1 below shows Michigan Tech Core Survey results in 2012 and 2014, compared to aggregated national Core survey data drawn from more than 168,000 students in 338 institutions of higher education.

**Table 1: 2014 Michigan Tech Core Survey Findings on Alcohol Use & National Average (2012 Data in Parenthesis)**

Alcohol by percentage	Used at least once in their life	Used at least once in the past year	Used at least once in the past 30 days	Used 3 times per week or more
National	85 (85)	82 (82)	69 (68)	21 (21)
Michigan Tech	79 (83)	77 (82)	67 (73)	20 (28)

Michigan Tech's data on alcohol consumption has improved since the 2012 Core survey and continues to be less than the national averages.

Table 2 shows Michigan Tech's Core Survey data on marijuana usage compared to the national data described above.

**Table 2: 2014 Michigan Tech Core Survey Findings on Marijuana Use & National Average (2012 Data in Parenthesis).**

Marijuana by percentage	Used at least once in their life	Used at least once in the past year	Used at least once in the past 30 days	Used 3 times per week or more
National	44 (43)	31 (30)	18 (17)	7 (7)
Michigan Tech	33 (38)	22 (29)	9 (14)	4 (8)



Michigan Tech students' reported use of marijuana has dropped in all categories since the 2012 survey.

## **B. Campus Clarity Data**

The Campus Clarity data shows that since 2014 the percentages of students who recognize party smart strategies, apply alcohol intervention strategies, recognize consent, and apply sexual assault intervention strategies has decreased.

Changes between each category from 2014/15-2015/16 data collection period:

- Recognizing Party Smart Strategies decreased by 5.26%
- Applying Alcohol Intervention Strategies decreased by 2.07%
- Recognizing Consent decreased by .58%
- Applying Sexual Assault Intervention Strategies decreased by 2.56%

Drinking and drug related behaviors have stayed consistent during the review period, including:

- How often alcohol is used
- How often drugs are used recreationally
- Pre-gaming (last 30 days)
- Blacking out (last 30 days)
- How many drinks had when you drank the most at one occasion (last 30 days)
- How many drinks you typically drink in one evening (last 30 days)
- How many days you drank alcohol in the last month

Throughout each category above, Michigan Tech students used alcohol and drugs less, partook in pre gaming events/activities less often, blacked out fewer times in the last 30 days, and consumed fewer drinks per occasion/evening than the national average.

Also, drinking rates are similar for men and women. Women are drinking at the same risk level as frequently as men. Michigan Tech's data on all of these behaviors is at or below the national average of Campus Clarity data.

## **C. Consistency of Enforcement of Disciplinary Sanctions**

The Drug Free School Act requires schools to report how consistently they enforce their student AOD policy. Michigan Tech's Code of Student Conduct permits Michigan Tech staff to confront both on- and off- campus incidents.

During the review period, Public Safety and Police Services responded to 106 on-campus alcohol or drug incidents. The remaining reported incidents occurred off campus.

During the review period all incidents were handled by the Office of Academic and Community Conduct. Sanctioning protocols for AOD cases have been established to help promote consistency in how hearing officers/conduct boards sanction students



found responsible for policy violations. The sanctioning protocols are found in Appendix I.

The table below indicates whether a hearing officer or conduct board imposed the minimum sanction of:

- Written warning for students over 21 in violation of open container and alcohol permit rules in the residence halls (if not under the influence)
- Conduct probation for at least six months, the recommended sanction for first-offense marijuana possession and most first-offense alcohol violations
- Conduct probation for at least 6 months for possession of illegal drugs other than marijuana
- Additional conduct probation for a cumulative maximum of 18 months along with required counseling and a reflection paper for second alcohol offenses.
- Suspension for alcohol or drug offenses which are chronic or particularly detrimental to the health or safety of the respondent or the University community, including selling illegal drugs.

**Table 3: Total Reported AOD Incidents September 1, 2014 – August 31, 2016**

Type of Incident Reported	Number of Incident Reports	Sanctioning Guidelines Followed
Narcotics/Dangerous Drugs	11	All Cases
Alcohol	137	All but 1 case

Source: Student Conduct Database

The “number of reported incidents” includes situations where students were found “not responsible.” Students found responsible for first offense alcohol violations were assigned Campus Clarity Alcohol for Sanctions Course. Students responsible for first offense marijuana violations were assigned Campus Clarity Drugs for Sanctions Course. Both are online education programs. Second and more serious offenses are referred to Counseling Services, and in some cases to outpatient treatment programs.

The high rate of compliance with sanctioning procedures is attributable to the fact that hearing officers and conduct boards use form letter templates for their decision letters and also refer to the AOD sanctioning protocols. The templates include the sanction information, so mistakes are less likely to occur.



The one alcohol case in Table 3 that resulted in a sanction different than the protocols was referred to a "medical emergency" and the medical emergency clause was invoked.  
Statement of Intent Regarding Medical Emergency:

*The welfare of students in the University community is of paramount importance. At times, students and other individuals may need medical assistance. The University encourages students to offer assistance to others in need, and also for students to seek assistance for themselves. Sometimes students may be hesitant to seek or offer assistance due to concerns that their conduct violates University rules, or that a student in a medical emergency will be charged with a rule violation.*

*The University intends to exercise considerable discretion to avoid the finding of responsibility under the Student Code of Community Conduct in medical emergencies as defined in this policy for a student providing assistance, as well as for a student receiving assistance in cases of a medical emergency. Educational conditions may be imposed rather than conduct sanctions if appropriate based on the professional judgment of the Dean of Students or designee.*

*A "medical emergency" is defined as any situation where an individual's physical and/or psychological health is at serious risk and immediate action must be taken to protect the individual or others.*

*This statement of intent applies only to administrative enforcement of the Student Code of Community Conduct and does not provide immunity/amnesty from arrest or criminal prosecution. This statement can be viewed on the website of The Office Of Academic and Community Conduct under procedures and guidelines (<http://www.mtu.edu/conduct/procedures/processes/>).*



## Achievement of AOD Goals in the Five Areas of Environmental Interventions

There are several success stories related to the University's approach to AOD policies and programs, as well as challenges to be addressed. We highlight the following examples.<sup>1</sup>

### 1. Alcohol Free Options

Major socializing by college-age students takes place late at night. If the university does not offer social programming on-campus to suit students' preferred schedules, students will find their entertainment off campus, which can lead to substance abuse.

The use of Core Survey and Campus Clarity data has helped identify the areas in which our students need the most support (i.e. alcohol alternative events, or late night activities between the hours of 10pm and 2am). During this review period and going forward, Student Activities sponsored late night activities that were drug and alcohol free. (Found at <http://www.mtu.edu/student-activities/traditions/late-night/>.)

There are also many attractive alcohol-free settings on campus for students to congregate and socialize. The Wadsworth Hall (Wads) Annex is available 24 hours per day for Wads residents and their guests. This includes a game room, sauna, and weight room. The Campus Café in Wads Annex is open every day until 1:00 a.m. during the term. The upper and lower lodge levels in the Hillside Place apartment building provide residents with comfortable spaces to meet with friends, each with a gas burning fire place. The upper level provides a community kitchen and a large seating area. The lower level is equipped with a pool table and foosball table. Residents may access the outdoor patio area, complete with a wood burning fireplace, from the lower lodge level.

The University Van Pelt and Opie Library is open 24 hours. Non-alcoholic beverages and snacks are permitted, so students have another attractive venue to study and congregate.

Michigan Tech's Outdoor Adventure Program (OAP) is another alcohol-free option. The purpose of the OAP is to encourage Michigan Tech students to engage in outdoor, active and healthy activities. The OAP connects students to the outdoors through guided trips, leadership training, information sessions, and equipment rental and by working closely with student organizations to help advertise and run events, all of which are alcohol free. <http://www.mtu.edu/student-activities/oap-wellness/>

During the review period, the Student Activities Office sponsored numerous alcohol-free campus volunteering programs, including Make a Difference Day and and Alternative Spring Break service trips. See

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<sup>1</sup> The Higher Education Center's Supplemental Checklist was used as an outline for this section.



<http://www.mtu.edu/student-activities/community-service/> and <https://www.facebook.com/mtustudents>.

Finally, many of the “Tech Traditions” on campus are alcohol free or promote alcohol-free events. Welcome Week, K-Day (Student Organization Fair), Winter Carnival and Homecoming are examples of large scale events with social activities, food and alcohol-free entertainment.

As these activities continue, students will always have alternatives to excessive drinking and they can find healthy and fun ways in which to meet and interact with others academically and socially.

## **2. Normative Environment**

Michigan Tech continues to maintain a social, academic and residential environment that supports health-promoting norms.

During the review period 2014-16, Michigan Tech received an NCAA CHOICES grant (April 2016) that will educate the campus and community on CHOICES that are legal, healthy, safe, and appropriate regarding drinking. This grant is made available through Anheuser-Busch and the National Collegiate Athletic Association (NCAA) and is a three year grant for \$30,000.00 total. The grant proposal focuses on the student-athlete population and the rest of the student population, and the surrounding community.

The proposal was created with student input and has student-driven initiatives that will encourage Michigan Tech students to make better choices and become better role models. The goal of the grant is to educate and promote acceptable and safe behaviors to the student body and the rest of our community, so that that legal, healthy, appropriate, and safe choices become the socially accepted norm. The hashtag that will be used for this campaign is #MTUstepsUP. The hashtag was created by students and represents the university (MTU) and that we are stepping up to create change at our school and in our community. The “UP” also represents the Upper Peninsula of Michigan which is where Michigan Technological University is located.

The Student Athletic Advisory Council (SAAC) at Michigan Tech will be an instrumental group within this grant, as the student voice and influence throughout the three year grant period. SAAC is made up of two athletes from each of the 14 represented teams at Michigan Tech, who are appointment by coaches and other leaders on each team. The President’s Council on Health, Wellness, and Mindfulness (PCHWM) will be also be utilized to make sure that messages and events from the campaign are carried through to the staff and faculty, promoting consistent events and education. Both SACC and PCHWM will align their goals so that during the three year grant period the NCAA CHOICES grant will have priority when discussing alcohol and other drugs prevention and education. Information on the NCAA CHOICES grant can be found in Appendix J.



As noted in the above sections, the Campus Clarity data indicates that Michigan Tech students need more education on recognizing party smart strategies, applying alcohol intervention strategies, recognizing consent, and applying sexual assault intervention strategies. As a result, Student Activities undertakes a comprehensive education program through Greek Life to help foster an accountable community. During the review period this education program included the following:

- Fall 2014 - Student Wellness conducted presentations on recognizing party smart strategies to multiple greek houses (mandatory for members)
- Fall both Fall 2015 and Fall 2016 -Student Activities hosted a Greek Life Retreat for all executive board members of all fraternities/sororities. One of the components was on hazing, risk management, and FIPG Policies/Procedures.
- For both Fall 2015 and Fall 2016, Sex Signals, a program on sexual assault prevention was brought to Michigan Tech, with an additional showings to accommodate Greek Life.
- Each semester since 2012, there is a Greek New Member Orientation, which features a risk management component where safe party planning and alcohol and drugs are discussed.

The Student Wellness program underwent a review of its strategic plan the summer of 2016. The newly developed vision is to refine the mission and programming of Student Wellness at Michigan Tech to deliver effective, relevant, and timely wellness education to our students with the end goal of creating a prevention conscious culture at Michigan Tech. With this new vision Student Wellness is concentrating on evidence informed practices and continuing professional development and service opportunities on campus.

The 7 Dimensions of Wellness model continues to be communicated across campus during this review period and is used as a guide for overall Student Wellness programming`. Each month during the term, Student Wellness and other departments use the model to highlight the dimensions of wellness to promote overall balance across different populations on campus. The 7 Dimensions model and examples of programming are found in Appendix K.

Another normative initiative implemented across campus is the Michigan Tech Values Statement, found at <http://www.mtu.edu/student-affairs/administration/values/>. The Values Statement was a student-driven project designed to inspire the student community in all aspects of a student's life at Michigan Tech through the values of **community, scholarship, possibilities, accountability, and tenacity**. The Values Statement is reinforced through inspiring posters found in prominent positions throughout the Michigan Tech campus. Academic and Community Conduct staff utilize



the Values Statement for educational discussions during student conduct hearings and restorative justice conferences involving alcohol and other drug violations. During orientation, first year students meet in teams with peer Orientation Team Leaders to discuss how to live by the Michigan Tech Values Statement. Since substance usage is a personal decision, the Values Statement is intended to provide a reference<sup>2</sup> point for students in their decision-making about consuming alcohol and other drugs.

### 3. Alcohol Availability

Michigan Tech's AOD policy prohibits consumption of alcohol in public places and limits the size of beverage containers. Kegs are not permitted on campus (without a valid liquor license) and are not permitted at off-campus parties hosted by registered student organizations. Alcohol is not permitted at student organization recruitment functions or at "pre or post" parties regardless of whether they are official functions.

Michigan Tech continues its efforts to promote a safe and healthy environment during university traditions. The most high-profile tradition is the annual Winter Carnival. Historically, consumption of alcohol was a big part of Carnival for some students and visitors. In 2013 (to present) the **Winter Carnival Safety Task Force** was created and brought together representatives from the following areas. A primary goal of this group was to discuss ways to prevent alcohol abuse during Winter Carnival and make sure all students and others had a safe and enjoyable experience.

- Student Activities
- Blue Key National Honor Society
- Public Safety and Police Services
- Housing & Residential Life
- Office of Academic and Community Conduct
- Dial Help
- Memorial Union Building Staff
- Undergraduate Student Government
- Student Wellness
- MUB Board
- Michigan Tech Emergency Medical Services
- Dean of Students office
- Sound and Lightening (Student Organization)

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<sup>2</sup> Here is a simple example of how students can use the Values Statement in decision-making. A student can ask him/herself "Does partying until I am wasted help or hurt the community? Does it support or detract from my accountability? Does it improve or hinder my scholarship? Could it damage my future possibilities? Do I have the tenacity to avoid excessive/illegal drinking and thereby inspire others to follow my example?"



- Facilities Management

Public Safety and Police Services increased their staffing for the evening, also partnering with local law enforcement agencies such as the City of Houghton Police, Houghton County Sheriff's Department, and Michigan Department of Corrections-Baraga Correctional Facility (AMF) . Officers were spread throughout campus, and also were patrolling the busier areas near campus, such as College Avenue and central campus. Any students found with open alcoholic containers were made to pour it out and the situation was documented. In addition, extra staff from other areas was present, such as Housing & Residential Life, the Memorial Union Building, and Student Activities. Student Activities Staff, specifically the Wellness Coordinator and Peer Wellness Advocates, handed out hand warmers with signs and symptoms for staying safe and recognizing alcohol poisoning and frostbite. Dial Help staff and Michigan Tech EMS were also on campus checking on students and making sure everyone was safe. A training for all staff involved in the safety and security of campus during the week of Winter Carnival was held and key points and exercises were enforced during the training.

#### **4. Alcohol Marketing and Promotion**

Michigan Tech's AOD policy prohibits alcohol to be advertised at official University events or in official University publications. Editorial boards must follow alcohol advertisement policies that insure compliance with state and federal law. Vendors of alcohol are not permitted to conduct events, contests, etc., which promote the sale or consumption of alcoholic beverages. Bulletin boards in the residence halls may not advertise or imply the use of alcohol or illegal substances.

#### **5. Policy Development and Enforcement**

For many years, staff in Student Affairs, Counseling Services, Housing and Residential Life, and Public Safety have worked cooperatively in situations where a student has an alcohol or drug incident. A student with an alcohol/drug incident generally has his/her first contact with a Resident Assistant or a Public Safety officer (or sometimes off-campus law enforcement authorities). A conduct hearing promptly follows this with either an administrator or the university Student Conduct Board. The student is then sanctioned under the AOD sanctioning protocols. During the review period, this generally required alcohol (or drug) education on a first offense and a more in-depth assessment on a second offense. Depending on the severity and danger of the inappropriate conduct, the student could be required to obtain off-campus comprehensive substance abuse evaluations and maintain follow-up contact with Academic and Community Conduct and/or Counseling Services to confirm that the student is following through on requirements.



Michigan Tech's policy also requires parental notification on second offenses for students under the age of 21, in order to advise the parents of potentially dangerous behavior and to enlist the parent's support in reinforcing our AOD policy. In particularly severe cases, parents may be notified on the first offense.

Students are also required to inform the Financial Aid Office if they are convicted of a drug offense while receiving financial aid.

As a result of following consistent sanctioning protocols, as well as emphasizing safety issues and making appropriate choices, community standards are maintained and students understand that administrative staff is here to help students get assistance and make better and healthier choices in the future.

## **6. Strengths and Challenges of AOD Prevention and Wellness Goals**

One challenge is to continue to work with the university community to improve and enhance safe drinking strategies and education across campus. Although alcohol use is never emphasized or encouraged in university traditions such as Winter Carnival, Homecoming and Spring Fling, alcohol use does take place during some of these traditions. Continuing to provide alcohol free options during these traditions, as well as educational information prior to and during the traditions will be an ongoing effort.

Budgetary issues are always a challenge in higher education. As always, the challenge is to be efficient and intentional when targeting institutional resources. As a result:

- Wellness has increased programming from 22 events in 2012-2013 to 64 events in 2013-14 to 236 events in 2015-16, reaching different groups of students with diverse program offerings. In 2012-2013, Wellness educated about 2100 students; in 2013-2014, Wellness educated about 4500 students; in 2014-16, Wellness educated about 27462 students. (See Appendix C)
- Wellness collaborates with other university departments and student organizations. These collaborations have not only made more events possible, but have also fueled other programming and annual programming efforts. (See Appendix L)
- Michigan Tech launched a new comprehensive Alcohol and Other Drug and Bystander Intervention program, Campus Clarity, in August 2014. With this new program, the university will continue to equip students with research-based tools for staying safe during their time at Michigan Tech and after graduation. (See Appendix H and C)
- During the summer of 2016, Student Health and Wellness conducted an internal review of programming and procedures following the guidelines and Standards of Practice set forth by the American College Health Association



(ACHA). This review identified strengths within Wellness as well as areas in which to focus in the upcoming biennium.

Another strength is the consistency of the disciplinary process for alcohol and other drug violations, as well as ongoing evaluation of alternative approaches such as the use of restorative justice principles.

## **7. Recommendations/Goals**

The following recommendations for ongoing goals are made for the upcoming review period:

- Update Alcohol and Other Drug Program and elements
  - Make sure alcohol-free options are available for student entertainment
  - Encourage health promotion through social, academic, and residential environments
  - Any areas where the availability of alcohol needs to be looked at?
  - Is the marketing and promotion of alcohol (on and off campus) sending an inconsistent message to our students?
  - Are the AOD policies consistently enforced on and off campus?
- Get more information on our student population pertaining to prescription drug use
- Have an undergraduate and graduate student attend President's Council on Health, wellness, and Mindfulness meetings
- Incorporate the Mindfulness @ Michigan Tech Committee as a subcommittee of the President's Council on Health and Wellness
  - Target Stress
  - Intentional use of technology
  - Connecting with yourself, Connecting with others



Respectfully Submitted by:

By Whitney M. Boroski

Whitney Boroski  
Manager of Student Health and Wellness and  
Chair, President's Council on Health, Wellness, and Mindfulness

Date: 12/14/16

**PRESIDENT'S CERTIFICATION**

I have reviewed the foregoing 2014-2016 Biennial Review.

By Glenn D. Mroz  
Glenn D. Mroz, President  
Michigan Technological University

Date: 12/13/16