

***MichiganTech***

**2012 – 2014**

**Biennial Review of  
Alcohol & Other  
Drug Programs  
And Policies**

## Table of Contents

Executive Summary .....	4
Purpose .....	5
Alcohol and Other Drug Policy, Procedures and Programs .....	6
1. Michigan Tech's AOD Policy	
2. Description of Prevention Programming	
3. Tools for Determining Effectiveness of AOD Prevention Programs	
4. Outcomes	
Achievement of AOD Goals.....	13
1. Alcohol Free Options	
2. Normative Environment	
3. Alcohol Availability	
4. Alcohol Marketing and Promotion	
5. Policy Development and Enforcement	
6. Strengths and Challenges of AOD Prevention and Wellness Goals	
7. Recommendations	
President's Certification.....	18

---

*Appendix A*  
President's Council on Health and Wellness Representatives

*Appendix B*  
Michigan Tech Alcohol and Other Drug Policy and Student Notification

*Appendix C*  
Wellness Programming

*Appendix D*  
Peer Health Advocate Position Description

*Appendix E*  
Orientation Handbook

*Appendix F*  
Core Survey Executive Summary

*Appendix G*  
Michigan Tech and National Core Survey Data, 2001-2012

*Appendix H*  
Alcohol Edu Executive Summaries

*Appendix I*  
Student Conduct AOD Sanctioning Protocols

*Appendix J*  
7 Dimensions of Wellness Model

*Appendix K*  
Campus Clarity Program

## Executive Summary

The Drug-Free Schools and Campuses Regulations require institutions of higher education to review their Alcohol and Other Drug (AOD) programs and policies every two years. This report explores the issues that arose out of Michigan Technological University's biennial review of its AOD programs and policies from September 1, 2012, through August 31, 2014.

During the review period, the President's Council on Health and Wellness (President's Council) was charged with conducting the biennial review. The committee reviewed the prevention programs offered, the Core survey and Alcohol Edu results, and the annual distribution of the AOD policy. It also evaluated whether the Office of Academic and Community Conduct handled alcohol and other drug cases consistently.

The goals for the next review period are as follows:

- Continue to explore ways to use the Peer Health Advocate in developing and delivering AOD and related programming.
- Redirect focus on gaps in wellness programming and on what the University needs to improve.
- Lay out a framework that enhances AOD programming by following consistent procedures from prevention through follow up.
- Include USG and GSG members in the President's Council meetings to get buy-in from student government on AOD goals and programs.
- Keep the 7 Dimensions of Wellness Model posted throughout campus.

## Michigan Technological University's Biennial Review of Alcohol and Other Drug Programs and Policies

The Drug-Free Schools and Campuses Regulations require Institutions of Higher Education to review their Alcohol and Other Drug (AOD) programs and policies every two years. This report describes Michigan Tech's biennial review of its AOD programs and policies from September 1, 2012 through August 31, 2014.

The review has three objectives: to determine the effectiveness of the AOD program, to implement any needed changes to the AOD program and to ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently. The report includes:

### Alcohol and Other Drug Policy, Procedure and Programs

1. Michigan Tech's AOD Policy
2. Description of Prevention Programming
3. Tools for Determining Effectiveness of AOD Prevention Programs
4. Outcomes

### Achievement of AOD Goals

1. Alcohol Free Options
2. Normative Environment
3. Alcohol Availability
4. Alcohol Marketing and Promotion
5. Policy Development and Enforcement
6. Strengths and Weaknesses of AOD Prevention and Wellness Goals
7. Recommendations/Goals

### President's Certification

Copies of this report are available in the President's Office, the Provost's Office, the Dean of Students Office and the Wellness Coordinator's Office.

### 1. Michigan Tech's AOD policy

In April 1998, the Vice Provost and Dean for Student Affairs established a campus Substance Abuse Advisory Committee. Three goals were established for the Committee:

- Conduct the biennial review of Michigan Tech's AOD policy to assure compliance with the provisions of the Drug Free Schools and Communities Act (DFSCA).
- Conduct the Core Survey to assess the behaviors and attitudes of Michigan Tech students concerning drug and alcohol use.
- Recommend policies and/or strategies to address any negative effects of drug and alcohol use on the Michigan Tech campus.

In April 2000, the President upgraded the Substance Abuse Advisory Committee to the President's Commission on Substance Abuse Prevention (PCSAP.) The new commission established a mission and goals. In 2008, PCSAP was reorganized into the President's Commission on Wellness. This was intended to emphasize a holistic approach to substance abuse prevention.

In 2012 the name was changed to the President's Council on Health and Wellness (President's Council). The President's Council is charged with

- Providing oversight and coordination for education and events for students that promote and embrace a wellness lifestyle.
- Insuring that a comprehensive prevention program is provided for students which addresses high risk behaviors as a result of alcohol and other drug use.
- Submitting and reviewing information on required alcohol and other drug compliance issues.

President's Council includes representatives from across campus and the local medical community, and is chaired by the Health and Wellness Coordinator. A list of the representatives is found in Appendix A.

The Wellness Office and the President's Council maintain comprehensive websites with programming and other information useful to the campus community. See <http://www.mtu.edu/student-activities/oap-wellness/wellness/> and <http://www.mtu.edu/student-affairs/administration/vp/committees/wellness/> .

One of the duties of the President's Council is to develop and review Michigan Tech's AOD policy to ensure compliance with the DFSCR. The policy was comprehensively

reviewed in Spring 2014 and the updated policy was adopted on August 29, 2014. A copy of the policy and student notification is found in Appendix B.

Michigan Tech's AOD policy includes the information required under the following minimum criteria:

- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol on school property or as part of any school activities.
- A description of the applicable legal sanctions under local, state or federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students.
- A clear statement that Michigan Tech will impose sanctions on students and employees for violations of the standards of conduct (consistent with local, state and federal law) and a description of those sanctions, up to and including, expulsion or termination of employment and referral for prosecution.

In compliance with federal regulations, the AOD policy is distributed to all students, faculty and staff using the Michigan Tech email system. The policy is also posted on the Academic and Community Conduct website, <http://www.mtu.edu/conduct/policies/student-conduct/> and on the "Need to Know" student disclosure page, <http://www.mtu.edu/student-affairs/interests/student-disclosure/>.

## **2. Description of Prevention Programming**

During this review period a wide range of prevention programs were delivered to students.

*Campus Wellness.* Michigan Tech's alcohol and other drug prevention program is closely tied to overall wellness initiatives. A summary of programs and attendance is found in Appendix C. The following is a snapshot of substance safety and related wellness programming offered at Michigan Tech during the review period:

- Sexual Health Awareness Week in the residence halls.
- The Week of Wellness and Health Fair.

- The Outdoor Adventure Program/Wellness Extravaganza.
- The “Late Night Snowshoe Hike”, an alcohol-free wellness experience.
- The Student Health 101 Facebook page and magazine:  
<https://www.facebook.com/MichiganTechStudentHealth101>.

Recognizing that students are often more willing to learn about AOD issues from fellow students, the Wellness Office created a student position for a Peer Health Advocate, whose duties are to assist the Health and Wellness Coordinator with all aspects of the Wellness Program, including development and delivery of Alcohol Free Activities and education. The Peer Health Advocate position description is found in Appendix D.

*Student Athletes.* The Athletics Department sponsored the following programs during the review period:

- All student-athletes signed the Student-Athlete Code of Conduct annually as part of an education session to discuss drugs, alcohol and other inappropriate and unacceptable behaviors.
- The Master Student-Athlete Course was required for freshmen student-athletes.
- My Playbook (a program to prevent alcohol/drug abuse among student athletes) was presented.
- Rhys Edwards, Coordinator of Academic and Community Conduct, spoke on Sexual Assault Awareness to the freshmen student-athletes in the Master Student-Athlete Course.
- Rhys Edwards spoke to all student-athletes on Bystander Intervention related to Sexual Assault Awareness.
- Dr. Jill Hodges, Director, Institutional Equity Office, spoke on Title IX sexual assault issues to the freshmen student-athletes in the Master Student-Athlete Course.
- John Underwood of the American Athletic Association presented on student-athlete leadership training and drug/alcohol prevention in November 2012 to coaches and student-athletes.
- Adam Ritz, a radio/TV personality, spoke to ALL of the student-athletes on Alcohol Awareness in fall 2014.
- In 2012-13, 57 student-athletes were drug tested by the Portage Health Certified Athletic Trainers; 20 were tested by the NCAA. There was one positive test.



- In 2013-14, 49 student-athletes were drug tested by the Portage Health Certified Athletic Trainers; 20 were tested by the NCAA. All tests were negative.

*Undergraduate Orientation.* During the review period, all incoming first year students and transfer students with fewer than 30 credits were required to complete Alcohol Edu before coming to campus. During orientation, students attended programming on wellness and substance safety issues such as “Community Responsibility” and a mandatory “Sex and Relationship Program” on sexual assault and related issues. Students also had the opportunity to participate in numerous healthy, alcohol-free options through the Outdoor Adventure Program, including overnight camping, hiking and canoeing. The Orientation Handbook is found in Appendix E.

*Housing and Residence Life.* Alcohol-free housing is offered in all three of the Michigan Tech residence halls. This option is open to residents that have chosen to live an alcohol-free lifestyle. The use and/or possession of alcohol and/or alcohol related items are not permitted by the residents or their guests. The residence halls are completely smoke free.

### **3. Tools for Determining Effectiveness of AOD Prevention Programs**

#### **A. Core Survey**

The Core Alcohol and Drug Survey is a nationally-administered survey that collects data on students’ self-reported behaviors and perceptions related to use of alcohol and illegal drugs, as well as their involvement and perceptions of campus life. Michigan Tech has participated in the Core Survey since 2001. The university most recently administered the long-form online Core Survey in April 2014. The Core Survey executive summary is found in Appendix F. Michigan Tech and national Core Survey data from 2001 to 2012 are found in Appendix G.

#### **B. Alcohol Edu Data**

Alcohol Edu for College is an online prevention program administered through the EverFi Company. The company provides data based on the information supplied by the Michigan Tech students who complete the online education programming. In Fall 2013, 1,050 first year students completed the Alcohol Edu surveys.

This information has been used to help tailor and target Michigan Tech’s prevention programming. Michigan Tech used this education program during the review period for pre-orientation alcohol and other drug education, as well as for education following a disciplinary sanction. The executive summaries from Alcohol Edu for College are found in Appendix H.

Starting in Fall 2014, Michigan Tech adopted the Campus Clarity *Think About It* program as an alternative to Alcohol Edu.

## C. Student Conduct Database

The Office of Academic and Community Conduct maintains a database that includes information concerning AOD disciplinary incidents (as well as all other reported disciplinary incidents). The quality of the data is ensured by limiting the number of staff who can enter data to a few trained individuals. This data is also used for the annual Campus Security Act report.

## 4. Outcomes

### A. Core Survey Data

Michigan Tech administered the Core Survey during this review period in April 2014. Table 1 shows Michigan Tech Core Survey results in 2012 and 2014, compared to aggregated national Core Survey data drawn from more than 168,000 students in 338 institutions of higher education.

**Table 1: 2014 Michigan Tech Core Survey Findings on Alcohol Use & National Average (2012 Data in Parenthesis)**

Alcohol by percentage	Used at least once in their life	Used at least once in the past year	Used at least once in the past 30 days	Used 3 times per week or more
National	85 (85)	82 (82)	69 (68)	21 (21)
Michigan Tech	79 (83)	77 (82)	67 (73)	20 (28)

Michigan Tech's data on alcohol consumption has improved since the 2012 Core survey and the use rates continue to be less than the national averages.

Table 2 shows Michigan Tech's Core Survey data on marijuana usage compared to the national data described above.

**Table 2: 2014 Michigan Tech Core Survey Findings on Marijuana Use & National Average (2012 Data in Parenthesis).**

Marijuana by percentage	Used at least once in their life	Used at least once in the past year	Used at least once in the past 30 days	Used 3 times per week or more
National	44 (43)	31 (30)	18 (17)	7 (7)
Michigan Tech	33 (38)	22 (29)	9 (14)	4 (8)

Michigan Tech students' reported use of marijuana has dropped in all categories since the 2012 survey.

## **B. Alcohol Edu Data**

The Alcohol Edu data shows that since 2010 the percentages of non-drinkers and moderate drinkers midway through the first semester have increased and the percent of high-risk drinkers has decreased. In 2013, 80% of participants self-reported as nondrinkers compared to 74% in 2010.

Drinking-related risky behaviors also have improved during the review period, with one exception. Rates of “chugging,” “doing shots” and “choosing a drink containing more alcohol” have dropped. However, “pregaming”<sup>1</sup> rates have increased. Also, drinking rates are similar for men and women. Women are drinking in a high risk way as frequently as men. Michigan Tech’s data on all of these behaviors is at or below the national average of Alcohol Edu data.

The most recent data continues to show that most students drink off-campus at private parties or at a sorority or fraternity.

Many students expressed interest in alcohol free activities, such as Movie Nights. An increasing number of students (459 in 2013) reported that one of the alcohol free activities that they were most interested in is the Outdoor Adventure Program, which is an important element of wellness opportunities on campus.

## **C. Consistency of Enforcement of Disciplinary Sanctions**

The Drug Free School Act requires schools to report how consistently they enforce their student AOD policy. Michigan Tech’s Code of Student Conduct permits Michigan Tech staff to confront both on- and off- campus incidents.

During the review period, Public Safety and Police Services responded to 44 on-campus alcohol or drug incidents. The remaining reported incidents occurred off-campus.

Incidents that occurred in the residence halls and University apartments were generally referred to the Residence Life Conduct Board. The more serious incidents, and incidents outside of the residence halls were handled by the Office of Academic and Community Conduct. These cases were heard either by an administrative hearing officer or the university-wide Student Conduct Board. Sanctioning protocols for AOD cases have been established to help promote consistency in how hearing officers/conduct boards sanction students found responsible for policy violations. The sanctioning protocols are found in Appendix I.

Table 3 indicates whether a hearing officer or conduct board imposed the minimum sanction of:

---

<sup>1</sup> “Pregaming” is drinking before attending a party.

- Disciplinary warning for students over 21 in violation of open container and alcohol permit rules in the residence halls (if not under the influence).
- Disciplinary probation for at least six months, the recommended sanction for first-offense marijuana possession and most first-offense alcohol violations.
- Disciplinary probation for at least one year for possession of illegal drugs other than marijuana.
- Additional disciplinary probation for a cumulative maximum of period of 18 months for second alcohol offenses.
- Suspension for alcohol or drug offenses that are chronic or particularly detrimental to the health or safety of the respondent or the University community, including selling illegal drugs.

**Table 3: Total Reported AOD Incidents September 1, 2012 – August 31, 2014**

Type of Incident Reported	Number of Incident Reports	Sanctioning Guidelines Followed
Narcotics/Dangerous Drugs	67	All Cases
Alcohol	193	All but 1 case

Source: Student Conduct Database

The “number of reported incidents” includes situations where students were found “not responsible.” Students found responsible for first offense alcohol violations were assigned “Alcohol Edu for Sanctions.” Students responsible for first offense marijuana violations were assigned “Marijuana 101.” Both are online education programs. Second and more serious offenses were referred to Counseling Services, and in some cases to outpatient treatment programs.

The high rate of compliance with sanctioning procedures is hearing officers and conduct boards use form letter templates for their decision letters and also refer to the AOD sanctioning protocols. The templates include the sanction information, so mistakes are less likely to occur.

The one alcohol case in Table 3 that resulted in a sanction different than the protocols was referred to a “restorative conference.” In some cases, the restorative process will enhance the desired learning outcome better than a traditional student conduct hearing process, in which sanctions are imposed rather than developed and agreed upon by all the impacted parties. In this particular case, the behavior occurred off campus and impacted a member of the surrounding community who supported referring the case to a restorative conference.

There are several success stories related to Michigan Tech's approach to AOD policies and programs, as well as challenges to be addressed. We highlight the following examples.<sup>2</sup>

## 1. Alcohol Free Options

Major socializing by college-age students takes place late at night. If the university does not offer social programming on-campus to suit students' preferred schedules, students will find their entertainment off campus, which can lead to substance abuse.

The use of Core Survey and Alcohol Edu data has helped identify the areas in which our students need the most support (i.e. alcohol alternative events, or late night activities between the hours of 10 p.m. and 2 a.m.) During this review period Student Activities sponsored late night activities that are drug and alcohol free.

<http://www.mtu.edu/student-activities/traditions/late-night/>.

There are also many attractive alcohol-free settings on campus for students to congregate and socialize. The Wadsworth Hall Annex is available 24 hours per day to Wads residents and their guests. This includes a game room, sauna, and weight room. The Campus Café in Wads Annex is open every day until 1:00 a.m. during the academic terms. The upper and lower lodge levels in the Hillside Place apartment building provide residents with comfortable spaces to meet with friends, each with a gas burning fireplace. The upper level provides a community kitchen and a large seating area. The lower level is equipped with a pool table and foosball table. Residents may access the outdoor patio area, complete with a wood burning fireplace, from the lower lodge level.

The university Opie Library is open 24 hours. Non-alcoholic beverages and snacks are permitted, so students have another attractive venue to study and congregate.

Michigan Tech's Outdoor Adventure Program (OAP) is another alcohol-free option. The purpose of the OAP is to encourage Michigan Tech students to engage in outdoor, active and healthy activities. The OAP connects students to the outdoors through guided trips, leadership training, information sessions, and equipment rental and by working closely with student organizations to help advertise and run events, all of which are alcohol free. <http://www.mtu.edu/student-activities/oap-wellness/>.

During the review period, Student Activities sponsored numerous alcohol-free campus volunteering programs, including Make a Difference Day; 60 Minutes of Service; Service Saturdays, and Alternative Spring Break service trips. <http://www.mtu.edu/student-activities/community-service/> and <https://www.facebook.com/mtustudents>.

---

<sup>2</sup> The Higher Education Center's Supplemental Checklist was used as an outline for this section.

Finally, many of the “Tech Traditions” on campus are alcohol free or promote alcohol-free events. Welcome Week, K-Day (Student Organization Fair), Winter Carnival and Homecoming are examples of large scale events with social activities, food and alcohol-free entertainment.

As these activities continue, students will always have alternatives to excessive drinking and they can find healthy and fun ways in which to meet and interact with others academically and socially.

## **2. Normative Environment**

Michigan Tech continues to maintain a social, academic and residential environment that supports health-promoting norms.

During the previous review period, 2010-2012, Michigan Tech received a Prevention Network grant that was used to implement a social norms project and other prevention programming. As a result of the grant as well as implementing Alcohol Edu for several years, the university has a wealth of data about our students’ usage of and attitude about alcohol and other drugs. This data was used to target appropriate programming training and response during this review period.

As noted in the above sections, the Alcohol Edu data indicates that most alcohol consumption takes place at off-campus parties, including at Greek houses. As a result, Student Activities undertakes a comprehensive education program through Greek Life to help foster an accountable community. During the review period this education program included the following:

- Fall 2013 - Adam Ritz (media personality) discussed alcohol education/awareness, as well as sexual assault awareness with Greeks.
- Fall 2012 -Student Activities hosted a Greek Life Retreat for all e-boards of all fraternities/sororities. One of the components was on hazing, risk management, and FIPG Policies/Procedures.
- For both the 2012-13 and 2013-14 year, staff discussed the results of the Alcohol Edu surveys with Greek Presidents; specifically, that many first-year students drink at fraternity/sorority houses, in numbers above the national average.
- Each semester since 2012, there is a Greek New Member Orientation, which features a risk management component where safe party planning and alcohol and drugs are discussed.

Another new program is the 7 Dimensions of Wellness, which was initiated across campus during this review period and is used as a guide to program wellness initiatives for students, faculty, and staff. Each month during the term, the Wellness Office and other departments use the model to highlight a wellness dimension in their programming. The 7 Dimensions model and examples of programming are found in Appendix J.

Another normative initiative implemented across campus is the Michigan Tech Values Statement, found at <http://www.mtu.edu/student-affairs/administration/values/>. The Values Statement was a student-driven project designed to inspire the student community in all aspects of a student's life at Michigan Tech through the values of **community, scholarship, possibilities, accountability, and tenacity**. The Values Statement is reinforced through inspiring posters found in prominent positions throughout the Michigan Tech campus. Academic and Community Conduct staff utilize the Values Statement for educational discussions during student conduct hearings and restorative justice conferences involving alcohol and other drug violations. During orientation, first year students meet in teams with peer Orientation Team Leaders to discuss how to live by the Michigan Tech Values Statement. Since substance usage is a personal decision, the Values Statement is intended to provide a reference point for students in their decision-making about consuming alcohol and other drugs.<sup>3</sup>

### 3. Alcohol Availability

Michigan Tech's AOD policy prohibits consumption of alcohol in public places and limits the size of beverage containers. Kegs are not permitted on campus without a valid liquor license and are not permitted at off-campus parties hosted by registered student organizations. Alcohol is not permitted at student organization recruitment functions or at "pre or post" parties regardless of whether they are official functions.

Michigan Tech continues its efforts to promote a safe and healthy environment during university traditions. The most high-profile tradition is the annual Winter Carnival. Historically, consumption of alcohol was a big part of Winter Carnival for some students and visitors. In 2013 and 2014, the Winter Carnival Task Force brought together representatives from the following areas. A primary goal of this group was to discuss ways to prevent alcohol abuse during Winter Carnival and make sure all students and others had a safe and enjoyable experience.

- Student Activities
- Blue Key National Honor Society
- Public Safety and Police Services
- Housing and Residential Life

---

<sup>3</sup> Here is a simple example of how students can use the Values Statement in decision-making. A student can ask him/herself "Does partying until I am wasted help or hurt the community? Does it support or detract from my accountability? Does it improve or hinder my scholarship? Could it damage my future possibilities? Do I have the tenacity to avoid excessive/illegal drinking and thereby inspire others to follow my example?"

- Office of Academic and Community Conduct
- Dial Help
- Memorial Union Building Staff
- Undergraduate Student Government
- Facilities Management

Public Safety and Police Services increased their staffing during the Winter Carnival “All Nighter” tradition, also partnering with local law enforcement agencies such as the City of Houghton Police and the Houghton County Sheriff’s Department. Officers were spread throughout campus, and also were patrolling the busier areas near campus, such as College Avenue. Any students found with open alcoholic containers were made the pour it out and the situation was documented. In addition, extra staff from other areas was present, such as Housing and Residential Life, the Memorial Union Building, and Student Activities. Student Activities staff, specifically the Wellness Coordinator and Peer Wellness Advocates, handed out food and cards with tips for staying safe and recognizing alcohol poisoning. Dial Help staff and Michigan Tech EMS were also on-campus checking on students and making sure everyone was safe.

#### **4. Alcohol Marketing and Promotion**

Michigan Tech’s AOD policy prohibits alcohol to be advertised at official University events or in official university publications. Editorial boards must follow alcohol advertisement policies that insure compliance with state and federal law. Vendors of alcohol are not permitted to conduct events, contests, etc., which promote the sale or consumption of alcoholic beverages. Bulletin boards in the residence halls may not advertise or imply the use of alcohol or illegal substances.

#### **5. Policy Development and Enforcement**

For many years, staff in Student Affairs, Counseling Services, Housing and Residential Life, and Public Safety have worked cooperatively in situations where a student has an alcohol or drug incident. A student with an alcohol/drug incident generally has his/her first contact with a Resident Assistant or a Public Safety officer (or sometimes off-campus law enforcement authorities). A student conduct hearing promptly follows this with either an administrator or the university Student Conduct Board. The student is then sanctioned under the AOD sanctioning protocols. During the review period, this generally required alcohol or drug education on a first offense and a more in-depth assessment on a second offense. Depending on the severity and danger of the inappropriate conduct, the student could be required to obtain off-campus comprehensive substance abuse evaluations and maintain follow-up contact with Academic and Community Conduct and/or Counseling Services, to confirm that the student is following through on requirements.

Michigan Tech’s policy also requires parental notification on second offenses for students under the age of 21, in order to advise the parents of potentially dangerous behavior and to enlist the parent’s support in reinforcing our AOD policy. In particularly severe cases, parents may be notified upon the first offense.



Students are also required to inform the Financial Aid Office if they are convicted of a drug offense while receiving financial aid.

As a result of following consistent sanctioning protocols, as well as emphasizing safety issues and making appropriate choices, community standards are maintained and students understand that administrative staff is here to help students get assistance and make better and healthier choices in the future.

## **6. Strengths and Challenges of AOD Prevention and Wellness Goals**

One challenge is to continue to work with the university community to make all university traditions alcohol-free. Although alcohol use is never emphasized or encouraged in university traditions such as Winter Carnival, Homecoming and Spring Fling, alcohol use does take place during some of these traditions. Continuing to provide alcohol-free options during these traditions, as well as educational information prior to and during the traditions, will be an ongoing effort

Budgetary issues are always a challenge in higher education. As always, the challenge is to be efficient and intentional when using institutional resources. A major commitment to the enhancement of AOD programming and prevention was taken during this review period by the hiring of a full-time Wellness Coordinator in 2012, as well as a student Peer Health Advocate. As a result:

- Wellness has increased programming from 22 events in 2012-2013 to 64 events in 2013-14, reaching different groups of students with diverse program offerings. In 2012-2013, Wellness educated about 2100 students; in 2013-2014, Wellness educated about 4500 students. (See Appendix C.)
- Wellness collaborates with other university departments and student organizations. These collaborations have not only made more events possible, but have also fueled other programming and annual programming efforts. (See Appendix J.)
- Michigan Tech is launching a new comprehensive AOD program, Campus Clarity, in August 2014. With this new program, the university will continue to equip students with research-based tools for staying safe during their time at Michigan Tech and after graduation. (See Appendix K.)

Another strength is the consistency of the disciplinary process for alcohol and other drug violations, as well as ongoing evaluation of alternative approaches such as the use of restorative justice principles.

## **7. Recommendations/Goals**

The following recommendations for ongoing goals are made for the upcoming review period:

- Continue to explore ways to use the Peer Health Advocate in developing and delivering AOD and related programming.
- Redirect focus on gaps in wellness programming and on what the University needs to improve.
- Lay out a framework that enhances AOD programming by following consistent procedures from prevention through follow up.
- Include USG and GSG members in the President's Council meetings to get buy-in from student government on AOD goals and programs.
- Keep the 7 Dimensions of Wellness Model posted throughout campus.

Respectfully Submitted by:

President's Council on Health and Wellness

\_\_\_\_\_  
 Whitney M. Boroski  
 Health and Wellness Coordinator and  
 Chair, President's Council on Health and Wellness

Date: \_\_\_\_\_

\_\_\_\_\_  
 Patricia A. Gotschalk, J.D.  
 Compliance Consultant  
 Dean of Students Office

Date: \_\_\_\_\_

**PRESIDENT'S CERTIFICATION**

I have reviewed the foregoing 2012-2014 Biennial Review.

By \_\_\_\_\_  
 Glenn D. Mroz, President  
 Michigan Technological University

Date: \_\_\_\_\_