

Goal-Setting for Professional Development

As you learned during your Bridging Cultures Program, it's important to set SMART goals; in terms of professional development, they can help guide your job search process.

SMART GOALS SMART goals are Specific, Measurable, Attainable, Realistic and Timely. Some examples of SMART goals that relate to this aspect of the Discovery Model include:		
EXAMPLE 1	EXAMPLE 2	EXAMPLE 3
Generic Goal: "Work on my resume"	Generic Goal: "Search online for jobs"	Generic Goal: "Make new contacts"
Smart Goal: "Create 3 different versions of my resume by this Friday"	Smart Goal: "Check these specific websites twice per week, and spend at least an hour on each search"	Smart Goal: "Attend 3 networking events per month, and connect with at least one person at each"
Now that you have some examples to work	with, use the space below to create some SMA	ART goals of your own.