

Q1. Which best describes you?

Count	Percent	
1723	99.77%	Student
3	0.17%	Faculty
0	0.00%	Staff
0	0.00%	Alumni
1	0.06%	Community member
1727		Respondents

Q2. Do you utilize any of the on-campus recreation facilities, programs, or services?

Count	Percent	
1610	93.17%	Yes
118	6.83%	No
1728		Respondents

Q3. Please answer the following questions. - When deciding to attend this college, how important were Campus Recreation facilities in your decision?

Count	Percent	
235	14.20%	Very important
593	35.83%	Moderately important
551	33.29%	Slightly important
276	16.68%	Not at all important
1655		Respondents

Q4. Please answer the following questions. - When deciding to attend this college, how important were Campus Recreation programs (e.g., intramural sports, sport clubs, fitness) in your decision?

Count	Percent	
190	11.50%	Very important
511	30.93%	Moderately important
583	35.29%	Slightly important
368	22.28%	Not at all important
1652		Respondents

Q5. Please answer the following questions. - In deciding to continue at this college, how important are Campus Recreation facilities?

Count	Percent	
309	18.81%	Very important
583	35.48%	Moderately important
512	31.16%	Slightly important
239	14.55%	Not at all important
1643		Respondents

Q6. Please answer the following questions. - In deciding to continue at this college, how important are Campus Recreation programs (e.g., intramural sports, sport clubs, fitness)?

Count	Percent	
276	16.76%	Very important
531	32.24%	Moderately important
510	30.97%	Slightly important
330	20.04%	Not at all important
1647		Respondents

Q7. Please answer the following questions. - How important were recreation, sports, and/or fitness activities to you prior to enrolling at this college?

Count	Percent	
556	33.74%	Very important
511	31.01%	Moderately important
404	24.51%	Slightly important
177	10.74%	Not at all important
1648		Respondents

Q8. Please answer the following questions. - How important will recreation, sports, and/or fitness activities be to you after you leave this college?

Count	Percent	
620	37.60%	Very important
652	39.54%	Moderately important
299	18.13%	Slightly important
78	4.73%	Not at all important
1649		Respondents

Q9. Please answer the following questions. - How important was maintaining a healthy lifestyle to you prior to enrolling at this college?

Count	Percent	
682	41.31%	Very important
582	35.25%	Moderately important
282	17.08%	Slightly important
105	6.36%	Not at all important
1651		Respondents

Q10. Please answer the following questions. - How important will maintaining a healthy lifestyle be to you after you leave this college?

Count	Percent	
986	59.58%	Very important
536	32.39%	Moderately important
111	6.71%	Slightly important
22	1.33%	Not at all important
1655		Respondents

Q11. On average, how many times per week do you participate in on-campus recreational sports, programs, and/or activities?

Count	Percent	
130	8.79%	Never
427	28.87%	1 time per week
323	21.84%	2 times per week
256	17.31%	3 times per week
125	8.45%	4 times per week
114	7.71%	5 times per week
44	2.97%	6 times per week
24	1.62%	7 times per week
36	2.43%	More than 7 times per week
1479		Respondents

Q12. On average, how many minutes do you spend utilizing the on-campus recreational facilities or participating in programs or activities?

Count	Percent	
115	7.74%	Less than 30 minutes per visit
704	47.38%	30 - 59 minutes per visit
457	30.75%	60 - 89 minutes per visit
210	14.13%	90 minutes or longer per visit
1486		Respondents

Q13. How often do you participate in the following on-campus activities, programs, and/or services? - Intramural sports

Count	Percent	
9	0.61%	5 or more times per week
47	3.17%	3 - 4 times per week
337	22.75%	1 - 2 times per week
203	13.71%	1 - 2 times per month
262	17.69%	1 - 2 times per semester/quarter
623	42.07%	Never
1481		Respondents

Q14. How often do you participate in the following on-campus activities, programs, and/or services? - Sport clubs

Count	Percent	
50	3.40%	5 or more times per week
85	5.78%	3 - 4 times per week
151	10.27%	1 - 2 times per week
89	6.05%	1 - 2 times per month
126	8.57%	1 - 2 times per semester/quarter
969	65.92%	Never
1470		Respondents

Q15. How often do you participate in the following on-campus activities, programs, and/or services? - Aquatics/pool

Count	Percent	
12	0.83%	5 or more times per week

Q15. How often do you participate in the following on-campus activities, programs, and/or services? - Aquatics/pool

Count	Percent	
35	2.43%	3 - 4 times per week
144	9.99%	1 - 2 times per week
238	16.50%	1 - 2 times per month
356	24.69%	1 - 2 times per semester/quarter
657	45.56%	Never
1442		Respondents

Q16. How often do you participate in the following on-campus activities, programs, and/or services? - Instructor-led group fitness or exercise classes

Count	Percent	
8	0.55%	5 or more times per week
36	2.48%	3 - 4 times per week
163	11.23%	1 - 2 times per week
89	6.13%	1 - 2 times per month
185	12.75%	1 - 2 times per semester/quarter
970	66.85%	Never
1451		Respondents

Q17. How often do you participate in the following on-campus activities, programs, and/or services? - Weight training/lifting free weights

Count	Percent	
124	8.48%	5 or more times per week
263	17.98%	3 - 4 times per week
303	20.71%	1 - 2 times per week
197	13.47%	1 - 2 times per month
147	10.05%	1 - 2 times per semester/quarter
429	29.32%	Never
1463		Respondents

Q18. How often do you participate in the following on-campus activities, programs, and/or services? - Cardio-vascular training (e.g., treadmill, elliptical, stationary bike)

Count	Percent	
114	7.81%	5 or more times per week
266	18.23%	3 - 4 times per week
367	25.15%	1 - 2 times per week
207	14.19%	1 - 2 times per month
145	9.94%	1 - 2 times per semester/quarter
360	24.67%	Never
1459		Respondents

Q19. How often do you participate in the following on-campus activities, programs, and/or services? - Open recreation (e.g., pick-up basketball, volleyball, soccer)

Count	Percent	
22	1.51%	5 or more times per week

Q19. How often do you participate in the following on-campus activities, programs, and/or services? - Open recreation (e.g., pick-up basketball, volleyball, soccer)

Count	Percent	
58	3.97%	3 - 4 times per week
221	15.13%	1 - 2 times per week
288	19.71%	1 - 2 times per month
290	19.85%	1 - 2 times per semester/quarter
582	39.84%	Never
1461		Respondents

Q20. How often do you participate in the following on-campus activities, programs, and/or services? - Racquet sports (e.g., racquetball, squash, badminton, tennis)

Count	Percent	
13	0.89%	5 or more times per week
24	1.64%	3 - 4 times per week
106	7.27%	1 - 2 times per week
131	8.98%	1 - 2 times per month
236	16.18%	1 - 2 times per semester/quarter
949	65.04%	Never
1459		Respondents

Q21. How often do you participate in the following on-campus activities, programs, and/or services? - Outdoor adventure activities and/or trips

Count	Percent	
21	1.42%	5 or more times per week
53	3.59%	3 - 4 times per week
164	11.11%	1 - 2 times per week
252	17.07%	1 - 2 times per month
411	27.85%	1 - 2 times per semester/quarter
575	38.96%	Never
1476		Respondents

Q22. How often do you participate in the following on-campus activities, programs, and/or services? - Personal training

Count	Percent	
53	3.63%	5 or more times per week
83	5.68%	3 - 4 times per week
125	8.55%	1 - 2 times per week
72	4.92%	1 - 2 times per month
75	5.13%	1 - 2 times per semester/quarter
1054	72.09%	Never
1462		Respondents

Q23. How often do you participate in the following on-campus activities, programs, and/or services? - Fitness assessments or testing

Count	Percent	
12	0.83%	5 or more times per week

Q23. How often do you participate in the following on-campus activities, programs, and/or services? - Fitness assessments or testing

Count	Percent	
14	0.97%	3 - 4 times per week
38	2.62%	1 - 2 times per week
57	3.94%	1 - 2 times per month
111	7.67%	1 - 2 times per semester/quarter
1216	83.98%	Never
1448		Respondents

Q24. How often do you participate in the following on-campus activities, programs, and/or services? - Classes (e.g., safety classes, non-credit recreation, for credit recreation)

Count	Percent	
7	0.48%	5 or more times per week
30	2.05%	3 - 4 times per week
233	15.89%	1 - 2 times per week
81	5.53%	1 - 2 times per month
193	13.17%	1 - 2 times per semester/quarter
922	62.89%	Never
1466		Respondents

Q25. How often do you participate in the following on-campus activities, programs, and/or services? - Wellness programs

Count	Percent	
5	0.35%	5 or more times per week
16	1.11%	3 - 4 times per week
34	2.35%	1 - 2 times per week
76	5.25%	1 - 2 times per month
240	16.59%	1 - 2 times per semester/quarter
1076	74.36%	Never
1447		Respondents

Q26. Please indicate which times of the day are you most likely to utilize facilities: - During the week (Monday - Friday)

Count	Percent	
140	9.43%	Early morning (before 8 a.m.)
156	10.51%	Morning (8 a.m. - 11 a.m.)
66	4.45%	Mid-day (11 a.m. - 2 p.m.)
238	16.04%	Afternoon (2 p.m. - 5 p.m.)
512	34.50%	Early evening (5 p.m. - 8 p.m.)
337	22.71%	Late evening (after 8 p.m.)
35	2.36%	Never
1484		Respondents

Q27. Please indicate which times of the day are you most likely to utilize facilities: - On the weekend (Saturday - Sunday)

Count	Percent	
42	2.84%	Early morning (before 8 a.m.)
234	15.84%	Morning (8 a.m. - 11 a.m.)
310	20.99%	Mid-day (11 a.m. - 2 p.m.)
377	25.52%	Afternoon (2 p.m. - 5 p.m.)
260	17.60%	Early evening (5 p.m. - 8 p.m.)
164	11.10%	Late evening (after 8 p.m.)
90	6.09%	Never
1477		Respondents

Q28. Please indicate your level of agreement with the following statements: - Participating in Campus Recreation activities and programs has expanded my interest in staying fit and healthy.

Count	Percent	
341	25.22%	Strongly agree
531	39.28%	Somewhat agree
327	24.19%	Neither agree nor disagree
37	2.74%	Somewhat disagree
24	1.78%	Strongly disagree
92	6.80%	No basis to judge
1352		Respondents

Q29. Please indicate your level of agreement with the following statements: - Campus Recreation activities and programs contribute to the quality of life at this institution.

Count	Percent	
542	40.06%	Strongly agree
554	40.95%	Somewhat agree
167	12.34%	Neither agree nor disagree
24	1.77%	Somewhat disagree
12	0.89%	Strongly disagree
54	3.99%	No basis to judge
1353		Respondents

Q30. Please indicate your level of agreement with the following statements: - Campus Recreation offers "something for everyone."

Count	Percent	
528	39.23%	Strongly agree
549	40.79%	Somewhat agree
141	10.48%	Neither agree nor disagree
68	5.05%	Somewhat disagree
19	1.41%	Strongly disagree
41	3.05%	No basis to judge
1346		Respondents

Q31. Please indicate your level of agreement with the following statements: - My recreational needs are met by Campus Recreation.

Count	Percent	
492	36.58%	Strongly agree
523	38.88%	Somewhat agree
171	12.71%	Neither agree nor disagree
93	6.91%	Somewhat disagree
34	2.53%	Strongly disagree
32	2.38%	No basis to judge
1345		Respondents

Q32. Please indicate your level of agreement with the following statements: - I enjoy participating in Campus Recreation activities and/or utilizing facilities.

Count	Percent	
653	48.44%	Strongly agree
514	38.13%	Somewhat agree
115	8.53%	Neither agree nor disagree
23	1.71%	Somewhat disagree
4	0.30%	Strongly disagree
39	2.89%	No basis to judge
1348		Respondents

Q33. Please indicate your level of agreement with the following statements: - Participation in recreational activities has provided me with skills/abilities that I will use after college.

Count	Percent	
356	26.55%	Strongly agree
426	31.77%	Somewhat agree
359	26.77%	Neither agree nor disagree
88	6.56%	Somewhat disagree
44	3.28%	Strongly disagree
68	5.07%	No basis to judge
1341		Respondents

Q34. Please indicate your level of agreement with the following statements: - Overall, I would recommend Campus Recreation facilities, programs, and services to others.

Count	Percent	
657	48.92%	Strongly agree
489	36.41%	Somewhat agree
145	10.80%	Neither agree nor disagree
21	1.56%	Somewhat disagree
8	0.60%	Strongly disagree
23	1.71%	No basis to judge
1343		Respondents

Q35. From your participation in Campus Recreation, do you feel you have increased or improved your: - Self confidence

Count	Percent	
444	33.06%	Definitely
671	49.96%	Somewhat
228	16.98%	Not at all
1343		Respondents

Q36. From your participation in Campus Recreation, do you feel you have increased or improved your: - Sense of adventure

Count	Percent	
557	41.54%	Definitely
542	40.42%	Somewhat
242	18.05%	Not at all
1341		Respondents

Q37. From your participation in Campus Recreation, do you feel you have increased or improved your: - Athletic ability

Count	Percent	
514	38.33%	Definitely
605	45.12%	Somewhat
222	16.55%	Not at all
1341		Respondents

Q38. From your participation in Campus Recreation, do you feel you have increased or improved your: - Concentration

Count	Percent	
341	25.62%	Definitely
643	48.31%	Somewhat
347	26.07%	Not at all
1331		Respondents

Q39. From your participation in Campus Recreation, do you feel you have increased or improved your: - Fitness level

Count	Percent	
543	40.67%	Definitely
610	45.69%	Somewhat
182	13.63%	Not at all
1335		Respondents

Q40. From your participation in Campus Recreation, do you feel you have increased or improved your: - Respect for others

Count	Percent	
377	28.20%	Definitely
608	45.47%	Somewhat

Q40. From your participation in Campus Recreation, do you feel you have increased or improved your: - Respect for others

Count	Percent	
352	26.33%	Not at all
1337		Respondents

Q41. From your participation in Campus Recreation, do you feel you have increased or improved your: - Multicultural awareness

Count	Percent	
277	20.63%	Definitely
473	35.22%	Somewhat
593	44.15%	Not at all
1343		Respondents

Q42. From your participation in Campus Recreation, do you feel you have increased or improved your: - Sense of belonging/association

Count	Percent	
371	27.77%	Definitely
571	42.74%	Somewhat
394	29.49%	Not at all
1336		Respondents

Q43. From your participation in Campus Recreation, do you feel you have increased or improved your: - Communication skills

Count	Percent	
298	22.21%	Definitely
558	41.58%	Somewhat
486	36.21%	Not at all
1342		Respondents

Q44. From your participation in Campus Recreation, do you feel you have increased or improved your: - Balance/coordination

Count	Percent	
465	34.57%	Definitely
618	45.95%	Somewhat
262	19.48%	Not at all
1345		Respondents

Q45. From your participation in Campus Recreation, do you feel you have increased or improved your: - Physical strength

Count	Percent	
611	45.70%	Definitely
555	41.51%	Somewhat
171	12.79%	Not at all

Q45. From your participation in Campus Recreation, do you feel you have increased or improved your: - Physical strength

Count	Percent
1337	Respondents

Q46. From your participation in Campus Recreation, do you feel you have increased or improved your: - Problem solving skills

Count	Percent	
197	14.71%	Definitely
576	43.02%	Somewhat
566	42.27%	Not at all
1339	Respondents	

Q47. From your participation in Campus Recreation, do you feel you have increased or improved your: - Feeling of well-being

Count	Percent	
597	44.32%	Definitely
613	45.51%	Somewhat
137	10.17%	Not at all
1347	Respondents	

Q48. From your participation in Campus Recreation, do you feel you have increased or improved your: - Time management skills

Count	Percent	
424	31.69%	Definitely
537	40.13%	Somewhat
377	28.18%	Not at all
1338	Respondents	

Q49. From your participation in Campus Recreation, do you feel you have increased or improved your: - Group cooperation skills

Count	Percent	
332	24.87%	Definitely
590	44.19%	Somewhat
413	30.94%	Not at all
1335	Respondents	

Q50. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to get a good night's sleep

Count	Percent	
437	32.56%	Definitely
497	37.03%	Somewhat
408	30.40%	Not at all

Q50. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to get a good night's sleep

Count	Percent	
1342		Respondents

Q51. From your participation in Campus Recreation, do you feel you have increased or improved your: - Leadership skills

Count	Percent	
285	21.30%	Definitely
526	39.31%	Somewhat
527	39.39%	Not at all
1338		Respondents

Q52. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to multi-task

Count	Percent	
340	25.34%	Definitely
529	39.42%	Somewhat
473	35.25%	Not at all
1342		Respondents

Q53. From your participation in Campus Recreation, do you feel you have increased or improved your: - Stress management

Count	Percent	
584	43.52%	Definitely
542	40.39%	Somewhat
216	16.10%	Not at all
1342		Respondents

Q54. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to develop friendships

Count	Percent	
447	33.43%	Definitely
515	38.52%	Somewhat
375	28.05%	Not at all
1337		Respondents

Q55. From your participation in Campus Recreation, do you feel you have increased or improved your: - Weight control

Count	Percent	
417	31.05%	Definitely
611	45.50%	Somewhat
315	23.45%	Not at all

Q55. From your participation in Campus Recreation, do you feel you have increased or improved your: - Weight control

Count	Percent
1343	Respondents

Q56. From your participation in Campus Recreation, do you feel you have increased or improved your: - Overall health

Count	Percent	
593	44.15%	Definitely
625	46.54%	Somewhat
125	9.31%	Not at all
1343	Respondents	

Q57. From your participation in Campus Recreation, do you feel you have increased or improved your: - Academic performance

Count	Percent	
264	19.78%	Definitely
595	44.57%	Somewhat
476	35.66%	Not at all
1335	Respondents	

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent
451	100.00%

Count	Percent	
4	0.89%	
2	0.44%	-
1	0.22%	none
2	0.44%	.
1	0.22%	A consistent group to exercise with.
1	0.22%	ability to communicate with others
1	0.22%	Able to interact with people of different nationalities and cultures.
1	0.22%	Affordable venue to seek out almost any type of recreation I would want to do
1	0.22%	All of the above covers it. It provides an enjoyable experience at Tech
1	0.22%	Allowed for year round health managment
1	0.22%	Allowed me to focus while at school by "decompressing" outside of school
1	0.22%	Allowed me to make new friends that I will know for the rest of my life.
1	0.22%	Allows for time to have fun during an otherwise stressful school week.
1	0.22%	Allows me to build a schedule in which I must follow on a day-to-day basis. At the end of the day, I feel accomplished.
1	0.22%	Already good.
1	0.22%	Amidst all the stress of graduated studies and being in a city with no options of relaxation the universities recreation activities and program had fulfilled all you need to get the needed relaxation and stamina to stay focused in your work.
1	0.22%	As a PhD student, I've found that making the effort to go to the SDC on a regular schedule has drastically improved my attentiveness, ability to retain information, and has helped fuel my writing and articulate thoughts.

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	
1	0.22%	As a student trying to pay for rent, food, gas, tuition, etc, I really like having the ability to utilize some of the recreational activities without having to pay extra at the door. It encourages me to go more often and has made me more open to trying something I might not have otherwise tried.
1	0.22%	As its cold up here for a long time it feels really good and free to head up to the sdc and work out or run or play ultimate Frisbee
1	0.22%	At college I have realized the importance of staying fit and eating health
1	0.22%	Being a part of the OAP has developed my skills not only in the outdoors, but in leadership, logistics, event coordination, and general communication.
1	0.22%	Being able to do things that are put on by campus is nice. It makes staying active a lot easier
1	0.22%	Being able to get away from distraction and be myself
1	0.22%	Being able to maintain progress towards goals, both academic and athletic
1	0.22%	Being fit helps you in every aspect of life.
1	0.22%	Being in varsity track and cross country has pushed me to my physical limits and helped me set goals
1	0.22%	Being physically fit is important to me and the recreation activities allows for me to do something at almost any time
1	0.22%	Being required to take gym classes Andy Going the gym and programs, by myself has really helped me get over my social anxiety
1	0.22%	Better improve myself not only academically but physically
1	0.22%	Better self confidence
1	0.22%	Broomball enhances campus traditions.
1	0.22%	Building stamina, managing groups to have a good swimming experience etc
1	0.22%	By participating in Campus Recreation activities, I have gone to new places around the Keweenaw and did things like biking, snowshoeing and kayaking that as a college student I wouldn't be able to do if these programs didn't exist.
1	0.22%	By signing up for morning PE classes on my T/R's it encourages me to maintain a balanced sleep schedule as well as improves my likelihood of eating a full 3 meals a day.
1	0.22%	Campus facilities are restricted to mostly exercise equipment and very little is free for helping increase other aspects of people. The only exception I can think of is the cross country skiing group that allows students full access for \$10.
1	0.22%	Campus recreation activities have enabled me to experience different sports that are not commnly offered else where such as snowshoeing. Also being involved has led me to meet new friends and to gain leadership qualities, and also to learn how to work in a group with a large number of peopl
1	0.22%	Campus Recreation activities have given me a better sense of belonging.
1	0.22%	Campus recreation allows you to have a healthy balance between school and your personal wellness. It allows a break in your day to focus on something other then school work which gives you the strength and energy to focus harder afterwards.
1	0.22%	Campus recreation has allowed me to meet new people through outdoor activities
1	0.22%	Campus Recreation services has provided the means to "get away from it all." Excellent stress-reliever.
1	0.22%	cheap/free snowshoe rental to explore the keweenaw
1	0.22%	Coming into this university, I never expected Campus Recreation activities to be such a large and enjoyable aspect of my college experience.
1	0.22%	complement energy and encouragement for other daily activities.
1	0.22%	Comraderie
1	0.22%	Control temperament
1	0.22%	Create a new person
1	0.22%	Created new friendships and strengthened old ones.
1	0.22%	Creating lifelong change in my physical fitness and friends!
1	0.22%	Discovering new recreational activities.
1	0.22%	Employment
1	0.22%	Enjoy life!
1	0.22%	Eradicates Boredom
1	0.22%	Even when I'm not participating in PE or activities, I have friends that do and encourage me to as well.
1	0.22%	Everything was covered that I can think of.
1	0.22%	Expand a social network of friends and play to relieve stress
1	0.22%	flexible and availability
1	0.22%	focus

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	
1	0.22%	For me, it has provided me a gateway to becoming fit. Before I came to Tech, yoga was my only form of exercise but now I use the recreation facilities quite often.
1	0.22%	Friendship with other students
1	0.22%	Fun stress relief
1	0.22%	Gave me a way to continue playing the sport I enjoy without having to deal with the stress of being on the Michigan Tech team.
1	0.22%	Generally unhealthy before coming here. Resources given greatly have improved my health standing.
1	0.22%	Generally well
1	0.22%	Get's me out of the building and doing something different. Helps me concentrate on my school work.
1	0.22%	Gets me out of my room and doing things so I'm not just sitting around studying.
1	0.22%	Getting out aggression allowed to be relaxed.
1	0.22%	Getting out on the tech trails (running, biking and xc skiing) is a great stress reliever. Keep maintaining them, they are great!
1	0.22%	getting to meet people
1	0.22%	Give me a reason to interact with others
1	0.22%	Give us something to look forward to.
1	0.22%	Given me an energy release in an athletic activity
1	0.22%	Given me motivation to explore new activities (like mountain biking and cross country skiing) and taught me how to prioritize my schedule to allow time for physical activity
1	0.22%	Gives me a break from everyday homework
1	0.22%	Gives me something to do in my free time
1	0.22%	Gives me something to do up here
1	0.22%	Good break from class work.
1	0.22%	Good for meeting new people
1	0.22%	Good ski trails for training
1	0.22%	Good to blow off steam.
1	0.22%	Good way to relieve stress
1	0.22%	Got me involved a lot that led to other involvement and lifelong friendships
1	0.22%	Got me more involved and helped me network with other students
1	0.22%	got more fit, helps me study better.
1	0.22%	Got to know about local culture
1	0.22%	Great way to release stress
1	0.22%	Had a lot of fun with friends.
1	0.22%	Hard work
1	0.22%	Has brought a positive outlook. Look past my failures and pursuit for excellence.
1	0.22%	has not
1	0.22%	Has not, college is for school, not recreation. I do not participate in recreation, which is way all my answers are not in favor of recreation.
1	0.22%	Hasn't really done too much, I haven't done a whole lot with OAP or anything but I use the facilities at the SDC all the time for Track and Field training.
1	0.22%	Have not done often enough to say.
1	0.22%	Having the hiking trails available (when they're not covered in snow) has really enhanced my experience at Tech. They are my favorite recreational venue.
1	0.22%	Health and fitness is essential for me as a stress relief. I have personally used the free weight/training room the most. Although I haven't used it as much as I expected, it was still important to know it was available there as an instrument of stress relief.
1	0.22%	Helped discover new activities that i will continue to pursue after college
1	0.22%	Helped me create a network of friends.
1	0.22%	Helped me meet new people I wouldve previously never had known
1	0.22%	Helped me realize that fitness and health are important as well as academics, work, and socialization.
1	0.22%	Helped me relax and forget about the stressful class work
1	0.22%	Helped me to meet some new friends and stay active with other friends.
1	0.22%	Helped meet new people
1	0.22%	Helped to make strong friendships
1	0.22%	Helps beat the blues after a bad day.

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	
1	0.22%	Helps me get away from classes and get my mind off things
1	0.22%	Helps me relax
1	0.22%	Helps me stay active in the community and live a healthy lifestyle.
1	0.22%	helps myself meet goals
1	0.22%	Helps to make better life choices
1	0.22%	I always know there is something I can do to stay busy.
1	0.22%	I am a part of the varsity track and field team so I have found a family
1	0.22%	I am including Tech Trails and Mont Ripley in this because those are highly underrated programs that MTU should promote as being very unique to this university - and winter sports are SO IMPORTANT up here to staying healthy and sane! That is my 3x/week exercise, skiing (alpine and XC)
1	0.22%	I am on the track now to live a healthy life after college and continue good habits that I have been able to start because of the services available to me!
1	0.22%	I became more aware of my body
1	0.22%	I can drink more beer now
1	0.22%	I do not go to college to work out or play sports. I go to college to get an education. I'd rather the whole football team and SDC be entirely defunded.
1	0.22%	I do sport
1	0.22%	I don't see the opportunities to play sports here as a game changing opportunity for me to improve my life. As for wellness programs, they are an ethnocentricly focused idealistic way to live your life. I've felt like most are worthless.
1	0.22%	I don't think we should be forced to take gyms. I think if the individual wants to be active they will. Forcing gyms messes up the class schedule.
1	0.22%	I enjoy getting a break from class by heading to the sdc. I wish there was a bigger punch card discount for students.
1	0.22%	I enjoy skiing and golfing and it's awesome I can do both for free
1	0.22%	I enjoy the ability to have so many options available for recreation activites
1	0.22%	I feel healthier and more involved!
1	0.22%	I feel in my element when I swim. It keeps me sane.
1	0.22%	I feel like getting involved in Campus Recreation services is what helped me stay at the university because it helps keep me on track with everything else going on in my life
1	0.22%	I feel mentally happier.
1	0.22%	I feel more at peace with my life when I have some time to myself to workout or go to a fitness class.
1	0.22%	I feel more energetic and enthusiastic to do any activity.
1	0.22%	I get some time with friends, getting away from homework.
1	0.22%	I get to meet people I normally wouldn't run into on campus.
1	0.22%	I had become out of practice in many sports that I used to play during my junior years. But the campus recreational facilities have helped me pursue them again.
1	0.22%	I have a better shape because I go fitness center. This has improved my outlook and confidence and I am feeling good when I walk around.
1	0.22%	I have a disability and cannot take part in most of what Tech offers. I would like to take yoga and water aerobics, but I cannot afford them. Tech's Campus Recreation program has not helped me at all. It is very frustrating to have to find a way to pay \$100 a semester for a yoga class and find a way to pay my monthly expenses. It would be one thing if I could participate in the normal recreation program, but at this time I physically cannot. I am also being forced to pay for activities that I cannot participate in and I cannot use that money for activities I could participate in.
1	0.22%	I have all those already well established.
1	0.22%	I have been able to experience things that I never would have been able to afford or try other places.
1	0.22%	I have been able to meet new people, and take my mind off my studies for awhile while participating in physical activity.
1	0.22%	I have begun to exercise twice per week to keep myself fit
1	0.22%	I have found a love for snowboarding at Mont Ripley and whenever I'm not doing homework or anything necessary I spend time learning about snowboarding and its opportunities.
1	0.22%	I have fuuuuun
1	0.22%	I have gotten a job working with Campus Recreation which has pushed me outside my comfort zones and helped me meet new people who share the same love for being active and outside that I have as well.

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	
1	0.22%	I have had many life changing experiences through my time here at Tech through fitness activities and intramural sports. I hope they continue to be provided to students in the student activity fee.
1	0.22%	I have had the opportunity to learn new sports.
1	0.22%	I have learned a lot of new things and picked up some new hobbies
1	0.22%	I have made freinds.
1	0.22%	I have made friends from playing im sports
1	0.22%	I have made lots of new friends through Campus Recreation activities.
1	0.22%	I have met a lot of people that I normally wouldn't have if I had not become involved
1	0.22%	I have met hundreds of people and although they may not all become my friends, it is nice to have the feeling of belonging and fitting into the campus.
1	0.22%	I just have fun!
1	0.22%	I just want to participate the outdoor activity which are held by church or some clubs. They are interesting.
1	0.22%	I know there are many activities open for me to participate in and they help me to manage stress and be more healthier in general.
1	0.22%	I learned how to rock climb after coming here. It sparked a really great new interest in a new sport that I wouldn't have otherwise tried out.
1	0.22%	I learned how to swim here which makes me feel happy. Also the sauna makes me feel really relaxed and more concentrated on my study and research.
1	0.22%	I love climbing so I am up at the wall multiple times a week and this helps with my strength and stress
1	0.22%	I mainly participate in these activities to socialize. Being half a world away from home, I wanted to make new friends and mix up with local students. This simply makes me happy.
1	0.22%	I met a lot more new people than if I didn't participate in activities
1	0.22%	I need to burn through a lot of my energy to reduce stress and relax. Being able to compete in intramural sports has greatly helped me by being an outlet to do so.
1	0.22%	I really enjoy the trips that the OAP leads.
1	0.22%	I really like the Rockwall. It's the only campus recreation facility I use, but I don't much due to lack of time. However, I stay VERY healthy and fit by working out every day for an hour in my room
1	0.22%	I simply enjoy being fit.
1	0.22%	I think I look more fit and fine. I made many friends in gym and now I enjoy my time with them even out of gym. I would like to thank MTU for having great gym with all the facilities.
1	0.22%	I think making it easier for people to want to join these clubs or go lift weights/do cardio would help
1	0.22%	I usually dint go here. I go home and kift
1	0.22%	I wake up on time to go to classes because i work out in the morning
1	0.22%	I was able to finally learn how to ski in a judgment-free environment. I really appreciated that.
1	0.22%	I was able to stop feeling homesick once I joined the women's soccer club because I met a lot of friends who made me feel like I belonged.
1	0.22%	I wish I could workout alone but all the facilities multiple people would be there, but I know this is unreasonable
1	0.22%	I would like extended pool hours, and information provided about the various services (i.e. hours, what we have to pay for)
1	0.22%	I would love to have free classes for students who want to get into better shape. I can't afford what the university wants to help myself learn how to become healthier
1	0.22%	I'd say that the prior covered it.
1	0.22%	I've been able to meet friends through common recreational interests.
1	0.22%	I've been able to spend quality time with friends while doing fun outdoor activities.
1	0.22%	I've developed a better sense of how to get myself to be healthier. Each year I'm here I'm becoming better at staying dedicated to fitness.
1	0.22%	I've found a group of people I can identify with and it's a stress reliever.
1	0.22%	I've gotten to do things I had never done before: cross country and downhill skiing, summer softball league, participating in different organizations' dances (Diwali Night, African Night, I-Night, Iranian Night).
1	0.22%	I've made more friends and it gives me something to do. As a girl it's hard to be part of any physical activity on this campus because there aren't very many other girls that like to do the stuff I do unless they are already on a sports team/club or in ROTC. I usually end up playing with a big group of only guys but it would be nice to get more girl involvement. Also, most freshman don't know about all the intramural sports because the school doesn't do a great job of advertising them or expressing much

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	
		interest in them. A lot of people don't do them because most don't know about them and the rest that do know don't want to because there isn't a lot of interested people so it's not very fun when only a handful of people want to participate. Also, not that this your fault, but it kind of sucks that the only place to do these things is up a huge steep hill and a lot of people don't want to do a workout before a workout. Maybe if there was more stuff or another facility more central to campus more people would be involved.
1	0.22%	IM leagues helped meet people
1	0.22%	In fitness wise yes, but in academic wise no.
1	0.22%	Increase in confidence
1	0.22%	Increase the fun factor
1	0.22%	Increased my cardiovascular health, and gave me something to do
1	0.22%	Inspiration to get out of room! Make friends and enjoy quality time.
1	0.22%	Interaction with other students.
1	0.22%	Intramural ice hockey gave me a chance to play hockey again and play with guys that I didn't know who are now my friends.
1	0.22%	Intramural soccer is something I look forward to every semester. It has helped me stay active and form new friendships.
1	0.22%	Ips activities ,ice hockey game
1	0.22%	It allows for an outlet to academic life. Rather than going out to eat or out on the town, these facilities offer a place to go where you can pretty much guarantee you will know or even meeting one person.
1	0.22%	It allows me and my friends to sometimes have some fun and play some games
1	0.22%	It allows me to relieve stress, keep fit, and relax.
1	0.22%	It allows me to take a break from graduate school- it is a good stress reliever.
1	0.22%	it also helped me control my anger. I am more calm and composed now
1	0.22%	It compensated the lack of entertainment in daily life.
1	0.22%	It doesn't. If anything the required gym classes hinder my experience by wasting my time.
1	0.22%	It forces me to go to the gym
1	0.22%	It gets me outside and enjoying the area around michigan tech, which makes me enjoy college significantly more, plus I think I am a lot healthier because I participate in athletic activities
1	0.22%	It gives an opportunity to meet people on campus with the same interests as myself and therefore form new groups of friends.
1	0.22%	It gives me a break from the regular school stresses.
1	0.22%	It gives me something to do in winter
1	0.22%	It gives me something to do other than just academics.
1	0.22%	It gives me something to do other than just sitting in my room
1	0.22%	It gives me time away from the books, and this helps me retain what I have learned instead of taking the whole day nonstop studying.
1	0.22%	It gives me ways to stay active and look forward too.
1	0.22%	It had allowed me to meet new people and develop new friendships
1	0.22%	It has allowed me to keep trying new things and to have fun on a weekly basis, while providing a good outlet away from class.
1	0.22%	It has allowed me to leave to campus, thus branching out and meeting a variety of different students through the sailing club.
1	0.22%	It has allowed me to meet people with the same interests as me.
1	0.22%	It has allowed me to safely practice/train for techniques that aid me in real-world situations (such as for rock-climbing/rappelling and skiing)
1	0.22%	It has also added a sense of fun and enjoyment to my experience here at Tech.
1	0.22%	It has also been exceptionally fun.
1	0.22%	It has given me a good way to relieve stress during finals week.
1	0.22%	It has given me a sence of freedom in the winter time.
1	0.22%	It has given me a sense of belonging on this campus. Because of these services I have gained another group of people that I trust and can participate in activities with.
1	0.22%	It has given me a way to gt away from constant studying and just not think for an hour every once and a while.
1	0.22%	It has given me an activity that I have in common with other people, helping to make friends
1	0.22%	It has given me something to do with my time and is used to destress

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	
1	0.22%	It has given me time away from school.
1	0.22%	It has greatly improved my mental well being. After a hard stressful day it is great to be able to go to the QCFC and blow off some steam lifting weights, rowing, or using the stationary bikes. Also, when the weather is nice I frequent the tech trails both on foot and on my bicycle.
1	0.22%	It has helped me be able to play sports with friends
1	0.22%	It has helped me become more involved and feel like more of a part of the university
1	0.22%	It has helped me live a healthy life style
1	0.22%	It has helped me meet a number of people and learn more through those relationships.
1	0.22%	It has helped me meet people and make more friends up here.
1	0.22%	It has helped me to challenge myself in terms of personal fitness.
1	0.22%	It has helped me to notice what is all out there for me and I know that there is always something I can do when I need to get out of the dorms or take a break from studying.
1	0.22%	It has helped me to remain focused and on a schedule. There is easy access to the recreational services which helps to fit into a busy college student schedule while maintaining a healthy being.
1	0.22%	It has helped me to venture out of my comfort zone more often.
1	0.22%	It has made me a better student.
1	0.22%	It has made me enjoy all the days no matter how stressful they become.
1	0.22%	It has made me get of my room and go do something for once.
1	0.22%	It has made my time at Tech enjoyable and provides fun activities for my friends and I to do in our free time.
1	0.22%	it has not
1	0.22%	It has provided a much needed break from the regular school schedule
1	0.22%	It has provided good facilities for what I need.
1	0.22%	It has provided me with credits required for graduation
1	0.22%	It has provided me with opportunities to explore the Keweenaw, as well as opportunities to meet other students I probably would not have met otherwise.
1	0.22%	It helped me to find a way to escape all of the studying and stress of normal course work.
1	0.22%	It helped with making new friends.
1	0.22%	It helps me feel less nervous about exercising with other people.
1	0.22%	It helps me to relax and take a study break while maintaining a healthy lifestyle.
1	0.22%	It helps with a sense of accomplishment which helps improve overall feeling of well-being.
1	0.22%	It helps with anxiety
1	0.22%	It helps you meet new people
1	0.22%	It is a good break from difficult classwork and a great opportunity to try any and all sports that you either have little or no experience in.
1	0.22%	It is a good place to go to to just get my mind off things and blow off some steam.
2	0.44%	It is fun
1	0.22%	It is good to be able to go explore the area and get away from classes and stress for a while
1	0.22%	It is just a good way to get away from all of the homework and schoolwork, and do something productive(ish).
1	0.22%	It is nice to get away from homework and academics every once in a while, in which this helps give me reason to take a break.
1	0.22%	It is really nice just to have the facilities I require for working out and staying fit available to me all the time.
1	0.22%	It is really nice that there are facilities that are available on campus in order to stay healthy.
1	0.22%	It just made it more enjoyable. If you didn't have something for the activity to wanted to do, OAP for example, would have it for you.
1	0.22%	It just provides a fun easy way to get out of the dorms and de-stress from all the academic activities.
1	0.22%	It keeps me from loosing my mind during the school year when I'm overwhelmed and stressed.
1	0.22%	It keeps your mind clear of anything else that's going on and gives you a break from school and other life problems
1	0.22%	It lets me meet other people with similar interests.
1	0.22%	It made my time at school much more enjoyable.
1	0.22%	It makes me feel included and like I am productive and part of something--like I have a purpose in something, which feels good!
1	0.22%	It offers a great outlet thats different from my normal life

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	
1	0.22%	It provides a good escape from the academic mind set.
1	0.22%	It provides me with a way to relieve stress.
1	0.22%	It's a HUGE stress reliever.
1	0.22%	It's a lot of fun! Great stress relief
1	0.22%	It's a nice way to take a break from studying or from looking at a computer screen
1	0.22%	It's been a good way to relieve stress.
1	0.22%	It's fun.
1	0.22%	It's helped me come to the realization that I need to take care of my body to continue living healthy, and that it's not just about having a nice physique.
1	0.22%	It's helped me to feel comfortable trying new things. I never thought I would like Zumba... as a fitness class looks a little crazy... but I really enjoy it! I think I'm more willing to go out and try new things after this positive experience
1	0.22%	It's helped me to find a group of friends to hang out with outside of my major.
1	0.22%	It's helped me understand the area better. Traveling with clubs has showed me places I never would have known about.
1	0.22%	It's something to look forward to during a long or stressful week.
1	0.22%	It's Tech. One of the major worries when coming here is that there isn't anything to do because it's in the middle of nowhere. It's great that we have a program set up to make activities to do for the students.
1	0.22%	Its allowed me to make new friends
1	0.22%	Its nice to know that the option is there if I want it.
1	0.22%	Just given me an outlet to make classes easier
1	0.22%	Just helping me stay healthy
1	0.22%	Just kept me active!
1	0.22%	just remembering to stay active is a good way to stay happy and healthy.
1	0.22%	Keeping fit, active and healthy which is my ultimate goal in utilizing these facilities
1	0.22%	Keeping me in shape with the range of weights and machines available. It helps having lots of weights available especially when it's buay in the evenings.
1	0.22%	Keeps me from staying indoors especially during the harsh winter. I stay more active during these cold months and don't get the winter blues.
1	0.22%	Keeps me occupied and gets me up in the morning
1	0.22%	Knowing about others and how to manage multi tasks.
1	0.22%	Learn to balance acads and activities.
1	0.22%	Learned new skills, and new activities
1	0.22%	Learned techniques to calm myself and relax before exams or just throughout the day. Yoga.
1	0.22%	learned to skate and swimming techni
1	0.22%	Learning how to ski has helped me get out more in the winter.
1	0.22%	Less expensive community programs for students
1	0.22%	Let me do things that I probably would never do otherwise.
1	0.22%	Lowering stress levels.
1	0.22%	Made me a better instructor
1	0.22%	Made me a better person
1	0.22%	made me more social
1	0.22%	Made me stronger and more relaxed.
1	0.22%	Made new friends from different backgrounds and cultures
1	0.22%	Mainly just a release from the stress of classes.
1	0.22%	Mainly stress management and keeping away the winter blues
1	0.22%	Maintaing balance
1	0.22%	Makes for a good stress reliever.
1	0.22%	makes me have to get outside when I think I don't have time for it, I just make it be a gym class so I have to go
1	0.22%	Makes me strive to perfect my physical abilities
1	0.22%	Makes the winters go by faster if you get out there and enjoy them
1	0.22%	makes things fun with IM sports.
1	0.22%	Maybe campus should have a professional badminton court
1	0.22%	meet new people

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	
1	0.22%	Meet new people
1	0.22%	Meet new people and have fun.
2	0.44%	Meeting new people
1	0.22%	Meeting new people and making friends
1	0.22%	Meeting new people. Expanding mental and physical borders. Created new interests.
1	0.22%	Met new people
1	0.22%	More activities
1	0.22%	More open skate for students. The sessions are very crowded and difficult for advanced skaters to practice,even if this open ice was held early morning on week days I would love to attend.
1	0.22%	Most of the enhancements were because of the rowing club
1	0.22%	Mostly as a stress reliever, this allows me to also have a confidence boost in what I can and cant do
1	0.22%	Motivated to stay active!
1	0.22%	My participation in Campus Recreation activities have helped me create good habits, not only with my health but with my school and studies as well.
1	0.22%	My time management skills have definitely gotten better
8	1.77%	n/a
2	0.44%	N/a
15	3.33%	N/A
2	0.44%	na
2	0.44%	Na
1	0.22%	Need to exercise for stress relief.
1	0.22%	new adventures with the OAP
1	0.22%	Nice to get out and actually do something
2	0.44%	no
1	0.22%	No
1	0.22%	No basis to judge
1	0.22%	No comment
2	0.44%	none
4	0.89%	None
1	0.22%	None other than listed
1	0.22%	None Reall6
1	0.22%	none
1	0.22%	Not only can you make friendships, you can strengthen those friendships through campus recreation.
1	0.22%	Not only has it helped me maintain a healthier lifestyle, but also motivates me to keep the lifestyle and helps motivate me in school
1	0.22%	not sure
1	0.22%	Nothing in particular
1	0.22%	Offered lots of opportunities for me
1	0.22%	Opened door to many new opportunities.
1	0.22%	Opportunity to learn other means of fitness and stress relief before exams
1	0.22%	Participating in a variety of Campus Recreation activities has introduced me to new things and helped me to learn more about healthy living.
1	0.22%	Participating in broomball has helped me feel a sense of community because it is most often associated with Michigan Tech. I feel like I'm part of a special club when I play broomball.
1	0.22%	Participating in Campus Recreation activities gives me the upper hand when going to work on group projects and also in meetings. These extra activities has provided me with more experience and interacting with others; which has made me a more easy going and sociable person. I love the Recreational facilities at Michigan Tech.
1	0.22%	Participating provided a nice way to spend time with friends that I normally wouldn't see in my other classes.
1	0.22%	Physical activity always has helped me clear my mind and reset my focus for school.
1	0.22%	Provide some ability to keep somewhat in shape
1	0.22%	Provides healthy way to spend free time
1	0.22%	Referee for IM Sports
1	0.22%	Reffing inner-tube water-polo.

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	
1	0.22%	Refreshment
1	0.22%	Relaxing
1	0.22%	Self confidence, Reduced my anxiety
1	0.22%	Sense of adventure!
1	0.22%	Sense of Community
1	0.22%	Skiing in winter, MTB in summer is a great combination.
1	0.22%	Skiing, biking, waterpolo all super fun, but we need a varsity swim team.
1	0.22%	Social activity, it's been a good way to make new friends.
1	0.22%	Something to do to fill the gaps in your schedule !
1	0.22%	Sometimes it is nice just to walk in the woods and relax. Not having to think about the hundreds of things I have to do really helps with stress.
1	0.22%	Stay active, be more involved and meet new people
1	0.22%	Staying fit
1	0.22%	Stress
1	0.22%	Stress relief
1	0.22%	Stress relief has been very important. Also feeling better about myself
1	0.22%	Studying constantly can get overwhelming at Tech- exercise not only gives me a break but energizes me to keep on working. Not to mention, it adds to the sense of accomplishment at the end of the day!
1	0.22%	Teach others to be fit too.
1	0.22%	Tennis
1	0.22%	The "campus Recreation Activities" may have helped enable good habits but the definition of those habits was had long before coming to Tech.
1	0.22%	The ambience & Facilities at SDC and sense of co-ordination among people
1	0.22%	The availability, extensive use by students of all levels of ability, and the low cost all encourage participation. If these were not all factors, I would probably not use them as much, and my health would suffer for it.
1	0.22%	The campus recreation at Tech helps when the community feeling. It gives an outlet to go in groups and bond with other students.
1	0.22%	The campus resources available to students have allowed me to develop better goal-setting skills. I have improved upon goal-oriented thinking to help develop myself.
1	0.22%	The club "recreational" sports that meet as much as varsity sports should get some of the perks of being a full time athlete. Such as getting PE credit for all of their work and effort.
1	0.22%	The community yoga classes have helped me to manage my stress levels and if there was any way to offer more classes that would be awesome!
1	0.22%	The DH shuttle timings and space in the shuttle
1	0.22%	The forced activity fee and tech experience fee as well as the P.E. Lab fee become a little bit worth while when I use the campus facilities.
1	0.22%	The lack of availability for Pe classes and crappy time slots forces us to either leave early, or drive at illegal speeds. Also, teach time management to your staff, seriously. The time class ends is the time we leave. Gun range is never available. Allow users to test out for safety regulations and use on own time.
1	0.22%	The mountain biking trails are a good pre exam routine, the rifle/pistol range is a good way to relax and refocus-- the people down there are awesome
1	0.22%	The OAP has provided opportunities to explore the area that I otherwise would not have had, or would not have done on my own.
1	0.22%	The Outdoor Adventure Program and Mont Ripley have been huge parts of my college career and i do not know how i would have kept my sanity with them
1	0.22%	The Outdoor adventure program has helped immensely in making living in this beautiful place even more enjoyable.
1	0.22%	The pool hours provide me with a time table to get stuff done on campus and swimming provides me with stress relief. Cardio (like on the track or treadmill) is typically for fitness or weight loss purposes. The group classes seem like a good idea, but I usually do better getting up in the morning at home and doing a workout video. I don't like to work out in front of people. Because of the noise factor, I feel alone when I'm in the pool, but the other workout options make me anxious because of all the people.
1	0.22%	The positive results I saw in my own body and lifestyle enabled others to come to me for advice on a healthier lifestyle. I became a positive role model and motivator for my friends and family
1	0.22%	The staff and activities really made it a lot more fun to do more.

Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?

Count	Percent	Response
1	0.22%	The weight room has provided good access to good weightz and machines. The tech trails are great for biking and exploring
1	0.22%	These programs are really fun and everything but I don't see how they improve any of these things. They're just something to do with friends. I hope my answers in the survey don't lead you to change them because sometimes you need something that's just fun in your life!!
1	0.22%	These programs have helped me out in more ways than I can name, but I'll give you the top three: 1) Making friends, 2) Staying healthy, and 3) Managing my time
1	0.22%	They allow for a healthy break from academics.
1	0.22%	They are great.
1	0.22%	They give you a chance to learn better time management at low risk
1	0.22%	They have allowed me to experience something new.
1	0.22%	They have enhanced my attitude and outlook on life
1	0.22%	They have helped me to branch out and meet new people as well as getting fit and living a better life style
1	0.22%	They help me to relax
1	0.22%	They helped me make new friends.
1	0.22%	They offer a release for students.
1	0.22%	They played a big role in my decision to come to Michigan Tech, and I continue to challenge myself and be surprised by what I can accomplish. Most of my best memories from Michigan Tech are during Campus Recreation activities.
1	0.22%	They provide a great way to stay in shape through the weight room and to meet new people through team intramural sports.
1	0.22%	This survey is too long
1	0.22%	Travel and meet people who like the same things
1	0.22%	Typically use facilities independently and not often enough to assess well
1	0.22%	University should have some running/marathon or challenging event to motivate student to be more fun and active.
1	0.22%	Updated locker rooms and facilities, after going to other schools and transferring a possible field house
1	0.22%	Very useful to get needed exercise.
1	0.22%	Wakes me up in the morning so I am ready for class and work.
1	0.22%	We need a squat deck in the SDC fitness center, or a heavy lifters room in the SDC somewhere. I'm tired of getting yelled at for "slamming" down weight that is over 300 pounds
1	0.22%	well rounded and balanced activity types.
1	0.22%	What is available at Tech has helped me gain a better understanding of the importance of staying active. By providing so many options for fitness, I have tried activities I had never tried before attending Tech, which has expanded my curiosity to try new things.
1	0.22%	When I'm stressed out, it's nice to get a group of friends together to go work out. That way I'm not feeling stressed out as much anymore and im doing something about being stressed other than lying around.
1	0.22%	Working out and exercising was an ESSENTIAL part of my education here at Michigan Tech. It helps prevent depression during the sunless winter months and relieve the intense stress from school, all while having fun and improving health.
1	0.22%	Working out keeps me unstressed and more focused on my studies.
1	0.22%	Yes
1	0.22%	Yoga at home
1	0.22%	You only get out of an experience what you put in.

451 Respondents

Q59. Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services? (Check all that apply)

Count	Respondent %	Response %	Response
464	32.93%	10.38%	Was not aware of offerings
163	11.57%	3.65%	Do not like to exercise

Q59. Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services? (Check all that apply)

Count	Respondent %	Response %	Response
194	13.77%	4.34%	Injury or disability
295	20.94%	6.60%	Price/not affordable
943	66.93%	21.10%	No time
16	1.14%	0.36%	Child care was not available
386	27.40%	8.64%	Programs not offered at convenient times
161	11.43%	3.60%	Parking was a problem
195	13.84%	4.36%	Facilities are too spread out around campus
100	7.10%	2.24%	Facilities do not have the right equipment
355	25.20%	7.94%	Facilities are too crowded
209	14.83%	4.68%	Lack of privacy
97	6.88%	2.17%	Facilities are closed for events/activities that I do not wish to participate in
235	16.68%	5.26%	Hours of operation are not convenient
68	4.83%	1.52%	Lack of quality facilities
101	7.17%	2.26%	Facilities are too outdated
277	19.66%	6.20%	Do not know how to use the equipment
47	3.34%	1.05%	I use facilities off campus.
76	5.39%	1.70%	Other (please specify)

Count	Percent	Response
1	1.32%	weighing machine is out dated
1	1.32%	\$10 Ball Deposit
1	1.32%	30+ minute commute
1	1.32%	Ability to get to them without spending 45 min - 1 hr walking there and back since I live off campus and do not have a car. If the university had easy transportation or a shuttle to get from downtown even to MTU (not even up the hill), it would be easy to get there.
1	1.32%	Anxiety
1	1.32%	anxiety for new programs
1	1.32%	BIG HILL
1	1.32%	Broken equipment
1	1.32%	broken equipment and expensive
1	1.32%	Broken exercise equipment
1	1.32%	cannot find a closet to keep my clothes
1	1.32%	Deposit to rent basketballs
1	1.32%	DHH equipment is not fixed in a timely manner
1	1.32%	Digital Logic
1	1.32%	don't have a car to get there
1	1.32%	Earlier times for gym and fitness classes would be helpful; price for fitness classes WAY too expensive for students; also many activities/membership that are affordable for students are too expensive for (non-spouse) partners
1	1.32%	ellipticals are usually full but not rest of gym - I prefer elliptical with arm levers and there's only 1
1	1.32%	Excess of machines that break in DHH
1	1.32%	Facility is rarely available for open use (in comparison to other facilities)
1	1.32%	Have to take a friend to the gym with me as people will stare otherwise, would really like to be able to go to the gym without worrying if someone will make a comment about my butt on yik yak
1	1.32%	I am not located on or near campus currently
1	1.32%	I am transgender and do not feel comfortable using the locker rooms or being in the gym with a lot of people.
1	1.32%	I enjoy running which means I don't need to use the gym at school.
1	1.32%	I hate snow
1	1.32%	I like to work out at home.
1	1.32%	I normally run outside
1	1.32%	I prefer to do outdoor activities with my friends, not strangers, at my chosen locations
1	1.32%	I work out best on my own and alone
1	1.32%	I'd go more often if the SDC was closer. and I'd use the one in the bottom of the hall if it was free
1	1.32%	If there's a room for dancing, I don't know about it. It would be cool if there was a place I could practice my tap dancing.

Q59. Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services? (Check all that apply)

Count	Respondent %	Response %	Response
1	1.32%		inadequate transportation services.
1	1.32%		Inappropriate dress of individuals using SDC
1	1.32%		Intimidated by the guys
1	1.32%		Just didn't care to
1	1.32%		Keep activities together. Volleyball and badminton nets have been on every court. Nets are then left after the people leave. Equipment needs deposit--use mtu id?
1	1.32%		Lack of girl involvement
1	1.32%		lack of gym etiquette among peers
1	1.32%		Lack of motivation
1	1.32%		Lack of room for abs/free weights
1	1.32%		Laziness
1	1.32%		motivation
1	1.32%		My Age (15) doesn't allow me to do much
1	1.32%		No lifegaurds on duty when I would prefer
1	1.32%		No locker space
1	1.32%		No motivation to get to the gym.
1	1.32%		No open lockers for short-time use (up to 30min). Not large enough locker room.
1	1.32%		No parking for the fitness center during sporting events
1	1.32%		NO PEC DECK MACHINE IN THE SDC
1	1.32%		No people to go with
1	1.32%		No time to participate
1	1.32%		Nobody in my friend group wants to work out with me.
1	1.32%		Not enough lockers!!!
1	1.32%		Not sure how to Join IM teams, as I tried and failed for basketball, and not sure how to join games or utilize the multipurpose room courts
1	1.32%		Parking during sporting events is stressful because in the winter we come to the gym in shorts and Tshirt to run, but have to park so far because of the husky club. By the time we get to the building we are frozen and irritated.
1	1.32%		pool hours could be more open
1	1.32%		Pool is closed all the time
1	1.32%		pool times on weekends arent convenient
1	1.32%		Rifle range needs major overhaul to make completely safe
1	1.32%		Rock wall needs improvement and should be able to be climbed if certified but not a member of ridge roamers
1	1.32%		School work
1	1.32%		SDC shuttle timings on weekends
1	1.32%		seem to be too busy
1	1.32%		Should have "walk in" lockers that are not assigned to people
1	1.32%		snap fitness has tanning
1	1.32%		Snow
1	1.32%		Some people always shouts in the room
1	1.32%		Sometimes the machines are broken
1	1.32%		Sports teams are always using multipurpose room 3-6, but then it's packed after 6pm! Never open enough to just shoot hoops.
1	1.32%		The pool is not good. I like to swim and play water polo
1	1.32%		The SDC hill is a real pain
1	1.32%		TOO FAR
1	1.32%		transportaion from home to SDC
1	1.32%		travel
1	1.32%		unable to find further information, ie. introduction to aerial silks
1	1.32%		Varsity Sports take convenient time spots for space
88	6.25%	1.97%	None of the above
1409	Respondents		

Q59. Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services? (Check all that apply)

Count	Respondent %	Response %
4470	Responses	

Q60. Which of the following other recreational facilities do you currently use? (Check all that apply)

Count	Respondent %	Response %	
49	3.49%	2.19%	Local health clubs
257	18.30%	11.49%	Facilities at your place of residence
365	26.00%	16.32%	Community parks and recreational facilities
276	19.66%	12.34%	Home equipment
1052	74.93%	47.05%	Outdoor (e.g., run, bike)
52	3.70%	2.33%	Other (please specify)

Count	Percent	
1	1.92%	AFROTC
1	1.92%	boats in river
1	1.92%	broomball
1	1.92%	BUTI fitness dvd's everyday
1	1.92%	Climbing wall at SDC
1	1.92%	Community Workout Building
1	1.92%	Equestrian facility
1	1.92%	Hancock Crossfit Gym
1	1.92%	Hockey rinks outside
1	1.92%	library.
1	1.92%	Local High School Facilities
1	1.92%	Local hotel's pool
1	1.92%	Mont Ripley
1	1.92%	motocross track in South Range
1	1.92%	mt. ripley
1	1.92%	MTU SDC
1	1.92%	PE course
1	1.92%	QCFC
1	1.92%	Rifle range
1	1.92%	roller derby
4	7.69%	sdc
2	3.85%	Sdc
6	11.54%	SDC
1	1.92%	SDC cardio/weight room
1	1.92%	SDC Pool
1	1.92%	SDC, Gymnastics Club
1	1.92%	Snowboarding
1	1.92%	South range mx track
2	3.85%	Tech Trails
1	1.92%	Tech Trails, Mont Ripley
1	1.92%	TENNIS
1	1.92%	The docks by Super 8 Hotel
1	1.92%	The SDC
1	1.92%	varsity gym
1	1.92%	Varsity gym
1	1.92%	varsity sports
1	1.92%	Varsity weightroom
1	1.92%	weight roombin SDC
1	1.92%	Woods

Q60. Which of the following other recreational facilities do you currently use? (Check all that apply)

Count	Respondent %	Response %	
	1	1.92%	work
185	13.18%	8.27%	None of the above
1404	Respondents		
2236	Responses		

Q61. If you have a membership at a local health club or other public facility, what are your monthly dues?

Count	Percent	
107	7.67%	\$0
76	5.45%	\$1 - \$24 per month
32	2.29%	\$25 - \$49 per month
9	0.65%	\$50 - \$74 per month
3	0.22%	\$75 - \$99 per month
2	0.14%	\$100 or more per month
1166	83.58%	Not applicable
1395	Respondents	

Q62. How old are you?

Count	Percent	
1	0.09%	Younger than 16
0	0.00%	16
1	0.09%	17
125	10.65%	18
200	17.04%	19
242	20.61%	20
167	14.22%	21
156	13.29%	22
75	6.39%	23
47	4.00%	24
32	2.73%	25
23	1.96%	26
21	1.79%	27
12	1.02%	28
19	1.62%	29
9	0.77%	30
5	0.43%	31
7	0.60%	32
7	0.60%	33
6	0.51%	34
4	0.34%	35
1	0.09%	36
3	0.26%	37
0	0.00%	38
0	0.00%	39
0	0.00%	40
4	0.34%	41
0	0.00%	42
0	0.00%	43
1	0.09%	44

Q69. With which category do you most identify?			
Count	Percent		
	2	8.70%	European American
	1	4.35%	Human
	1	4.35%	indian
	1	4.35%	Indian
	1	4.35%	INDIAN
	1	4.35%	Irrelevant.
	1	4.35%	Kashmir Flying
	1	4.35%	mom's spaghetti
	1	4.35%	Redneck
	1	4.35%	Scottish
	1	4.35%	South asian
	1	4.35%	tomato
	1	4.35%	White British
40	2.86%	Prefer not to respond	
1398	Respondents		

Q70. Please indicate your current class standing:			
Count	Percent		
272	19.46%	First year/Freshman	
235	16.81%	Sophomore	
275	19.67%	Junior	
317	22.68%	Senior	
293	20.96%	Graduate student	
4	0.29%	Professional student	
2	0.14%	Non-degree seeking/Continuing education student	
1398	Respondents		

Q71. What is your current enrollment status?			
Count	Percent		
1334	95.70%	Full time	
60	4.30%	Less than full time	
1394	Respondents		

Q72. How many credit hours are you taking this semester?			
Count	Percent		
1395	100.00%	Please enter a number only.	
	Count	Percent	
	1	0.07%	280
	1	0.07%	121
	2	0.14%	21
	2	0.14%	20
	4	0.29%	19
	104	7.46%	18
	177	12.69%	17
	220	15.77%	16
	230	16.49%	15

Q72. How many credit hours are you taking this semester?

Count	Percent	
146	10.47%	14
93	6.67%	13
99	7.10%	12
10	0.72%	11
48	3.44%	10
194	13.91%	9
6	0.43%	8
5	0.36%	7
17	1.22%	6
2	0.14%	5
5	0.36%	4
9	0.65%	3
3	0.22%	2
16	1.15%	1
1	0.07%	0

1395 Respondents

Q73. Did you transfer to this institution?

Count	Percent	
1236	89.44%	No
81	5.86%	Yes, from a two-year college
65	4.70%	Yes, from a four-year college or university
1382		Respondents

Q74. Where do you currently live?

Count	Percent	
665	47.88%	On campus (e.g., residence hall, apartment, family housing)
50	3.60%	Fraternity or sorority housing
572	41.18%	Off campus, alone or with friends/roommates
38	2.74%	Off campus, with my parent(s)/guardian(s)
62	4.46%	Off campus, with my spouse/partner/children
0	0.00%	I am currently studying abroad.
2	0.14%	Other (please specify)

Count	Percent	
1	50.00%	Off campus as a distance learning student
1	50.00%	off campus with my daughter

1389 Respondents

Q75. In which subject area is your major?

Count	Percent	
55	3.96%	Business
68	4.90%	Computer Science
7	0.50%	Education
934	67.24%	Engineering
48	3.46%	Health Sciences
1	0.07%	Interdisciplinary

Q75. In which subject area is your major?

Count	Percent	
18	1.30%	Liberal Arts/Humanities
26	1.87%	Mathematics
64	4.61%	Physical Sciences
31	2.23%	Social Sciences
28	2.02%	Technology
7	0.50%	Visual and Performing Arts
12	0.86%	I have more than one major
6	0.43%	Undecided
84	6.05%	Other (please specify)

Count	Percent	
1	1.19%	ACSHF
1	1.19%	Applied Ecology and Environmental Science
1	1.19%	Applied Math and Computer Science
3	3.57%	Biochemistry
1	1.19%	Biochemistry and Molecular Biology
1	1.19%	Biological and environmental sciences
1	1.19%	biological science
2	2.38%	Biological Science
1	1.19%	Biological Sciences
1	1.19%	biology
1	1.19%	Biology
2	2.38%	chemistry
2	2.38%	Chemistry
1	1.19%	Chemistry and computer science
1	1.19%	Chemistry PhD
3	3.57%	CNSA
1	1.19%	ecology
2	2.38%	Ecology
1	1.19%	Engineering technology
1	1.19%	Environmental science
1	1.19%	Environmental Science
1	1.19%	Environmental sciences
1	1.19%	Environmental Sciences
1	1.19%	environmetnal sciences
2	2.38%	Forest Ecology
1	1.19%	forestry
18	21.43%	Forestry
1	1.19%	Forestry and wildlife managment
1	1.19%	Forestry/Wildlife
1	1.19%	General Sciences and Arts
5	5.95%	Geology
1	1.19%	geosciences
1	1.19%	Humanities
1	1.19%	industrial archaeology
1	1.19%	Mathematics and Physics (double major)
2	2.38%	Natural Resources
1	1.19%	Natural Resources - Forestry
1	1.19%	Physical Sciences and Education
1	1.19%	physical sciences and engineering
6	7.14%	Psychology
1	1.19%	science
1	1.19%	Science
1	1.19%	Sports & Fitness Management
1	1.19%	Sports and Fitness Management
2	2.38%	Wildlife Ecology

Q75. In which subject area is your major?

Count	Percent	
2	2.38%	Wildlife Ecology and Management
0	0.00%	Not applicable/I do not have a major.
1389	Respondents	

Q76. Are you an international student?

Count	Percent	
185	13.36%	Yes
1200	86.64%	No
1385	Respondents	

Q77. Do you identify as lesbian, gay, bisexual, or queer (i.e., an umbrella term to refer to all LGBTIQ people)?

Count	Percent	
86	6.20%	Yes
1301	93.80%	No
1387	Respondents	

Q78. How many miles do you live from the on-campus Recreation Center?

Count	Percent	
675	48.46%	Less than 1 mile
603	43.29%	1 - 5 miles
76	5.46%	6 - 10 miles
21	1.51%	11 - 15 miles
8	0.57%	16 - 20 miles
10	0.72%	More than 20 miles
1393	Respondents	

Q79. How many hours do you typically spend a week studying?

Count	Percent	
16	1.15%	0 hours
358	25.79%	1 - 10 hours
504	36.31%	11 - 20 hours
305	21.97%	21 - 30 hours
107	7.71%	31 - 40 hours
98	7.06%	More than 40 hours
1388	Respondents	

Q80. Is the number of hours that you indicated in the last question more or less than you expected?

Count	Percent	
303	21.83%	More hours than I expected
915	65.92%	About what I expected

Q80. Is the number of hours that you indicated in the last question more or less than you expected?

Count	Percent	
170	12.25%	Fewer hours than what I expected
1388		Respondents

Q81. How many hours do you typically spend working for pay each week?

Count	Percent	
646	46.58%	0 hours
343	24.73%	1 - 10 hours
252	18.17%	11 - 20 hours
77	5.55%	21 - 30 hours
38	2.74%	31 - 40 hours
31	2.24%	More than 40 hours
1387		Respondents

Q82. What percentage of your college expenses are you personally responsible for?

Count	Percent	
147	10.63%	0%
342	24.73%	1% - 25%
207	14.97%	26% - 50%
158	11.42%	51% - 75%
529	38.25%	76% - 100%
1383		Respondents

Q83. Are you currently employed by the Campus Recreation department?

Count	Percent	
1295	94.11%	No
61	4.43%	Yes, I am currently employed by the Campus Recreation department.
20	1.45%	I am not currently employed by the Campus Recreation department, but have been in the past.
1376		Respondents

Q84. What is your expected GPA for this semester/quarter?

Count	Percent	
677	48.78%	3.5 - 4.0
476	34.29%	3.0 - 3.4
184	13.26%	2.5 - 2.9
43	3.10%	2.0 - 2.4
8	0.58%	Below 2.0
1388		Respondents

Q85. Have you ever been enlisted in any branch of the US military (active duty, veteran, national guard, or reserves)?

Count	Percent	
22	1.58%	Yes

Q85. Have you ever been enlisted in any branch of the US military (active duty, veteran, national guard, or reserves)?

Count	Percent	
1370	98.42%	No
1392		Respondents

Q86. If you could start over again, would you go to the same institution you are now attending?

Count	Percent	
642	46.25%	Definitely would
501	36.10%	Probably would
114	8.21%	Probably would not
43	3.10%	Definitely would not
88	6.34%	Not sure
1388		Respondents

Q87. How likely is it that you will be enrolled at this college/university next semester/quarter?

Count	Percent	
1073	77.31%	Extremely likely
88	6.34%	Somewhat likely
8	0.58%	Somewhat unlikely
25	1.80%	Extremely unlikely
15	1.08%	Not sure
179	12.90%	Not applicable/Graduating
1388		Respondents

Q88. Are you willing to answer additional survey questions about your satisfaction with Campus Recreation facilities, services, and programs?

Count	Percent	
886	63.65%	Yes
506	36.35%	No
1392		Respondents

Q89. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are friendly.

Count	Percent	
350	43.05%	Strongly agree
328	40.34%	Somewhat agree
57	7.01%	Neither agree nor disagree
13	1.60%	Somewhat disagree
2	0.25%	Strongly disagree
63	7.75%	No basis to judge
813		Respondents

Q90. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are knowledgeable.

Count	Percent	
280	34.48%	Strongly agree
294	36.21%	Somewhat agree
103	12.68%	Neither agree nor disagree
19	2.34%	Somewhat disagree
6	0.74%	Strongly disagree
110	13.55%	No basis to judge
812		Respondents

Q91. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are available to answer questions.

Count	Percent	
247	30.49%	Strongly agree
319	39.38%	Somewhat agree
102	12.59%	Neither agree nor disagree
30	3.70%	Somewhat disagree
13	1.60%	Strongly disagree
99	12.22%	No basis to judge
810		Respondents

Q92. Please indicate your level of agreement with the following statements: - Recreation facilities are clean.

Count	Percent	
362	44.42%	Strongly agree
374	45.89%	Somewhat agree
41	5.03%	Neither agree nor disagree
24	2.94%	Somewhat disagree
4	0.49%	Strongly disagree
10	1.23%	No basis to judge
815		Respondents

Q93. Please indicate your level of agreement with the following statements: - Recreation facilities provide a safe environment.

Count	Percent	
455	56.80%	Strongly agree
286	35.71%	Somewhat agree
42	5.24%	Neither agree nor disagree
4	0.50%	Somewhat disagree
2	0.25%	Strongly disagree
12	1.50%	No basis to judge
801		Respondents

Q94. Please indicate your level of agreement with the following statements: - Recreation facilities are well-maintained to encourage participation (e.g., temperature, ventilation).

Count	Percent	
381	46.98%	Strongly agree
319	39.33%	Somewhat agree
46	5.67%	Neither agree nor disagree
47	5.80%	Somewhat disagree
8	0.99%	Strongly disagree
10	1.23%	No basis to judge
811		Respondents

Q95. Please indicate your level of agreement with the following statements: - Fitness equipment is clean.

Count	Percent	
356	43.95%	Strongly agree
315	38.89%	Somewhat agree
57	7.04%	Neither agree nor disagree
30	3.70%	Somewhat disagree
6	0.74%	Strongly disagree
46	5.68%	No basis to judge
810		Respondents

Q96. Please indicate your level of agreement with the following statements: - Fitness equipment is well-maintained.

Count	Percent	
309	38.10%	Strongly agree
310	38.22%	Somewhat agree
84	10.36%	Neither agree nor disagree
49	6.04%	Somewhat disagree
11	1.36%	Strongly disagree
48	5.92%	No basis to judge
811		Respondents

Q97. Please indicate your level of agreement with the following statements: - Fitness equipment is available when I want to use it.

Count	Percent	
198	24.38%	Strongly agree
360	44.33%	Somewhat agree
107	13.18%	Neither agree nor disagree
90	11.08%	Somewhat disagree
12	1.48%	Strongly disagree
45	5.54%	No basis to judge
812		Respondents

Q98. Please indicate your level of satisfaction with the following: - Number of weight machines

Count	Percent	
261	32.26%	Very satisfied
264	32.63%	Somewhat satisfied

Q98. Please indicate your level of satisfaction with the following: - Number of weight machines

Count	Percent	
89	11.00%	Neither satisfied nor dissatisfied
33	4.08%	Somewhat dissatisfied
5	0.62%	Very dissatisfied
157	19.41%	No basis to judge
809		Respondents

Q99. Please indicate your level of satisfaction with the following: - Number of free weights

Count	Percent	
282	34.64%	Very satisfied
211	25.92%	Somewhat satisfied
87	10.69%	Neither satisfied nor dissatisfied
64	7.86%	Somewhat dissatisfied
11	1.35%	Very dissatisfied
159	19.53%	No basis to judge
814		Respondents

Q100. Please indicate your level of satisfaction with the following: - Number of cardio machines

Count	Percent	
253	31.27%	Very satisfied
243	30.04%	Somewhat satisfied
87	10.75%	Neither satisfied nor dissatisfied
98	12.11%	Somewhat dissatisfied
14	1.73%	Very dissatisfied
114	14.09%	No basis to judge
809		Respondents

Q101. Please indicate your level of satisfaction with the following: - Adequate stretching areas

Count	Percent	
134	16.58%	Very satisfied
213	26.36%	Somewhat satisfied
112	13.86%	Neither satisfied nor dissatisfied
189	23.39%	Somewhat dissatisfied
65	8.04%	Very dissatisfied
95	11.76%	No basis to judge
808		Respondents

Q102. Please indicate your level of satisfaction with the following: - Cleanliness of locker rooms

Count	Percent	
185	22.84%	Very satisfied
252	31.11%	Somewhat satisfied
139	17.16%	Neither satisfied nor dissatisfied
62	7.65%	Somewhat dissatisfied
19	2.35%	Very dissatisfied
153	18.89%	No basis to judge

Q102. Please indicate your level of satisfaction with the following: - Cleanliness of locker rooms

Count	Percent
810	Respondents

Q103. Please indicate your level of satisfaction with the following: - Availability of facilities (e.g., gym, fields, courts) for free play and open recreation

Count	Percent	
202	25.03%	Very satisfied
283	35.07%	Somewhat satisfied
143	17.72%	Neither satisfied nor dissatisfied
67	8.30%	Somewhat dissatisfied
16	1.98%	Very dissatisfied
96	11.90%	No basis to judge
807	Respondents	

Q104. Please indicate your level of satisfaction with the following: - Location of campus recreation facilities

Count	Percent	
205	25.56%	Very satisfied
276	34.41%	Somewhat satisfied
153	19.08%	Neither satisfied nor dissatisfied
117	14.59%	Somewhat dissatisfied
34	4.24%	Very dissatisfied
17	2.12%	No basis to judge
802	Respondents	

Q105. Please indicate your level of satisfaction with the following: - Amount of indoor recreation space on campus

Count	Percent	
235	29.19%	Very satisfied
316	39.25%	Somewhat satisfied
115	14.29%	Neither satisfied nor dissatisfied
84	10.43%	Somewhat dissatisfied
20	2.48%	Very dissatisfied
35	4.35%	No basis to judge
805	Respondents	

Q106. Please indicate your level of satisfaction with the following: - Amount of outdoor recreation space on campus

Count	Percent	
378	46.72%	Very satisfied
246	30.41%	Somewhat satisfied
93	11.50%	Neither satisfied nor dissatisfied
39	4.82%	Somewhat dissatisfied
19	2.35%	Very dissatisfied
34	4.20%	No basis to judge
809	Respondents	

**Q107. Please rate your level of satisfaction on-campus recreational facilities hours of operation:
- Hours of operation during the week (Monday - Friday).**

Count	Percent	
367	45.14%	Very satisfied
285	35.06%	Somewhat satisfied
90	11.07%	Neither satisfied nor dissatisfied
36	4.43%	Somewhat dissatisfied
7	0.86%	Very dissatisfied
28	3.44%	No basis to judge
813		Respondents

**Q108. Please rate your level of satisfaction on-campus recreational facilities hours of operation:
- Hours of operation during the weekend (Saturday - Sunday).**

Count	Percent	
263	32.51%	Very satisfied
278	34.36%	Somewhat satisfied
109	13.47%	Neither satisfied nor dissatisfied
88	10.88%	Somewhat dissatisfied
35	4.33%	Very dissatisfied
36	4.45%	No basis to judge
809		Respondents

Q109. Comments about the hours of operation, facilities, or equipment:

Count	Percent	
269	100.00%	
Count	Percent	
1	0.37%	
1	0.37%	-
1	0.37%	.
1	0.37%
1	0.37%	24 hours of operation would be a huge improvement even if it was for students only (swipe access). Even if not everything was open, but the fitness center, the multipurpose room, locker room. Not the pool or ticket counter but just basic spaces.
1	0.37%	24 hours would be great
1	0.37%	3-6 in multipurpose room should be varsity only. No exceptions
1	0.37%	Accessibility to locker space is an issue and the Athletic Director has been unprofessional in addressing the issue.
1	0.37%	All good.
1	0.37%	All were covered
1	0.37%	Bars in the weight room tend to be greasy making them difficult to grip. This makes weightlifting somewhat difficult especially with the use of chalk prohibited.
1	0.37%	be open late on fridays
1	0.37%	Biggest problem with outdoor facilities is the weather...
1	0.37%	Closing at 8 pm on any day is silly
1	0.37%	DHH needs some attention for the quad core
1	0.37%	displeased with how early the SDC fitness center closes on Saturdays, to much cardio equipment
1	0.37%	Don't like having to wait later on Sundays to work out because of late open, and early closing on Friday/Saturday
1	0.37%	Due to the location of the fitness center, you have to work out before you work out.

Q109. Comments about the hours of operation, facilities, or equipment:

Count Percent

1	0.37%	During peak hours, there is not enough cardio or lifting equipment. Especially when varsity teams use the public work out room instead of the varsity work out room (from lack of cardio machines I believe). It is also ALWAYS too hot in the gym. If no one is in the gym the temperature is still pretty hot. Even during the winter the temperature outside is -10 but the gym feels like it's in the 80 degree range. I can deal with the crowded gym by coming in at different hours but my workouts are always impeded by very poor ventilation of the gym. Hot, sweaty air is my biggest problem whenever I try to workout.
1	0.37%	Earlier Sunday's, later fridays
1	0.37%	Earlier weekend hours
1	0.37%	Equipment doesn't work half the time.
1	0.37%	Equipment in Douglass Houghton Hall is not well maintained.
1	0.37%	Equipment is clean and hours are very convenient.
1	0.37%	Everything I feel is good as is
1	0.37%	Everything is all good, just have to wait sometimes for some machines.
1	0.37%	Everything is good.
1	0.37%	Extended hours Sunday afternoon would be nice, but nothing I can't work around.
1	0.37%	Facilities Big Picture: The indoor track is less than ideal, since the outdoor track was cut up 6 years ago to make way the turf field and since both are under snow 5 months of the school year, i would urge the university to consider installing a 300m indoor track and indoor turf fiend as seen at GVSU. This would provide great training area for the Soccer and football teams as well as club sports like ultimate frisbee and others. Also to be considered, a weight and cardio room of size equal to or slightly larger than that of the SDC on the main campus. Traveling up to and back from the SDC to get a workout in adds 30 minutes to my day that i would much rather spend being productive. This would alleviate the crowding issues in the SDC and i feel encourage additional students who may not feel like hiking up to the sdc to exercise. Where to locate this on campus... The MUB would not be bad. Specific Issues: The student locker room is above capacity and i am currently unable to use a locker for my intermittent daily use as all have locks permanently on them, thus leaving very few lockers for students who have no need to permanently rent a locker. The SDC weight room has a decent amount of treadmills but only 2-4 are newer models with reasonably wide tracks, there are 4 which are less than ideal and are routinely avoided by serious runners. Please replace these old models. Fans for airflow specifically on the cardio area would also be greatly appreciated. Additionally, there is inadequate stretching area/facility in the weight room plain and simple, i would estimate that available stretching area should be approximately doubled. additionally, a elevated bench/table surface for stretching would be greatly appreciated and could be a good delineation of a stretching/core workout area. Also, the fact that the MTU experience tech fee does not include the free use of shower towels at the SDC is a crime and makes me sick that the university is attempting to nickle and dime students in that way.
1	0.37%	Fairly frequently I have had to rush my workout to finish before the gym prematurely closes on a Friday or Saturday. Additionally, the hours of operation are difficult to find online so it's a guessing game sometimes.
1	0.37%	Fitness center closes too early on Friday
1	0.37%	Fitness center closes too early on weekends.
1	0.37%	Fitness center isn't big enough for how busy it gets. Always have to wait for equipment to be available to use it.
1	0.37%	Fitness room needs to be open longer on Fridays and Saturdays
1	0.37%	Floor hockey and other sports take up the majority of basketball courts available which prohibits my ability to use the courts more times than not.
1	0.37%	Floors are always dirty in every indoor recreation room
1	0.37%	Free weight area in the SDC is always crowded
1	0.37%	Generally satisfying
1	0.37%	Generally very acceptable.
1	0.37%	Glad you put in the two spinners in weight room. Wish there were a few more. All the others are pointless to bikers.
2	0.74%	Good
1	0.37%	Great everything. Wish I knew how to access and use the multipurpose room.
1	0.37%	Gym floors are always very dusty
1	0.37%	Have only used a handful of the facilities, so cannot fairly comment on the facilities I have not used
1	0.37%	Hours of operation are good but could be expanded on weekends.
1	0.37%	Hours of operation could be increased during weekends
1	0.37%	I am someone who would love to see the SDC open super early on the weekends. I also think there should be more open ice skate time. They should also have rental ice/hockey skates!!

Q109. Comments about the hours of operation, facilities, or equipment:

Count	Percent	
1	0.37%	I can never find an open locker when I want to go swimming because too many of them are rented out.
1	0.37%	I can only get gym practice space from 10-12 at night and it's still a bit crowded in the multipurpose room. For lifting usually crowded but manageable
1	0.37%	I definitely would like the gym to be opened later in the day on the weekends
1	0.37%	I dislike that hours of operation are not posted clearly online (i.e. could not find anywhere after searching about 10 minutes). Also, it is very frustrating that the fitness center is not open 24 hours.
1	0.37%	I do not like that the SDC indoor facilities are not open on Sunday mornings.
1	0.37%	I don't like the new wipes at the gym in the SDC
1	0.37%	I enjoy working out in the mornings before the facilities are open
1	0.37%	I feel like the weight room should be open longer at night.
1	0.37%	I feel uncomfortable talking with certain staff members as they don't seem like they want to be there.
1	0.37%	I function mostly during night hours. It'd be nice to see more late night accessibility.
1	0.37%	I had not really thought about it, but the fitness area does seem to lack stretching areas or areas not occupied by machines/weights for stretching or other weight free exercises. The area that is available is good for a few people, but does quickly get cramped if more than 3-4 people are there.
1	0.37%	I have only one complaint. The stationary bikes in the QCFC either don't work properly or don't work at all apart from the one newer nicer stationary bike. I would like to see a few of the older ones replaced with new stationary bikes.
1	0.37%	I just would like to get into open swim at during times when it's just available, but I can find time to get in when pool is open to public.
1	0.37%	I know a lot of people don't like to get up as early as I do especially other students. But, I wish the SDC fitness center would be open at 530 a.m. or even 5 a.m. I am very happy though that it is available at 6 a.m. if it was to open at 7 a.m. i would be very unhappy.
1	0.37%	I know the multipurpose room floor is often dirty when I do pushups/situps
1	0.37%	I like that the fitness center open very early to accommodate different schedules.
1	0.37%	I like that you can get into the dorms at all hours, but the SDC gym closes kind of early.
1	0.37%	I like to use recreational facilities when it's late at night and I can't sleep. Not having that available is a huge let down. I would prefer having facilities late at night available more.
1	0.37%	I mostly use the pool, and the hours for open swim are sometimes difficult with class schedules
1	0.37%	I often swim and the swim suit dryer is often broken and its slow to be fixed.
1	0.37%	I only wish that maybe they were open until 11 or midnight
1	0.37%	I play badminton regularly in the multipurpose room and most of the times court3 and 4 are booked for events, I would like to suggest using court 1 and 2, we have the badminton court only on 3 and 4, please make sure at least one court is available at all times for badminton.
1	0.37%	I really enjoy swimming but most of the time, the only time I know I can for sure make time to go is Saturday morning. But there are no lifeguards on duty at this time.
1	0.37%	I really enjoy using the lap pool for swimming, however I find that the hours offered are not always convenient. It would be helpful to have extended hours so that I could swim at times (i.e. later)
1	0.37%	I think a lot of the equipment in the fitness center is very outdated or hard to use. We spend money on a lot of things at this school and it seems that the fitness center is lacking and we should put more money into a bigger area, more rooms, newer and more equipment, ect. It's discouraging to people when they go in there and they are intimidated because all the things they know how to use are taken and there's not enough room to use the mats and do floor workouts. It would also be very convenient if it was open 24/7 or until 2am everyday because some people are studying all day long, but I understand it would cost more money to run the building longer and staff it.
1	0.37%	I think the areas just need to be updated with some newer equipment
1	0.37%	I think there should be more open-skate times every week
1	0.37%	I wish that it was 24 hour swipe access only because I don't always get done with studying in time and that comes first.
1	0.37%	I wish that there was more equipment in the fitness center, but there isn't much area to put equipment in. It would be nice if there were more squat racks and specialty machines for muscles, ex: calf raises, leg kicks, curls, lay pull downs, rows. There are like 1-2 equipment pieces of each, and I wish there were 4-5. I wish that the hours of operation were open longer on the weekends. I have shown up multiple times to lift and it has been closed which is disappointing.
1	0.37%	I wish the fitness center was open earlier on weekends
1	0.37%	I wish the fitness center was open later because I like to work out later at night when I am finished with my homework

Q109. Comments about the hours of operation, facilities, or equipment:

Count	Percent	
1	0.37%	I wish the fitness center was open later Friday through Sunday. I think during the week it is until 11:55pm and that would be great if it were open that late during the weekend.
1	0.37%	I wish the fitness center would open earlier on Sunday's
1	0.37%	I wish the gym opened earlier than noon on Sunday's. I like to workout early in the morning before studying which is hard at that time in the day.
1	0.37%	I wish the ice rink were open for free skating more often.
1	0.37%	I wish the Nordic ski club opened earlier on the weekends.
1	0.37%	I wish the pool had longer hours of operation on the weekends. A few hours later would be nice
1	0.37%	I wish the pool was open more on the weekends. 12-5pm is hard, because that is often when I study on the weekends.
1	0.37%	I wish the scuba class was offered more often.
1	0.37%	I wish there was more open skating on the ice rink.
1	0.37%	I wish you had some later weekday hours but I understand why not.
1	0.37%	I would agree that the gym facilities are very nice and have a good amount of equipment, however I would wish that some of the equipment was updated. There is a good amount of free weights, but things such as the dumbbells are getting old and also are not of the nicest or safest qualities. I also wish that there was less machines and more free weights. In the gym facilities right now there is three of the exact same machine... I wish there was a couple more power squat racks, and also platforms. When doing deadlifts, you cannot go to your full potential due to the fact that there is not the right equipment are you'll just get yelled at for doing the lifts. However across the hallway in the "varsity" lifting part they have bumper plates and also platforms to perform the lifts, but as a non-varsity athlete we can not go in there to do these lifts.
1	0.37%	I would be happy if the hours during weekends are extended a bit.
1	0.37%	I would be nice to have the fitness center at the SDC to be open earlier than 11 on Sundays.
1	0.37%	I would hope that the facilities would be open later to accommodate for people like me who have classes during the day and work at night.
1	0.37%	I would like it if the SDC weight room were open an hour later
1	0.37%	I would like to be able to go to the gym after I finish my homework at night but the gym is closed. So maybe extend the hours at the gym to go a little later. I also feel like people that are not as comfortable at the gym would come to these hours because they would know there wouldn't be a lot of people there to "watch them"
1	0.37%	I would like to see the fitness center open earlier on Sundays.
1	0.37%	I would use the SDC fitness center more if it was available for longer on the weekends.
1	0.37%	Ice arena is rarely open for public skating. So depressing. :(
1	0.37%	If hours in weekend can be extended a little more, that would be better
1	0.37%	If possible leave the gym open until around 1 am. A lot of people like to get in their very late night lifting sessions (myself included).
1	0.37%	If there were special hours for LGBTQ people (emphasis on the transgender population) it would be very helpful. The few times that I have gone to the SDC to exercise, I feel very uncomfortable because I'm worried that people are watching me. Also a gender neutral locker room with private showers would be ideal.
1	0.37%	If they could be open earlier on weekdays that would be great
1	0.37%	In reference to QCFC facilities only - the squat rack in Wadsworth is extremely wobbly and I have had plates fall off the racks and almost land on my feet a couple of times, if there was a way to tighten the joints of the cage and reduce this vibration, that would be great
1	0.37%	Increase the timings for weekends.
1	0.37%	increased pool hours would be nice
1	0.37%	It is open long enough
1	0.37%	It just sucks that the SDC is up the big hill, otherwise it is fine where it is!
1	0.37%	It typically takes a while for broken equipment to be fixed. I would also like to see more weight machines for different parts of the body in quad core gyms.
1	0.37%	It would be ideal if the weight room was open 24/7 via a swipe card.
1	0.37%	It would be nice if it were open until at least midnight for use of showers after late intramural games
1	0.37%	It would be nice if the facilities were open earlier than noon on Sunday. I like to workout, shower/eat and then go to campus. Withis the current time I can't get to campus until after 2pm, so the morning time is completely lost.
1	0.37%	It would be nice if the facilities were open later on weekends

Q109. Comments about the hours of operation, facilities, or equipment:

Count	Percent	
1	0.37%	It would be nice if the gym opened earlier on the weekends, particularly on Sunday. 11 am is generally much later than I like to work out
1	0.37%	It would be nice if there were more free weights and more treadmills for running.
1	0.37%	It would be nice if they were open a bit later. Open skate is something I would love to do if it were at, or had, additional times.
1	0.37%	It'd be nice if the SDC were open earlier on Sunday's
1	0.37%	It's all good.
1	0.37%	It's hard to run something like dance practice in the large gym when there are many games around us involving basketballs, soccer balls, etc. Sadly though because MTU doesn't recognize the Dance Team as a varsity sport, we are unable to use the dance studio.
1	0.37%	It's impossible to get on cardio equipment between 4-7pm unless you get VERY lucky. As the student population expands, maybe the Fitness Center should expand, too, to meet the needs of a health-conscious and growing campus. You could expand the Fitness Center into the Dance Studio and relocate the Dance Studio to a less conspicuous location (i.e., fewer creepy guys peering in the door as you're doing yoga or zumba). I have started to feel uncomfortable at the Fitness Center because some guys have started taking off their shirts. If you look in their general direction at all they assume you're flirting and start acting inappropriate. Please require people to wear clothes!
1	0.37%	Its all good. Getting 2 towels at a time would be nice
1	0.37%	Its always open when i need it.
1	0.37%	Its ok
1	0.37%	Just wish had more variety of facilities closer to dorms, especially in winter for late night workouts.
1	0.37%	keep the range open more
1	0.37%	Late hours on weekends are preferred, and shuttle service for pick up and drop
1	0.37%	Late hours would be awesome
1	0.37%	late night hours would make it much more accessible to students. current hours interfere with dining hall and class hours too much.
1	0.37%	Later hours on the weekend would be great, but I understand it can't be open all the time.
1	0.37%	Locker rooms could be cleaned more often. Otherwise, great.
1	0.37%	Lots of cardio equipment, but the bikes could be better.
1	0.37%	May be increase during the weekend
1	0.37%	More areas on campus for outdoor activities.
1	0.37%	More free pool hours would be nice.
1	0.37%	More free weights.
1	0.37%	more hours for SDC for basketball area for basketball purpose only.
1	0.37%	More is always nice - especially when it comes to individual machines for working out.
1	0.37%	More open gym time would be appreciated
1	0.37%	more open skate time
1	0.37%	More open swimming
1	0.37%	more skating hours :)
1	0.37%	More space within the fitness room would be ideal. They have packed a large amount of equipment into a very small space. There is hardly any room for stretching/floor exercises especially if other people are already engaging in these activities. Also, the new wipes for sanitizing the equipment are inefficient.
1	0.37%	More treadmills are needed in the weight room. Also, the hours for open skating are too few and at odd times of the week.
1	0.37%	More variety in exercise equipment would be nice.
1	0.37%	Most of the the facilities like the varsity gym or the multipurpose room are nice and well maintained, however there really aren't anyone to ask questions of there, or at least no one I've ever seen.
1	0.37%	Most students get weekends free. Limiting the pool operation from 12:00 pm to 5:00 pm makes it inconvenient. Also during breaks (like spring breaks), most of us have the time to use the recreation facility. But the hours of operation are insufficient.
1	0.37%	My husband has had no complaints about the facilities, equipment, or hours of operation. He wishes there would be more/better equipment but he feels what is offered is appropriate for this sized university.
1	0.37%	My one complaint is that the sauna in the women's locker room needs a new drain system. There is ALWAYS cold, gritty water on the floor, while the drain is not in the place where the water accumulates.
1	0.37%	n/a

Q109. Comments about the hours of operation, facilities, or equipment:

Count	Percent	
4	1.49%	N/a
7	2.60%	N/A
1	0.37%	na
3	1.12%	Na
1	0.37%	Need to be open longer on weekends!
1	0.37%	Need to clean the multipurpose gym floor much more frequently and better. Temperature control also isn't the best(too hot sometimes). The weight room gets WAY to crowded during the evening on weekdays. Also the new \$10 to rent a basketball is stupid. You already swipe my card. Just charge my account if I don't bring the basketball back.
1	0.37%	Need yoga balls in the dorm facilities.
1	0.37%	No
1	0.37%	No comment
1	0.37%	No comments
1	0.37%	No problems, overall very satisfied with facilities
2	0.74%	none
5	1.86%	None
1	0.37%	not enough benches or squat racks in the free weight area
1	0.37%	not enough on weekends.
1	0.37%	Not opening the gym until 11am on Sundays is very late and very inconvenient. Also, it seems the is rarely enough room in the free weight areas especially when the weight lifting gym class is there.
1	0.37%	Noticed that water fountains were leaking in the multipurpose room. Seems odd that no one working there would notice, and wasn't really sure who to tell.
1	0.37%	Often the hours I am available the SDC fitness center is closed.
1	0.37%	On the weekend I am more likely to work out in the evening after Church especially on Sunday which is 8 PM and the locker rooms close too early so I can't shower after my workout which is inconvenient. In addition, it would be nice to know when peak hours are and what equipment is available without going to the weight room (maybe create an App for this).
1	0.37%	On the weekend things should be open a lot later. I tend to want to go play Raquet ball later around 11pm. And swim later as well. Not necessarily that late but later than 5
1	0.37%	On the weekends the multipurpose room closes at 8 pm. There have been countless times my friends and I have wanted to go play basketball, but couldn't because the facilities were closed. I know many students who would benefit from late hours v at least on the weekends.
1	0.37%	Open 24 hours like the library would be great and more convenient after an all nighter of work or studying.
1	0.37%	Open 24 hours would be awesome.
1	0.37%	open earlier on sundays
1	0.37%	Open later than 8pm on Fridays
1	0.37%	Opening hours of Sunday should be little early than the current hours
1	0.37%	Operational hour in weekend is too short.checking out basketball needs depoait, very inconvenience.
1	0.37%	People hardly wipe equipment down its kinda gross
1	0.37%	PLEASE GET A PEC DECK FLY MACHINE in the weight room Literally every gym has one (or three), why don't we?
1	0.37%	Pool hours could be open more often for open swim.
1	0.37%	Promote your outdoor facilities, Tech Trails and Mt Ripley! they are awesome. Fantastic resources for those of us who prefer to exercise outdoors.
1	0.37%	Racquetball courts are maintained as well as they should be. Floors tend to have scuffs, the ventilation in the room is poor driving the heat up rapidly, and the vents themselves are CAKED in dust which triggers my allergies/asthma on occasion.
1	0.37%	Regarding cleanliness. Student locker rooms and sauna (male) are definitely not cleaned enough, especially in winter. It is quite repulsive to see how much dirt and other foreign matter is on the floor/benches in what should be a clean environment. In addition, it is a terrible practice to rent ALL of the available lockers out to season/semester renters and not have any available for day use only. If I were paying for the SDC as a fitness club (i.e not a student), I would most definitely cancel my membership just because of this one factor alone. It completely shows the managements lack of respect and care for the customers (students and staff). Not only is it a problem for me(us native) but I have seen many times, foreign students and staff confused as to why there are no lockers available and have heard other students state it as a reason they do not work out at the SDC. THIS NEEDS TO BE CHANGED

Q109. Comments about the hours of operation, facilities, or equipment:

Count	Percent	
1	0.37%	Residence halls equipment needs maintenance.
1	0.37%	SDC gym started using wipes rather than a spray bottle and towels. It's wasteful, you can't clean the mats with them, and they leave wet residue on equipment for a long period of time.
1	0.37%	SDC has a lot of hits, can find something
1	0.37%	SDC should open from 9:00 a.m.to 10 p.m..
1	0.37%	should be open 24 hours if possible
2	0.74%	should be open later
1	0.37%	Some fitness instruments are in degrading condition and need to be replaced or serviced
1	0.37%	Something is always broken or unusable.
1	0.37%	Sometimes both of the stationary bicycles are occupied. Also, some fans would help.
1	0.37%	Sometimes machines are broken for weeks and aren't fixed
1	0.37%	Sometimes the equipment is pretty dirty and it can be off putting.
1	0.37%	Subday should open at the same time as on Saturday. Not at 11:00am
1	0.37%	Summer hours are terrible. Weekend hours are terrible. Weekends should be 6am-11pm
1	0.37%	Sunday has a very late opening time for the weight room
1	0.37%	Sunday times at the SDC are inconvenient and Facilities are often rude about the time period
1	0.37%	Tech needs to build a field house (i.e. an indoor turf field)
1	0.37%	The closing early on Friday and Saturday hurts my workout schedule because I generally have that time free and want to work out late. People frequently put nets up covering the entirety of the indoor track, hurting my ability to put a long run in (2-3 hour run) during the winter/high allergy days when I don't want to be outside risking getting sick. Runners on the indoor track are frequently disrespected by people who consider the track just another place to play their sports, even when there is still room on the inside of the track. Mostly satisfied with the weight room.
1	0.37%	The closing time for the SDC on Saturdays is a bit early
1	0.37%	The equipment in the weight room is dirty and some of the cardio machines are broken/falling apart. Also, there needs to be a space for students to use like the studio. I frequently want to do yoga, interval training, or other activities that require space and there is nowhere in the weight room for this. I could use the multipurpose room but I like having access to weights, mats, kettle bells, jump ropes and other basic equipment.
1	0.37%	The facilities, although all close together, are kind of far from campus. I would like to see more open-spaces on campus like Walker Lawn where students can play sports.
1	0.37%	The fitness center should be 24/7 for tech student
1	0.37%	The football weight room could use some updating and the varsity weight room is a little cramped when there are more than 6 people in there.
1	0.37%	The football weight room is rather outdated, and I prefer to work out there
1	0.37%	The gym at the SDC could open earlier on Sundays.
1	0.37%	The hours are good, sometimes I feel they might as well be open 24/7. These are the only facilities I have used before so I have no room to comment on anything else
1	0.37%	The hours of operation should be relayed to students a little better especially if an event is booked within a certain room that would prevent them from using it.
1	0.37%	The Hours on the weekend are a little short
1	0.37%	The Indoor track has a bubble on it that makes it a little dangerous
1	0.37%	The mens bathrooms/locker rooms smell horrible and are almost nauseating to walk into. It's disgusting.
1	0.37%	The new treadmills are great, a lot better than the older ones that shake while you run!
1	0.37%	The number of lockers simply available to use for the average person is ridiculously low. They are all taken by athletes or more regular users. The one-time/every once in a while type of person has no chance of getting a locker.
1	0.37%	the pool area could stand some tlc. there are broken tiles and other maintenance issues in the pool itself, plus i always see debris, trash, and other stuff at the bottom. no one seems to really care. also, the open shower area in the ladies' locker room need some serious fixing. the floor is broken, and disgusting. frankly, i don't dare NOT wear at least flip flops at all times.
1	0.37%	The Pool area is in BAD SHAPE!
1	0.37%	The pool is horrible. There are missing tiles and the high dive looks like it will fall off the wall. Also, the diving boards are terrifying- they are often not available for use because they are broken.
1	0.37%	The pool room and temperature of the water are sometimes way too cold!
1	0.37%	The problem is not more weights and machines. Those weights and machines need to be replaced or updated. Too old

Q109. Comments about the hours of operation, facilities, or equipment:

Count Percent

1	0.37%	The Quad Core Fitness Centers in the residence halls are always ridiculously warm and make it very difficult to work out there.
1	0.37%	The residence hall recreation facilities are open all times, so it's very nice.
1	0.37%	The SDC gets very dirty in the winter months, when it rains, and when the snow starts melting. This include the multipurpose room, the hallways, the locker rooms, the stair cases, and the fitness center. Cleaning the hallways and stair cases only at night or in the early mornings is not adequate. The dirt in those parts of the SDC is what makes the fitness center and the multipurpose room get as dirty as it does. Walking around a dirty place makes your shoes dirty no matter how clean they were to begin with.
1	0.37%	The SDC is generally open when I want to go.
1	0.37%	The SDC multipurpose room floors need to be cleaned more often, I've almost rolled my ankle many times because it's so dusty. Also the Wads quad core weights are filthy.
1	0.37%	The SDC opens late on weekends and I have gone to lift and forgotten about the late hours and had to go home. Also the equipment isn't as new as it could be and the floor always seems dirty. The weights don't go small enough for some small workouts I would like to be able to do. More outfitted for huge men than girls who want to remain tone
1	0.37%	The SDC seems to close pretty early some days. I appreciate, however, that they are open early in the morning.
1	0.37%	There are NEVER any open basketball courts
1	0.37%	There are never any open lockers in the pool locker room. They all seem to be locked with stuff in them, yet the pool is usually close to empty.
1	0.37%	There is unfortunately very little open floor space in the sdc weight room. However there is a good amount of equipment available.
1	0.37%	There need to be more places on the lower half of campus to workout which do not cost money to join.
1	0.37%	There should be more open studios available to students who want to stretch or do yoga/pilates/dance when there are not classes in session
1	0.37%	They are convenient and reasonable
1	0.37%	They should be open 24/7.
1	0.37%	They're open 24 hours
1	0.37%	timings are fine.
1	0.37%	To open at 11 am on a Sunday is somewhat ridiculous considering that is when most people get the majority of their studying done. I wish the gym opened earlier on Sunday (8 or 9) so that I could get to the library at a reasonable time and be able to claim a computer to study at before they are all being occupied.
1	0.37%	Too crowded. Need more late hours.
1	0.37%	Track is extremely old, gym floors are always slippery/dusty, and multi is usually freezing cold. The football weight room is terrible.
1	0.37%	Usage of badminton courts is very difficult since most of the time it is booked by intramurals or used for basketball
1	0.37%	Varsity teams occupy spaces during convenient times.
1	0.37%	Very well maintained
1	0.37%	We need a new track, yo. Ours is made of the wrong material, is too thin, and has bubbles. We also have too many people trying to use the multi-purpose room during practice. We have to constantly ask people to leave.
1	0.37%	We need more of the new cross trainers at the SDC.
1	0.37%	We should get an indoor turf field
1	0.37%	Weekend hours open too late and close too early for my liking (i.e. SDC doesn't open till 11 on sunday, the fitness center closes at 9 on a friday, etc)
1	0.37%	Weekends close to early , I work every Friday and I usually do not have time to finish by 9
1	0.37%	Weekends should be open earlier. I know that on Sunday's they don't open until 11 AM which is very inconvenient for me since I like to start my day with a workout and I'm up way before 11
1	0.37%	Weight room to midnight or 1 am in the SDC would be nice
1	0.37%	Wish it were open a little later on Saturday and earlier on Sunday
1	0.37%	Wish the pool was open later
1	0.37%	Wish weekends were as late as weekdays (particularly Sunday night)
1	0.37%	Working hours are too less for pool. Especially on weekends
1	0.37%	Would be nice to have available lockers to use for short term i.e. not pay for semester.
1	0.37%	Would be useful if the hours of operation were longer during all days of the week.

Q109. Comments about the hours of operation, facilities, or equipment:

Count	Percent
269	Respondents

Q110. Aquatics**Please rate your level of satisfaction with the following: - Hours of operation of the pool**

Count	Percent	
73	16.67%	Very satisfied
154	35.16%	Somewhat satisfied
77	17.58%	Neither satisfied nor dissatisfied
62	14.16%	Somewhat dissatisfied
11	2.51%	Very dissatisfied
61	13.93%	No basis to judge
438		Respondents

Q111. Aquatics**Please rate your level of satisfaction with the following: - Aquatics classes**

Count	Percent	
25	5.72%	Very satisfied
52	11.90%	Somewhat satisfied
93	21.28%	Neither satisfied nor dissatisfied
16	3.66%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
251	57.44%	No basis to judge
437		Respondents

Q112. Aquatics**Please rate your level of satisfaction with the following: - Cleanliness of the pool**

Count	Percent	
130	29.75%	Very satisfied
155	35.47%	Somewhat satisfied
69	15.79%	Neither satisfied nor dissatisfied
28	6.41%	Somewhat dissatisfied
8	1.83%	Very dissatisfied
47	10.76%	No basis to judge
437		Respondents

Q113. Aquatics**Please rate your level of satisfaction with the following: - Availability of pool for different types of aquatics (free swim versus lap swim)**

Count	Percent	
93	21.33%	Very satisfied
158	36.24%	Somewhat satisfied

Q113. Aquatics

Please rate your level of satisfaction with the following: - Availability of pool for different types of aquatics (free swim versus lap swim)

Count	Percent	
75	17.20%	Neither satisfied nor dissatisfied
31	7.11%	Somewhat dissatisfied
10	2.29%	Very dissatisfied
69	15.83%	No basis to judge
436		Respondents

Q114. Aquatics

Please rate your level of satisfaction with the following: - Lifeguards/Other aquatics staff

Count	Percent	
138	31.87%	Very satisfied
137	31.64%	Somewhat satisfied
69	15.94%	Neither satisfied nor dissatisfied
15	3.46%	Somewhat dissatisfied
8	1.85%	Very dissatisfied
66	15.24%	No basis to judge
433		Respondents

Q115. Group Fitness Classes (Instructor-led)

Please rate your level of satisfaction with the following: - Number of group fitness classes

Count	Percent	
59	20.92%	Very satisfied
97	34.40%	Somewhat satisfied
32	11.35%	Neither satisfied nor dissatisfied
16	5.67%	Somewhat dissatisfied
3	1.06%	Very dissatisfied
75	26.60%	No basis to judge
282		Respondents

Q116. Group Fitness Classes (Instructor-led)

Please rate your level of satisfaction with the following: - Variety of group fitness classes

Count	Percent	
64	22.94%	Very satisfied
91	32.62%	Somewhat satisfied
34	12.19%	Neither satisfied nor dissatisfied
15	5.38%	Somewhat dissatisfied
3	1.08%	Very dissatisfied
72	25.81%	No basis to judge
279		Respondents

Q117. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Days and times of group fitness classes**

Count	Percent	
36	12.86%	Very satisfied
71	25.36%	Somewhat satisfied
42	15.00%	Neither satisfied nor dissatisfied
52	18.57%	Somewhat dissatisfied
7	2.50%	Very dissatisfied
72	25.71%	No basis to judge
280		Respondents

Q118. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Fitness class instructors**

Count	Percent	
94	33.45%	Very satisfied
64	22.78%	Somewhat satisfied
33	11.74%	Neither satisfied nor dissatisfied
7	2.49%	Somewhat dissatisfied
1	0.36%	Very dissatisfied
82	29.18%	No basis to judge
281		Respondents

Q119. Intramurals**Please rate your level of satisfaction with the following: - Number of team intramural sports offered**

Count	Percent	
240	50.31%	Very satisfied
156	32.70%	Somewhat satisfied
46	9.64%	Neither satisfied nor dissatisfied
7	1.47%	Somewhat dissatisfied
1	0.21%	Very dissatisfied
27	5.66%	No basis to judge
477		Respondents

Q120. Intramurals**Please rate your level of satisfaction with the following: - Number of individual/dual intramural sports offered**

Count	Percent	
184	38.74%	Very satisfied
140	29.47%	Somewhat satisfied
61	12.84%	Neither satisfied nor dissatisfied
11	2.32%	Somewhat dissatisfied
1	0.21%	Very dissatisfied
78	16.42%	No basis to judge
475		Respondents

Q121. Intramurals**Please rate your level of satisfaction with the following: - Variety of team intramural sports offered**

Count	Percent	
235	49.27%	Very satisfied
153	32.08%	Somewhat satisfied
47	9.85%	Neither satisfied nor dissatisfied
11	2.31%	Somewhat dissatisfied
3	0.63%	Very dissatisfied
28	5.87%	No basis to judge
477		Respondents

Q122. Intramurals**Please rate your level of satisfaction with the following: - Variety of individual/dual intramural sports offered**

Count	Percent	
192	40.59%	Very satisfied
143	30.23%	Somewhat satisfied
57	12.05%	Neither satisfied nor dissatisfied
13	2.75%	Somewhat dissatisfied
2	0.42%	Very dissatisfied
66	13.95%	No basis to judge
473		Respondents

Q123. Sport Clubs**Please rate your level of satisfaction with the following: - Number of Sport Clubs offered**

Count	Percent	
119	43.91%	Very satisfied
83	30.63%	Somewhat satisfied
35	12.92%	Neither satisfied nor dissatisfied
6	2.21%	Somewhat dissatisfied
3	1.11%	Very dissatisfied
25	9.23%	No basis to judge
271		Respondents

Q124. Sport Clubs**Please rate your level of satisfaction with the following: - Variety of Sport Clubs offered**

Count	Percent	
120	44.28%	Very satisfied
84	31.00%	Somewhat satisfied
32	11.81%	Neither satisfied nor dissatisfied
4	1.48%	Somewhat dissatisfied
4	1.48%	Very dissatisfied
27	9.96%	No basis to judge
271		Respondents

Q128. Comments about any recreational activities, programs, or services you participate in:

Count	Percent	
1	0.67%	A new pool would be awesome! It is very old and is falling apart. Also, the big window in the dive tank has sharp edges. We are constantly having to tell kids to NOT TOUCH it because it cuts them. I myself have gotten cut on it.
1	0.67%	All seem pretty good, pool hours are somewhat inconvenient
1	0.67%	Aquatics hours and variety of activities could be improved and considerations for student costs as well
1	0.67%	As someone who doesn't always have a team, it would be nice to see some way to be matched with a team better.
1	0.67%	Badminton courts should be seperated from the basket ball courts. Often the basbet ball courts are occupied and it hinders the badminton players to play and they should wait for a long time.
1	0.67%	Been a lifeguard for 5 years. The staff sometimes is upsetting but that's all.
1	0.67%	Bring back kickboxing!
1	0.67%	Broomball is awesome. So was my beginning skating class. Beginning hockey, not so much.
1	0.67%	Broomball is the big thing here. Wish we could play year round,
1	0.67%	Broomball season should be longer
1	0.67%	Broomball. I should do more to meet people but at the same time if I'm on a team with friends I won't meet people
1	0.67%	C4 should be a varsity sport. I am not a member of the club, but funding should be made available to support their goals and commitments. Seeing as cycling is a huge draw to MTU, it is frankly really dumb to not have a varsity cycling team that actually gets more support from the school outside of USG funding. The students put more effort and their own money into the sport than most varsity athletes in other individual sports.
1	0.67%	Classes like Zumba and Yoga used to be much cheaper for students, I can no longer justify paying the fees to participate in them. This is unfortunate because I really did enjoy the atmosphere and the workouts I got.
1	0.67%	Club softball, intramural volleyball
1	0.67%	Club sports should have a higher priority than IM's when scheduling times. Clubs go out and represent the school. When we don't have adequate times to practice, our performance hinders and any potential recruitment while traveling is less likely. It's also harder to expand the program when the times are so inconvenient people can't show up.
1	0.67%	Club sports that meet as much as varsity sports should receive PE credit.
1	0.67%	Cost should be free for students. The cost is the reason I don't participate in the recreational programs provided. It seems like a small amount but to the students it seems like another way to nickel and dime us to death. Charge everyone \$5 more as a fee and make them all free to full time students. Pool facilities BADLY need upgrading/renovation.
1	0.67%	did not use personal training
1	0.67%	Didn't really participate in any
1	0.67%	Everything is satisfactory
1	0.67%	Feel that some lifeguards are not prepared for emergency situations
1	0.67%	Fitness center is a little bit small. Basketball courts should separate with badminton courts
1	0.67%	Fun.
2	1.33%	Good
1	0.67%	Good to go
1	0.67%	Great experience and plan to participate in future.
1	0.67%	Have a swim club with more than that one little meet every year.
1	0.67%	Having intramural sports offered only on specific semesters is sometimes annoying.
1	0.67%	Honestly, I shouldn't have to schedule a lab at a different time so I can fit an actual fitness class into my schedule. All of the classes seem to overlap with 2 common academic class times. When I went to GVSU many of the PE classes were offered in the evening, so fitting them in was never a problem. Also, I feel like there are few sections of legitimate fitness classes. Table tennis isn't going to do it for me, and I find it frustrating that there's only one section of swimming.
1	0.67%	I am a varsity athlete, so I don't have as much time for intramural sports. I did play IM hockey, but there were only 5 games, which was not nearly enough to be worth it.
1	0.67%	I am in Army ROTC, and the Multipurpose room as an adequate room for physical training.
1	0.67%	I am in class when they have instructions so I cannot attend as many as I would like. Also it's way to expensive. If you are a student they should be free. I pay for all my expenses on my own and don't have the extra cash
1	0.67%	I am in Zumba class and it is really fun. However, it starts at 5pm which I cannot finish my work sometimes. I hope more choices would be provided.

Q128. Comments about any recreational activities, programs, or services you participate in:

Count	Percent	
1	0.67%	I am not even sure what individual intramural sports are offered.
1	0.67%	I am pretty satisfied with the programs and would definitely try them frequently
1	0.67%	I am very happy with the club sports and intramural sports provided
1	0.67%	I do not participate in any this semester.
1	0.67%	I enjoy ski racing club.
1	0.67%	I enjoy the nordic skiing on campus
1	0.67%	I enjoy these.
1	0.67%	I feel intramural should conduct tournaments every semester for badminton
1	0.67%	I have been disappointed with Mrs. Ryannen's yoga instruction. It is much more of a pilates class than a yoga class.
1	0.67%	I have seen the life guards texting while they are suppose to be watching the pool. The hours are too limited.
1	0.67%	I have used snowshoeing facilities from OAP and it was wonderful to do so. The check out process was simple and the quality of the equipment adequate for the walk outdoors.
1	0.67%	I have used the pool for kayaking and nothing else
1	0.67%	I liked the Women's swim hours and wish it would be offered during weekday hours.
1	0.67%	I love the Tech trails. I ran on them last fall until with had a foot of snow, and now I snowshoe there.
1	0.67%	I love wellness.
1	0.67%	i play badminton every day.
1	0.67%	I play roller hockey for Tech. While I am happy to be a part of the team, I am slightly disappointed in the support (or lack of) that we receive from the university. This is a hockey school, the school should take pride and consideration with this program.
1	0.67%	I pretty much just take advantage of the outdoor facilities, year round.
1	0.67%	I really enjoy Zumba, but the time that the class is offered makes it difficult to attend. It requires running home during work to let out the dog so that I can make it to class.
1	0.67%	I was very upset when I found out that the temperature of the dive tank was turned up. I understand the reason for the lap pool being so warm (although that is annoying as well when you are trying to work out), but the dive tank used to be how I cooled off. Please turn the temperature back down! It is way too warm!
1	0.67%	I wish some of the classes were offered at more than one time a day. I do like that there are now new classes to experience but you could advertise more outside of the SDC like around campus more because I missed a class I would have taken because I didn't know it was offered until after the fact.
1	0.67%	I wish that classes were offered at different times during the week. For example, I love the spin & stretch class but it is on Friday's at 6am and it would be nice if it was also offered in the evening sometime
1	0.67%	I wish that everything was broadcasted more other than just through email. It is difficult to stay on top of what things are available to do.
1	0.67%	I wish there was a better way to find out about when sign-ups are as well as some way to find a team. Many of my friends aren't the most active people, so making a team isn't really an option.
1	0.67%	I wish there were more classical ballet classes.
1	0.67%	I wish there were more sections for various PE classes
1	0.67%	I would like to be able to pay for an entire semester or year's worth of unlimited fitness classes at the beginning of the year. The punch cards are easy to forget at home and you have to buy several during a semester if you attend 2 classes per week. I would rather pay more in advance than have to worry about paying for a card every few months
1	0.67%	I would participate in yoga and spin classes regularly if they were free of charge.
1	0.67%	I'm involved in lacrosse and alpine skiing and enjoy both. Wish lacrosse was a bit more serious though.
1	0.67%	IM referees could be a little better.
1	0.67%	Indoor turf for soccer would be a plus
1	0.67%	Intramural sports scheduling and match-ups are not very good. In both basketball and softball our team was pitted against teams that should be in a MUCH higher league. It detracts from the fun of the game when you lose by 30 points to a team of jerks who are 10 years younger than everyone on your team. There needs to be much better scheduling and coordination for intramural leagues. It seems very haphazardly done right now.
1	0.67%	Intramurals - A+!
1	0.67%	Intramurals are awesome. I have loved participating in my four years at MTU.

Q128. Comments about any recreational activities, programs, or services you participate in:

Count	Percent	
1	0.67%	It is frustrating how expensive the community classes are for students. I would LOVE to attend some classes, but I definitely do not have the money to pay out of pocket, and the "student rate" is still ridiculously high.
1	0.67%	It would be nice if there were evening spin classes (maybe there are such classes and I just haven't looked into it recently).
1	0.67%	It would be nice to have weekend yoga classes offered. Intramurals could be more organized and professional. There were often times, especially with softball, that games were cancelled and there was not adequate communication from the intramurals office.
1	0.67%	It's good.
1	0.67%	It's tricky to find time to get in the pool when taking 17.5 credits, being involved in student orgs, and working 4 part time jobs. I usually start my day around 8 AM and don't get home until 10 PM and by then there is no pool time left. The hours for open swim are very limited and not at all convenient for busy students.
1	0.67%	Its a good stress reliever
1	0.67%	Its ok
1	0.67%	Lifeguards can keep up the good work.
1	0.67%	Love the pool and the wellness fitness classes.
1	0.67%	More badmiton would be nice.
1	0.67%	More classes available in evenings especially later evenings would be better accessible to students
1	0.67%	More heads up on intramural sign ups when they are open
1	0.67%	More people play badminton now, compared to previous semesters. Specifically international students. So if more consideration needs to be given to make the courts more accessible
1	0.67%	More people should be allowed to use club/inter mural sports for credit.
1	0.67%	More wellness, more free swim
1	0.67%	multipurpose area should strength its supervision, there are many times, some kids or Indian people playing board ball around which is dangerous for other people nearby. Please highly consider such situation
1	0.67%	n/a
3	2.00%	N/a
7	4.67%	N/A
1	0.67%	na
1	0.67%	Na
3	2.00%	NA
1	0.67%	nno
4	2.67%	No comment
1	0.67%	none
5	3.33%	None
1	0.67%	None my brother is in the soccer club and really likes it though
2	1.33%	None.
1	0.67%	nope
1	0.67%	Nothing
1	0.67%	Please clean the pool a little more regularly and make open pool hours more accessible.
1	0.67%	Pool has many small kids with no parents. Minimum age of unsupervised individuals should be raised, as they cause issues.
1	0.67%	Pool locker room either needs more free lockers or needs to be bigger. Floors need to be redone or something.
1	0.67%	Practice starts at 4:15 for us, and we sometimes do pool workouts. It would be nice if we did not have to wait until 5 when the pool opens.
1	0.67%	Raquetball, Weightlifitng, Fencing
1	0.67%	Should be cleaned more often
1	0.67%	ski, bike, run
1	0.67%	Some students like to get their sleep and not have to wake up at 5AM to attend a program, I would like to see instructor lead fitness programs held later at night.
1	0.67%	Sometimes too much people
1	0.67%	The classes are good, I just wish they didn't conflict with core classes as often as they do.
1	0.67%	the clubs that use the range are great to work with
1	0.67%	the IM refs are terrible

Q128. Comments about any recreational activities, programs, or services you participate in:			
Count	Percent		
1	0.67%	The intramural team I am on is a lot of fun but the referees generally do not pay attention.	
1	0.67%	The lap pool at the SDC is usually very warm, in fact warmer than the dive tank most days. This makes it uncomfortable to work out in.	
1	0.67%	The lifeguards on Wednesday mornings are always very nice!	
1	0.67%	The multipurpose room could be kept more clean for intramural events.	
1	0.67%	The pool has too much chlorine	
1	0.67%	The pool hours are hard to get to for lap swim, also the lifeguards need to be more attentive	
1	0.67%	The variety of intramural sports available is exceptional, and the system used to run the IM sports is very user friendly.	
1	0.67%	the whole Pool area is in Horrid Shape. There are numerous risks and problems that need to be addressed. Additionally, the pool should be drained and thoroughly cleaned at LEAST once a year and replaced with fresh water. The pool area - floors, surfaces etc, are dirty and need to be thoroughly cleaned. the nature of the warm environment breeds bacteria and viruses. Also the broken equipment, rust and broken tile are hazzardous and need to be addressed. The pool area is a part of the campus tours and if that is one of the things potential students see about our school, it sure doesn't present the rest of the university in a positive light.	
1	0.67%	The yoga classes are excellent.	
1	0.67%	There's so many cool sports that I never knew about before, like broomball and inter tube water polo!	
1	0.67%	they are all fun	
1	0.67%	They are very organized.	
1	0.67%	They are very well organized	
1	0.67%	Would be nice for two lifeguards to be on duty all day so both the pool and the dive tank are open	
1	0.67%	Would like to see more soccer tournaments	
150	Respondents		

Q129. How do you learn about what is happening in [REC]? (Check all that apply)			
Count	Respondent %	Response %	
333	38.36%	16.79%	College/university web page
545	62.79%	27.48%	Posters/flyers
143	16.47%	7.21%	Brochures
501	57.72%	25.26%	Word of mouth
15	1.73%	0.76%	Newspaper
147	16.94%	7.41%	Direct mailings
186	21.43%	9.38%	Social networking site (e.g., Facebook, Twitter, Friendster)
51	5.88%	2.57%	Other (please specify)
Count	Percent		
1	1.96%	App	
1	1.96%	APP	
1	1.96%	Athletic Chair (Greek)	
1	1.96%	bulletin	
1	1.96%	carrier pigeon	
1	1.96%	community programs email	
17	33.33%	email	
6	11.76%	Email	
1	1.96%	E-mail	
1	1.96%	email list and my sorority/panhellenic council	
1	1.96%	email spam	
5	9.80%	emails	
1	1.96%	Emails	
1	1.96%	Emails about intramurals	
1	1.96%	emails. Student News briefs	
1	1.96%	Film-Board	

Q129. How do you learn about what is happening in [REC]? (Check all that apply)

Count	Respondent %	Response %	Response
	1	1.96%	friends
	1	1.96%	I don't.
	1	1.96%	IM Leagues Website
	1	1.96%	imleagues alerts
	1	1.96%	Student News Briefs
	1	1.96%	Tech Today, student briefs
	1	1.96%	usually have no clue
	1	1.96%	Weekly Email Karma
	1	1.96%	Went and figured it out myself
	1	1.96%	Word of mouth
62	7.14%	3.13%	Not applicable
868	Respondents		
1983	Responses		

Q130. Please rate your level of agreement with the following statements. - Recreational activities and services are effectively promoted.

Count	Percent	Response
126	14.60%	Strongly agree
330	38.24%	Somewhat agree
161	18.66%	Neither agree nor disagree
150	17.38%	Somewhat disagree
45	5.21%	Strongly disagree
51	5.91%	No basis to judge
863	Respondents	

Q131. Please rate your level of agreement with the following statements. - The [REC] publications - flyers, poster, and brochures - effectively promote activities and services.

Count	Percent	Response
175	20.35%	Strongly agree
344	40.00%	Somewhat agree
141	16.40%	Neither agree nor disagree
112	13.02%	Somewhat disagree
29	3.37%	Strongly disagree
59	6.86%	No basis to judge
860	Respondents	

Q132. If you were improving/expanding recreation facilities, which of the following would be important to you? (Check all that apply)

Count	Respondent %	Response %	Response
329	38.08%	9.17%	Multi-purpose courts (gymnasiums)
287	33.22%	8.00%	Additional strength equipment (weights)
312	36.11%	8.70%	Additional cardio equipment
41	4.75%	1.14%	Additional racquetball courts
62	7.18%	1.73%	Additional tennis courts
183	21.18%	5.10%	Additional aquatic offerings
140	16.20%	3.90%	Additional fields

Q132. If you were improving/expanding recreation facilities, which of the following would be important to you? (Check all that apply)

Count	Respondent %	Response %	
280	32.41%	7.81%	Additional open and/or park space
163	18.87%	4.54%	Personal training
168	19.44%	4.68%	Multi-purpose rooms for group fitness and other classes
198	22.92%	5.52%	Mind/body offerings
170	19.68%	4.74%	Indoor track
19	2.20%	0.53%	Adding child care facilities
100	11.57%	2.79%	Adding a social lounge area
172	19.91%	4.80%	Adding a juice bar or food service area
243	28.13%	6.77%	Ropes course
312	36.11%	8.70%	Expand outdoor or seasonal activities
225	26.04%	6.27%	Climbing wall
92	10.65%	2.56%	Skate park
70	8.10%	1.95%	Other (please specify)

Count	Percent	
1	1.43%	A running track seperate from the courts
1	1.43%	Add outdoor gun range.
1	1.43%	Addition badiminton courts not influenced by basketball courts
1	1.43%	additional badminton courts
1	1.43%	Additional lockers in locker rooms
1	1.43%	additional room in the fitness center where there is empty floor space to do workouts that don't require machines
1	1.43%	Additional squash court
1	1.43%	adequate areas for stretching!
1	1.43%	another sheet of ice
1	1.43%	Areas to do floor exercises
1	1.43%	better air conditioning!!!!
1	1.43%	cricket area
1	1.43%	curling rink
1	1.43%	Dance floors!
1	1.43%	Disk Golf Course
1	1.43%	extended hours, or ability to access with ID when convenient for me, 4am. when I get up.
1	1.43%	Family Locker rooms
1	1.43%	Gymnastics room to mess around in
1	1.43%	hot tub
1	1.43%	hot tub/spa
1	1.43%	how about actual locker space
1	1.43%	I don't think MTU (i.e. students) needs to spend more money on this
1	1.43%	I'd honestly just like to see the quad core not have an additional charge. Having students pay for trying to get healthy when they don't want to walk up an icy hill in the winter is silly.
1	1.43%	ice rink
1	1.43%	ice rink availability & locker rooms
1	1.43%	IMPROVE THE MEMORIAL UNION BUILDING AS A SOCIAL SPACE ON CAMPUS!!!
1	1.43%	improved disc golf course
1	1.43%	Improved indoor and/or outdoor track
1	1.43%	indoor field
1	1.43%	Indoor Soccer Courts
1	1.43%	Indoor Turf Area
1	1.43%	Indoor turf facility
2	2.86%	indoor turf field
1	1.43%	lan party
1	1.43%	Location near main campus
1	1.43%	Locker room space
1	1.43%	Locker Rooms
1	1.43%	Long Range Rifle

Q132. If you were improving/expanding recreation facilities, which of the following would be important to you? (Check all that apply)			
Count	Respondent %	Response %	Response
1	1.43%		Maintenance/ improvement to rifle/archery range
1	1.43%		more basketball hoops, can repurpose lactation space if need be
1	1.43%		more dance/ martial arts room
1	1.43%		More Floor Space in Weight Room
1	1.43%		More free skating time at the ice rink
1	1.43%		More lockers for pool
1	1.43%		More stretching area in the weight room
1	1.43%		more Tech Trials
1	1.43%		Mt. Ripley
1	1.43%		new chalet at Ripley
1	1.43%		No-additional-cost workout areas in the dorms
1	1.43%		outdoor track
1	1.43%		Outdoor Track
1	1.43%		Parking Structure
1	1.43%		Pool Hours
1	1.43%		Pool!
1	1.43%		private work out rooms
1	1.43%		QCFC
1	1.43%		Sailing class or equestrian
1	1.43%		Salmon ladder
1	1.43%		SKATE PARK!!!!
1	1.43%		Soccer court
1	1.43%		Somewhere comfortable for anxiety ridden persons
1	1.43%		Stretching area
1	1.43%		the indoor track mentioned above should be a real track. the current one is just painful to run on.
1	1.43%		THE POOL
1	1.43%		transportation
1	1.43%		update the pistol range
1	1.43%		Use the money to subsidize fitness classes so they're actually affordable. \$84/semester for students is not reasonable.
1	1.43%		Volleyball courts
1	1.43%		yoga space
21	2.43%	0.59%	None of the above
864	Respondents		
3587	Responses		

Q133. What additional recreational offerings (not listed above) would you like to see that are not currently available on campus?			
Count	Percent		
263	100.00%		
Count	Percent		
2	0.76%	-	
1	0.38%	A batting cage.	
1	0.38%	A better high ropes course and like more yoga and community classes that actually get advertised outside if the sdc	
1	0.38%	A climbing wall that is open more would be cool.	
1	0.38%	A complete 18 hole disc golf course in an area that isn't so compact. The current one is only 9 short holes.	
1	0.38%	A covered field that can be used in the winter	
1	0.38%	A deeper pool with blocks so that i can race with a block start	
1	0.38%	A foam pit	
1	0.38%	A hot tub	

Q133. What additional recreational offerings (not listed above) would you like to see that are not currently available on campus?

Count	Percent	
1	0.38%	A larger stretching area in the gym
1	0.38%	A night yoga/hot yoga
1	0.38%	A place to practice martial arts without other individuals, to those which can know how to use it, ie a matted room
1	0.38%	A pump track for mountain biking on the Tech Trails
1	0.38%	A REAL outdoor track around the football stadium.
1	0.38%	A recreational ice rink or more open-skate times
1	0.38%	A soccer court/field would be nice
1	0.38%	Actual gymnastics/wrestling space
1	0.38%	Add outdoor open gun range.
1	0.38%	additional climbing wall or larger one
1	0.38%	Additional lockers
1	0.38%	Additional or larger saunas on campus.
1	0.38%	additional stretching area in workout room
1	0.38%	African Dance lessons
1	0.38%	An indoor gym/area where soccer can be played during the winter
1	0.38%	An Indoor Intramural Soccer Tournament. I am an international student. For most of us this is a really important sport, yet there are no facilities for us to play during the winter. The soccer club is offering one right now, but because of the access to facilities and it being a student organization the tournament runs from 10 pm to midnight. This hours are really hard for people that have to get up early to teach or take classes the next day. It would be good if an intramural tournament ran during winter, providing better hours. Another good solution would be to have indoor soccer courts, so that we could play at earlier times. (One of the other big issues is that we cannot even play pick up games for a lack of courts). Soccer is really important for most of the international students, I hope that something can be done to improve our experience.
1	0.38%	An indoor turf field (i.e. field house) for football/soccer/lacrosse/frisbee
1	0.38%	An indoor turf field would be unbelievably great. I guarantee it will be used non stop. Plus it would open up time in the SDC.
1	0.38%	An open brick wall for wall ball, indoor or outdoor. for lacrosse
1	0.38%	An outdoor shooting range for skeet, trap, and sport shooting.
1	0.38%	An outdoor track
1	0.38%	An outdoor track (not even necessarily a full 6 lanes) for training on.
1	0.38%	An outdoor track.
1	0.38%	Archery
1	0.38%	Archery and slingshot.
1	0.38%	Area to stretch in locker room.
1	0.38%	Badminton courts
1	0.38%	Better Frisbee golf course
1	0.38%	Better place for indoor soccer.
1	0.38%	Better puck pit
1	0.38%	Better Ski lodge/building at the trails
1	0.38%	Bigger locker room
1	0.38%	Bodypump or kickboxing classes
1	0.38%	Bouldering Wall
2	0.76%	Bowling
1	0.38%	Bowling alley.
1	0.38%	bubble soccer
1	0.38%	Cant think
1	0.38%	Chess
1	0.38%	Climbing wall and Skate park would be nice for something to do while being health.
1	0.38%	Cricket field and equipment
1	0.38%	Curling
1	0.38%	Curling. I was told when I was going to come here there would be curling. A bunch of my friends also want to curl. Where is the curling.
1	0.38%	Dance classes
1	0.38%	Dance classes?

Q133. What additional recreational offerings (not listed above) would you like to see that are not currently available on campus?

Count	Percent	
1	0.38%	Dedicated floor hockey area
1	0.38%	Dedicated treadmill rooms
1	0.38%	Disc golf course
1	0.38%	Distance rifle range
1	0.38%	exercise type bars. i.e. monkey type bars/obstical type course
1	0.38%	expand shooting range
1	0.38%	Expand the disc golf course
1	0.38%	Expand the weight room or get rid of some of the older, rarely used equipment.
1	0.38%	Family Locker Rooms are sorely needed. Especially during Saturday Mornings
1	0.38%	Field house
1	0.38%	Fields that aren't muddy
1	0.38%	Fitness BARRE classes!
1	0.38%	Free weights and Olympic lifting platforms
1	0.38%	frequent roller skate competitions
1	0.38%	Gymnastics
1	0.38%	Have some table tennis tables at the facility.
1	0.38%	Having lived in the community and going to the sdc pool for years, I must say it is very run down. tiles broken everywhere, ceiling tiles falling down, the back wall bench coming apart and the sides of the pool are filled with scum. That entire pool needs a revamp.
1	0.38%	Health and fitness store
1	0.38%	heated yoga
1	0.38%	High powered rifle range (indoor or outdoor). Outdoor archery range.
1	0.38%	Hiking/backpacking trails for training.
1	0.38%	Hot tub.
1	0.38%	Hot yoga more yoga classes space to stretch and do yoga privately not in the gym area
1	0.38%	Houghton marathon or on campus marathon sounds good
1	0.38%	I have been skateboarding for 11 years so a skatepark or just a simple flat area to skateboard would be very beneficial. There are no skateparks in the Houghton area and it's frowned upon on campus so a skatepark would be great!
1	0.38%	I think that the classes available could be expanded. I took a class in my hometown that I loved and is not similar to any of the classes offered here called BodyPUMP. Also, there should be free classes offered to students. We pay an arm and a leg to go here and I couldn't justify paying more for recreational classes.
1	0.38%	I think what is currently being offered is adequate.
1	0.38%	I wish that there was a way to maybe offer some sort of dance class apart from being on the dance team
1	0.38%	I would like to play cricket.
1	0.38%	I would like to see an outdoor track built. It would allow for safer running (less prone to injury due to tight turns) for those who wish to not run on a treadmill or on slick concrete
1	0.38%	I would like to see enclosed badminton courts, having a separate facility only for badminton
1	0.38%	I would like to see more squat racks, and for there to be deadlift platforms specifically. I know there isn't much more room in there, but that's my only complaint. Can never go wrong with more weights.
1	0.38%	I would really love to see some hockey lessons or skating-for-hockey clinics.
1	0.38%	I'm very satisfied with the recreational opportunities that are offered.
1	0.38%	Indoor bike park
1	0.38%	Indoor Bike Park
1	0.38%	Indoor Cycling track.
1	0.38%	Indoor field would be nice so soccer would have their separate space from the multipurpose room.
1	0.38%	Indoor ice rink for public use and for group rental.
1	0.38%	Indoor kayaking park or wave pool/standing wave surfing of some kind. It would be a unique offering that would draw community members in as well and make the cost more worth it for community memberships. Offer a junior lifeguard program. Make lifeguard training a summer youth program (you only need to be 15). Offer broom ball rinks that anyone can come and use (unlike the IRHC rinks on campus). Offer outdoor "pond hockey" spaces in the winter.
1	0.38%	indoor practice facility
1	0.38%	indoor slacklines
1	0.38%	Indoor Soccer arena

Q133. What additional recreational offerings (not listed above) would you like to see that are not currently available on campus?

Count	Percent	
1	0.38%	Indoor soccer/football field for full size winter sports
1	0.38%	Indoor turf facility
1	0.38%	Indoor turf field
1	0.38%	Indoor Turf field
1	0.38%	Indoor turf field like Grand Valley State or Saginaw Valley State. Legitimate indoor track.
1	0.38%	It would be nice to see more open skate hours or an area provided for roller blades to be used indoors.
1	0.38%	its ok
1	0.38%	Juice bar and social lounge in SDC
1	0.38%	Just update weights and pool facilities.
1	0.38%	Keep/Expand the Tech trails
1	0.38%	Kick boxing class
1	0.38%	Kickboxing gloves and pads
1	0.38%	Lift served mountain biking on Ripley
1	0.38%	Luge on the ski hill
1	0.38%	Making sure the space isn't cramped when using weights or cardio equipment.
1	0.38%	meditation classes
1	0.38%	More billiard tables
1	0.38%	more cardio machines
1	0.38%	More classes in DHH ballroom
1	0.38%	More Dance Studios
1	0.38%	More fitness classes like yoga or zumba
1	0.38%	More free classes, or classes to inform students on how to use the gym machines correctly.
1	0.38%	More Martial arts classes would be appreciated - generally only people who are interested in putting in the time to learn will join in.
1	0.38%	more meditation or relaxation spaces
1	0.38%	More Multi-purpose rooms
1	0.38%	More open and free training on the equipment in the multipurpose room.
1	0.38%	more open ice skating times
1	0.38%	More open skate hours on the ice.
1	0.38%	More open skating times
1	0.38%	More opening hours for pools
1	0.38%	More room for strength training
1	0.38%	more running trails and open dance, or free workout rooms.
1	0.38%	More skating time or options for more ice hockey
1	0.38%	More ski trails at Ripley
1	0.38%	More space within the fitness room.
1	0.38%	More statues of dogs.
1	0.38%	more trails to bike/ski/snowshoe
1	0.38%	More yoga classes
1	0.38%	More yoga classes, spots are "saved"and I'm unable to get in.
7	2.66%	n/a
4	1.52%	N/a
11	4.18%	N/A
3	1.14%	Na
2	0.76%	NA
1	0.38%	no
1	0.38%	No
1	0.38%	No, there's plenty of recreational offerings
11	4.18%	none
10	3.80%	None
1	0.38%	none come to mind
1	0.38%	None that I can think of, Tech offers a lot
4	1.52%	None.
1	0.38%	nothing
1	0.38%	Nothing

Q133. What additional recreational offerings (not listed above) would you like to see that are not currently available on campus?

Count	Percent	
1	0.38%	Nothing in addition to what Ive listed
1	0.38%	Nothing more
1	0.38%	Nothing that I can think of, though it would be nice if you updated/refinished what you do have
1	0.38%	nothing, all good.
1	0.38%	Olympic weight lifting platforms.
1	0.38%	Open broomball rinks
1	0.38%	Open studio space for students
1	0.38%	Outdoor 400m rubberized track or indoor 300m rubberized track
1	0.38%	Outdoor Archery Course
1	0.38%	Outdoor archery range
1	0.38%	Outdoor basketball courts
1	0.38%	Outdoor basketball courts.
1	0.38%	outdoor credit classes!
1	0.38%	Outdoor shooting range. General use garage space with a selection of tools for check out
7	2.66%	Outdoor track
1	0.38%	Outdoor Track
1	0.38%	Outdoor track space.
1	0.38%	Outdoor track!!!
1	0.38%	Outdoor Trap/ Skeet feild
1	0.38%	paintball and airsoft rental facilities
1	0.38%	Parkour mat area
1	0.38%	Personal training sessions - free for the first time - just to get you on the right track
1	0.38%	Photo walk. Slow paced hike with elements of interpretation and many stops. Good for taking photos or just those that want to take it slow and maybe learn something new.
1	0.38%	Possible events that take place on the portage.
1	0.38%	private bathroom in swimming pool.
1	0.38%	Regularly scheduled (i.e. weekly or bi-weekly) open group day hikes that do NOT require advance registration. Open archery range hours.
1	0.38%	Residence Hall facilities should be better. Equipment is old, poorly maintained, and we have no plan on replacing.
1	0.38%	roller skating rink
1	0.38%	Room for RAD class, aka self defense, more punching bags
1	0.38%	Running track outside near the SDC
1	0.38%	Running water at tech trails
1	0.38%	Self defense courses.
1	0.38%	shuttles from downtown to the gym
1	0.38%	Singing competition ice fishing winter hiking
1	0.38%	Skiing Classes
1	0.38%	SOCCER CLUB
1	0.38%	Soccer field/goals
1	0.38%	sorry, I have no idea. I got what I want at least.
1	0.38%	specific climbing classes, such as for general high-angle rescue techniques
1	0.38%	Specific types of weight equipment facilitating core strengthening (side abs, etc.) At least a few treadmills in the gym seem to always be broken over the past few years-can these be fixed? The signs help users to treat equipment -keep doing this!
1	0.38%	Stretching/yoga area available for use which is currently non existent. There are mats at the SDC but if more that three people are using them, it is already over crowded. Workout room is way to congested as it is though.
1	0.38%	Table Tennis
1	0.38%	team training
1	0.38%	The extension in weekend hours as mentioned previously.
1	0.38%	There don't seem to be enough beginner courses available. Maybe I'm just missing them being posted, but overweight people who want to work out for the first time are not just going to want to join a general group fitness class because it is intimidating. Catering a few classes specifically towards unfit people could really increase the popularity.

Q133. What additional recreational offerings (not listed above) would you like to see that are not currently available on campus?			
Count	Percent		
1	0.38%	There is a single multi-purpose hall where students play basketball and badminton in the same hall. It would be great to have separate courts for these sports.	
1	0.38%	They are awesome as is	
1	0.38%	Traditional Saunas	
1	0.38%	Trailhead lodge for renting snowshoes and promoting use of the Tech Trails	
2	0.76%	Trampolines	
1	0.38%	transportation	
1	0.38%	Turf field would be awesome. I play rugby so we have limited field availability for a lot of the year	
1	0.38%	Updated locker rooms. I'm not sure if there's a system that could be implemented or if fitness centers in other areas of country/world have already figured this out but the sand and grit that gets all over the floor in the locker rooms during the winter is really unpleasant and very very slippery.	
1	0.38%	Varsity specific training areas	
1	0.38%	We have most of the recreation I would be interested in.	
1	0.38%	Wilderness first responder training	
1	0.38%	Women's only facilities for lifting weights, more weights for beginners (<20 pounds)	
1	0.38%	Wrestling room and team	
1	0.38%	Yes	
263	Respondents		

Q134. What changes could be made to [REC] that would increase your likelihood of utilizing on-campus recreational facilities, programs, and/or services?			
Count	Percent		
266	100.00%		
Count	Percent		
1	0.38%		
2	0.75%	-	
1	0.38%	.	
1	0.38%	A dedicated lap swim pool	
1	0.38%	a deeper indoor pool with block starts	
1	0.38%	A larger or second weight room. The current one gets very full in the afternoon.	
1	0.38%	Add more ice time for free skate.	
1	0.38%	Adding an open gun range...	
1	0.38%	adding late night hours.	
1	0.38%	Additional weight equipment in the gyms.	
1	0.38%	Affordable group fitness classes. More reasonable discounts/passes for spouses/partners. Not worth trying out the tennis center, ski hill, etc. if we can only go once per semester. Discounts/free equipment rentals.	
1	0.38%	Allow students to use Tech fund fees to "pay" for classes.	
1	0.38%	An indoor field.	
1	0.38%	An indoor turf field	
1	0.38%	An outdoor track	
1	0.38%	Answered in previous question on last page about squat racks and lifting platforms	
1	0.38%	As I stated previously, more accommodations for transgender students (feel free to contact me at lkreichs@mtu.edu for more discussion on this).	
1	0.38%	Availability to work in dance room when not being used for classes	
1	0.38%	Badminton takes up a lot of space in the multipurpose gym. If there was a dedicated space for it, it'd be significantly easier to find an open court to use.	
1	0.38%	Be open more hours of the day	
1	0.38%	better descriptions of programs on the posters	
1	0.38%	better equipment	
1	0.38%	Better equipment, 24/7 fitness center, bigger fitness area	
1	0.38%	Better location	
1	0.38%	Better organized	

Q134. What changes could be made to [REC] that would increase your likelihood of utilizing on-campus recreational facilities, programs, and/or services?

Count	Percent	
1	0.38%	Better pool hours
1	0.38%	Better promotion for intramurals. I have trouble hearing about what's available until it is too late.
1	0.38%	better promotions for off campus students
1	0.38%	Better rock wall with students who are rock wall certified given the ability to climb without being a member of a rev group.
1	0.38%	Better rock wall, look at northern's it's way better than ours.
1	0.38%	Better shuttle service to SDC
1	0.38%	better stretching areas
1	0.38%	Bigger locker rooms for students, there are often no open lockers available.
1	0.38%	Biggest Loser type of competition
1	0.38%	Boxes in the fitness center for jumps
1	0.38%	can't think of anything practical
1	0.38%	Centralized website with all facility hours and events
1	0.38%	Changes in times due to class interference.
1	0.38%	Changing up the times at which classes (i.e. yoga) is offered to also fit better with a student's schedule.
1	0.38%	cheaper instructed classes.
1	0.38%	Childcare!!!!!!!!!!!!!! I almost went to the University of Utah just because the on campus childcare was better -- student parents get 4 hr/wk of free childcare to use the gym.
1	0.38%	Clean gym floors
1	0.38%	Clean the multipurpose room's floor more frequently.
1	0.38%	Cleaner weight rooms
1	0.38%	Closer options
1	0.38%	closer to campus
1	0.38%	Closer to campus facilities.
1	0.38%	Decreasing the cost of community programs would make me more likely to participate in them. Also, a lot of them see to run around lunch time, which makes it impossible for me (grad student) to attend them.
1	0.38%	Discounts on classes
1	0.38%	Don't know about rec
1	0.38%	Earlier hours
1	0.38%	Easier to understand schedule on webpage(shooting range)
1	0.38%	Eh. Actually, for me, it's mostly a time thing.
1	0.38%	Equipment for all facilities to be available if not already.
1	0.38%	Everyone shows up at the same time. Providing additional gym space would be nice.
1	0.38%	Expand available hours. The current hours can be very limiting
1	0.38%	Expand facilities they appear over crowded with not enough space
1	0.38%	Expanding/adding gymnasiums.
1	0.38%	Extend the hours
1	0.38%	Extension of the Frisbee golf course, more holes, longer holes.
1	0.38%	Faster/more frequent bus routes to the SDC to make travel to and from more convenient.
1	0.38%	Fix up the pool
1	0.38%	Free Classes
1	0.38%	Free weights and Olympic lifting platforms
1	0.38%	FREE yoga, Zumba, and spin classes
1	0.38%	Get the bowling alley back
1	0.38%	Getting to the SDC, too far away for a simple workout
1	0.38%	Gymnastics
1	0.38%	Have classes to help teach us how to use the equipment
1	0.38%	Have the residence hall fitness centers be at no additional charge
1	0.38%	Having a facility somewhere on campus. It's very difficult to make it up to the SDC in between classes.
1	0.38%	If there was a location right on campus, then I personally(perhaps other people) would be more inclined to using the facilities.
1	0.38%	Having facilities that are closer to the dorms.
1	0.38%	Having free membership in the in-house workout rooms would be awesome.
1	0.38%	Having more classes on campus, such as in the residence halls

Q134. What changes could be made to [REC] that would increase your likelihood of utilizing on-campus recreational facilities, programs, and/or services?

Count	Percent	
1	0.38%	Having more free time
1	0.38%	Having more machines. Having a more private area to workout (I don't really like having others watch me while I work out and am kind of self-conscious about it).
1	0.38%	having more time
1	0.38%	Heated tunnels that go to the SDC, unli, and full of eeire art Modual ice walk-bridge accross the portage OR ziplines that go from the tops of the academic buildings to the opposite shore or the hill to campus Perhaps a space around the main campus other than the muddy quad
1	0.38%	hours of operation
1	0.38%	I don't know where a lot of the things I'd like to use are
1	0.38%	I generally like to workout by myself if I'm not partaking in intramurals, and my needs are adequately met.
1	0.38%	I know cost is an issue for everyone, but as a broke student, it is exceptionally hard to be involved in some of the programs due to cost.
1	0.38%	I really would like to attend more fitness classes (yoga, pilates, etc.) but I have an issue with times due to work and classes as well as them not being extremely affordable.
1	0.38%	I think it would be awesome to have an open room in the SDC where you could go to do things like Insanity dvd's or crossfit style exercise.
1	0.38%	I was informed that MTU was not supposed to use the word utilize...I guess you are using utilizing, but still...perhaps I was misinformed
1	0.38%	I would have a shuttle which takes students from the dorms to the SDC. This would, in my opinion, get more kids to workout and maintain their health.
1	0.38%	I'm already pretty involved
1	0.38%	If it was closer to campus or where I lived it would be easier. I walk everywhere now so walking up a hill to workout isn't really ideal.
1	0.38%	if it was closer to my house
1	0.38%	If it wasn't up a big hill.
1	0.38%	If the locker rooms were more conveniently located near the gym, not on a separate floor.
1	0.38%	Improved hours,or off hour access.
1	0.38%	Improved running facilities
1	0.38%	Include a time machine so busy students could more easily make time to work out. :)
1	0.38%	Increase availability.
1	0.38%	Increase operational hour of sdc.
1	0.38%	Increased email contact regarding programs available. Staggered starts to programs, so that a busy work week when a round of classes is starting will let you pick up a new activity in a week or two while still starting at the beginning.
1	0.38%	Increased hours of operation
1	0.38%	It is difficult to determine how to get started in some of the programs. I would love to play tennis, but don't really know who to talk to in order to schedule time or find someone to play with. Once you've started an activity it is easy, but sometimes it is hard to figure out how to get involved.
1	0.38%	Its ok
1	0.38%	Late hours of operation
1	0.38%	Lift served mountain biking on Ripley
1	0.38%	Location
1	0.38%	Location - closer to campus
1	0.38%	Longer hours
1	0.38%	longer open time for swimming pool on weekends.
1	0.38%	Lower gym fees for non students.
1	0.38%	Make activities and offerings more publicized
1	0.38%	make it closed to main campus
1	0.38%	Make recreational programs free (no additional cost) to students. Many times I get the impression that the SDC is catering to the public at the expense of the students. More lockers are needed in the male student locker room- maybe large lockers for day use and smaller lockers for overnight use. Fix the dryers in the male student locker room. Include towel service for all students (promote hygiene). Include locker rental with PE classes (part of course fee). Fewer signs everywhere- there are paper signs on every door, every wall. It makes people ignore them all- less is more. Have locker room, fitness center, multi, racquet ball courts open 24 hours/day for students. Need to be able to compete with the Quad Core fitness centers in the residence halls.

Q134. What changes could be made to [REC] that would increase your likelihood of utilizing on-campus recreational facilities, programs, and/or services?

Count	Percent	
1	0.38%	Make the quad core free. There's no reason we should have to pay for it.
1	0.38%	market how to use the multipurpose room better
1	0.38%	membership pricing, having classes included in membership
1	0.38%	More activities included at no/lower cost.
1	0.38%	More advertisement would be great. I do not know what options are available to be.
1	0.38%	More advertising to students all year long to try to get people more aware of what is available
1	0.38%	More advertising, promote your events more
1	0.38%	More basketball courts
1	0.38%	More billiard tables
1	0.38%	More cardio equipment, that is what is full when I want to use it most. In particular, treadmills.
1	0.38%	More cardio machines
1	0.38%	more cardio machines and better well kept
1	0.38%	More cats
1	0.38%	More classes offered at times that are convenient for students, not just convenient for working adults in the community. Students are not on a 9-5 schedule and sometimes can only work out later in the evening
1	0.38%	More classes offered to students
1	0.38%	More classes.
1	0.38%	More convenient hours...a quiet place to do yoga in a small group...some study rooms for all students/computers.
1	0.38%	More dog trails
1	0.38%	More exercise equipment or less crowded.
1	0.38%	More expanded hours, especially for the pool. Better prices for students - I can't afford \$180 to work out 6 times. Even to offer personal training as a class would help with that cost.
1	0.38%	More fitness classes in the evenings such as bodypump
1	0.38%	More fitness classes like yoga or zumba
1	0.38%	More flexible course times.
1	0.38%	More free classes for students
1	0.38%	More free space for working out on the floor
1	0.38%	More free time.
1	0.38%	More fun but health things to do.
1	0.38%	More information about REC
1	0.38%	More involvement from others in intramurals
1	0.38%	More locker room space, and cheaper locker rental. I think the hours of operation are overall satisfactory.
1	0.38%	More lockers offered in the locker rooms, maybe with more options for leaving things overnight.
1	0.38%	More open area for camping
1	0.38%	More open time at the climbing wall and a larger climbing wall with a greater number of accessible routes. A bouldering area would also be amazing.
1	0.38%	More open time/space in the gym
1	0.38%	More outdoor activities
1	0.38%	More parking space
1	0.38%	More posters and flyers
1	0.38%	More privacy in locker rooms and such. Some students come from places that make it very uncomfortable for them to change in such a public area.
1	0.38%	More privacy.
1	0.38%	More privacy. Maybe several rooms with exercise equipment in one room (split by type of workout/equipment) so that you aren't just stuck in one room with everyone who wants to exercise.
1	0.38%	More private locker room setting - maybe add more turns or something in the locker room to at least give the impression of more privacy
1	0.38%	More promotion and more events.
1	0.38%	More shuttles from campus to the SDC; clean the lockerrooms (deodorize) and add more lockers for daily use
1	0.38%	More smaller free weights in the weight rooms. A large number of big weights exist but I would like to see more smaller weights in the weights rooms.

Q134. What changes could be made to [REC] that would increase your likelihood of utilizing on-campus recreational facilities, programs, and/or services?

Count	Percent	
1	0.38%	More space and less people
1	0.38%	More space within the fitness room.
1	0.38%	more squat racks, and lifting platforms.
1	0.38%	more team intramurals
1	0.38%	more tennis courts
1	0.38%	More tennis courts would definitely increase my participation.
1	0.38%	More understanding of the facilities
8	3.01%	n/a
6	2.26%	N/a
6	2.26%	N/A
2	0.75%	na
3	1.13%	Na
3	1.13%	NA
1	0.38%	Need more facilities and better access from campus. (During winter, it takes 25-30 min walking to reach upper daniel heights which is not feasible on a daily basis and discourages visiting the facility)
1	0.38%	New SDC women's sauna
2	0.75%	No
1	0.38%	no fee for in-dorm gym memberships (or less of a fee)
1	0.38%	No obvious changes come to mind.
8	3.01%	none
6	2.26%	None
1	0.38%	None.
1	0.38%	None. It's darn good.
1	0.38%	Not sure.
1	0.38%	Not up that stupid hill. More school involvement.
1	0.38%	nothing
1	0.38%	Nothing
1	0.38%	Nothing I can think of.
1	0.38%	Nothing.. Just self-motivate myself in going!
1	0.38%	On campus facilities are fine, just advertising better might get more people to use them
1	0.38%	Open 24/7
1	0.38%	Open later on weekends.
1	0.38%	Open up the empty lockers with locks on them.
1	0.38%	Organizing the equipment. For example, the rifle shooting range could be much better. Lighting is bad. TT tables could be much organized
1	0.38%	Outdoor activities and REC are most enjoyed and promoted when done in batches and groups. I would be glad if there are clubs for running, hiking etc. This would be a better way of exploring outdoors! Outdoor activities are necessary. A lot of my friends account walking from their apt to the campus as an outdoor activity! I think for students enrolled in rigorous programs and otherwise, outdoor rec is necessary and stress-relieving.
1	0.38%	Outdoor basketball court.
2	0.75%	Outdoor track
1	0.38%	perhaps, an email of activities 2 weeks prior as apposed to only 1 week
1	0.38%	Personal programs
1	0.38%	personal trainers
1	0.38%	Plant more trees around campus
1	0.38%	private bathroom in swimming pool.
1	0.38%	private rooms
1	0.38%	private rooms, changing areas
1	0.38%	Probably just advertising it more
1	0.38%	Reduce locker fee
1	0.38%	Repairs to Pool facilities, updated pool
1	0.38%	Ropes course
1	0.38%	Scheduled open gyms for various sports to just have fun
1	0.38%	seeing the things implemented in question 126

Q134. What changes could be made to [REC] that would increase your likelihood of utilizing on-campus recreational facilities, programs, and/or services?

Count	Percent	
1	0.38%	Sent us e-mail to let everybody know about that.
1	0.38%	Seperate shuttle to SDC from Daniel Heights
1	0.38%	Showing groups of amateurs the ropes or classes at easier times when walking a distance in the dark isn't necessary.
1	0.38%	shuttle service extended for weekend SDC visits
1	0.38%	Shuttle service provided to lake shore center for REC
1	0.38%	shuttles from downtown to the gym
1	0.38%	Shuttles to and from on a more regular basis
1	0.38%	Signs reminding athletes playing sports on the inside of the indoor track to not bring their sport on to the track. I generally leave the SDC without starting/finishing my workout when this happens because it's mentally impossible to do a long run on a treadmill.
1	0.38%	Skatepark! ^
1	0.38%	Some starter-level fitness program like "P90x"
1	0.38%	Someone to help you in the weight room if your new at it otherwise it can be over coming and a lot of pressure
1	0.38%	Somewhat better promotion of programs. I didn't know several of the options that were offered
1	0.38%	space and more equipment
1	0.38%	The extension in weekend hours as mentioned previously.
1	0.38%	The hours of service.
1	0.38%	The walk to the SDC is demotivating. By the time I get up the hill I am already tired before I start working out. I would like to see either improvements in quad core, an on campus large scale gym, or better transport to the SDC
1	0.38%	They are awesome as is
1	0.38%	times during the day as well as night
1	0.38%	trampolines
1	0.38%	Update the schools pistol range
1	0.38%	Update the whole facility. Feels like going back to the 70s.
1	0.38%	Updated equipment
1	0.38%	VERY likely
1	0.38%	What is [REC]?? I have never heard of it.
1	0.38%	Women's only hours or location or session for lifting weights
1	0.38%	Wrestling room nicer and a coach and travel with the team

266 Respondents

Q135. Which best describes how often you visit the [REC] web page?

Count	Percent	
4	0.46%	5 or more times a week
30	3.48%	3 - 4 times per week
101	11.73%	1 - 2 times per week
173	20.09%	1 - 2 times per month
236	27.41%	1 - 2 times per semester
317	36.82%	Never

861 Respondents

Q136. What do you use the [REC] web page for?

Count	Respondent %	Response %	
435	80.71%	38.09%	Check hours when facilities are open
271	50.28%	23.73%	Find information about activities, programs, and services

Q138. Please explain what information you were looking for that you could not find.

Count	Percent	
1	4.17%	Several times I was looking for specific facility hours (for both the pool and the weight room, I believe) and though I eventually found them somewhere, I remember that each time I had to try several links that led me to some frustrating dead ends before I downloaded the right PDF or whatever. I think that information could be more intuitive to find.
1	4.17%	Sometime, I searched the hour of SDC on google. It didn't bring me to the right place.
1	4.17%	Sometimes when looking up hours for lap swimming, the hours are different than in the facility. They do not always take swim lessons into consideration so they are an hour or 1/2 off
1	4.17%	The class offerings are extremely confusing. The website is not laid out very well.
1	4.17%	The hours of operation of the gym. They had pool and wood gym and everything but not the actual lifting gym.
1	4.17%	This survey is wayyyyy too long
1	4.17%	Timings are not stated clearly. For example in for swimming pool, timings are shown as available or public, what is it?
1	4.17%	Waldo
1	4.17%	Weight room hours

24 Respondents