DEPARTMENT OF LABOR & ECONOMIC GROWTH
DIRECTOR'S OFFICE
OCCUPATIONAL HEALTH STANDARDS

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These rules take effect 7 days after filing with the Secretary of State

(By authority conferred on the director of the department of consumer and industry services by sections 14 and 24 of 1974 PA 154 and Executive Reorganization Orders Nos. 1996-1 and 1996-2, MCL 408.1014, 408.1024, 330.3101, and 445.2001)

R 325.70101, R 325.70102, R 325.70103, R 325.70104, R 325.70105, R 325.70106, R 325.70107, R 325.70108, R 325.70109, R 325.70110, R 325.70111, R 325.70113, and R 325.70114 of the Michigan Administrative Code are amended and R 325.70112 of the Michigan Administrative Code is rescinded as follows:

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PART 431. HAZARDOUS WORK IN LABORATORIES

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R 325.70101 Scope; effective date of subrule (2)

Rule 1. (1) These rules set forth the requirements for laboratory use of hazardous chemicals. Subjects to which these rules apply include all of the following:
(a) Exposure limits.
(b) Exposure monitoring.
(c) Written chemical hygiene plan.
(d) Employee information and training.
(e) Medical surveillance.
(f) Hazard identification.
(g) Use of respiratory protection.
(h) Recordkeeping.

(2) These rules, where they apply as specified in R 325.70102, supersede all Michigan occupational safety and health act (MOSHA) occupational health standards that govern the use of specific chemical substances, except as provided in R 325.70104, R 325.70105, and R 325.70108. Also, where they apply, these rules supersede the requirements of the occupational safety and health administration (OSHA) hazard communication standard, being 29 C.F.R. §1910.1200, which is incorporated by section 14a of 1974 PA 154, MCL 408.1014a. This subrule takes effect when an employer has developed and implemented a written chemical hygiene plan as prescribed by R 325.70106.

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(3) All occupational health standards that do not deal with a specific chemical substance apply to laboratory operations as do any occupational safety standards administered by the Michigan department of consumer and industry services. Such non-chemical substance standards that apply to laboratory operations include all of the following rules:
(a) Occupational noise exposure, Part 380., R 325.60101 et seq.
(b) Ionizing radiation, Part 381., O.H. 2410 et seq.
(c) Nonionizing radiation, Part 382., R 325.60701 et seq.
(d) Ventilation control, Part 520., O.H. 3101 et seq.
(e) Permit-required confined spaces, Part 490., R 325.63001 et seq.
(f) Respiratory protection, Part 451., R 325.60501 et seq.
(g) Illumination, Part 478., R 325.47801 et seq.
(h) Sanitation, Part 474., O.H. 4201 et seq.
(i) Medical services and first aid, Part 472., R 325.47201 et seq.
(j) Employee medical records and trade secrets, Part 470., R 325.3451 et seq.

R 325.70102 Application

Rule 2. (1) These rules apply to all employers who have an employee or employees involved in the laboratory use of hazardous chemicals as defined in R 325.70103.

(2) These rules do not apply to either of the following:
(a) Work involving chemicals that do not meet the conditions of the definition of laboratory use of hazardous chemicals. In such cases, the employer shall comply with all relevant specific substance standards even if such use occurs in a laboratory type setting.

(b) Work involving the laboratory use of hazardous chemicals that does not have the potential for employee exposure.

R 325.70103 Definitions
Rule 3. As used in these rules:

(a) "Action level" means a concentration which is designated in established MIOSHA health standards for a specific substance, calculated as an 8-hour, time-weighted average, and which initiates certain required activities, such as exposure monitoring and medical surveillance.

(b) "Chemical hygiene officer" means an employee who is designated by the employer, and who is qualified by training or experience, to provide technical guidance in the development and implementation of the provisions of the chemical hygiene plan. This definition is not intended to place limitations on the position description or job classification that the designated individual shall hold within the employer's organizational structure.

(c) "Chemical hygiene plan" means a written program which is developed and implemented by the employer, which sets forth procedures, equipment, personal protective equipment, and work practices that are capable of protecting employees from the health hazards presented by the hazardous chemicals used in a particular workplace, and which is in compliance with the requirements of R 325.70106.

(d) "Director" means the director of the Michigan department of consumer and industry services or his or her designee.

(e) "Emergency" means any occurrence, such as equipment failure, the rupture of containers, or the failure of control equipment, that results in an uncontrolled release of a hazardous chemical into the workplace.

(f) "Employee" means a person who is assigned to work in a laboratory workplace and who may be exposed to hazardous chemicals in the course of his or her assignments.

(g) "Hazardous chemical" means a chemical for which there is statistically significant evidence, based on at least 1 study that is conducted in accordance with established scientific principles, that acute or chronic health effects may occur in employees who are exposed to the chemical. These health effects include those that result from exposure to chemicals which are any of the following:

(i) Carcinogens.

(ii) Toxic or highly toxic agents.

(iii) Reproductive toxins.

(iv) Irritants.

(v) Corrosives.

(vi) Sensitizers.

(vii) Hepatotoxins.

(viii) Nephrotoxins.

(ix) Neurotoxins.

(x) Agents that act on the hematopoietic systems.

(xi) Agents that damage the lungs, skin, eyes, or mucous membranes.

Appendices A and B of the OSHA hazard communications standard, being 29 C.F.R. §1910.1200 and referenced in R 325.70101(2), provide further guidance in defining the scope of health hazards and determining whether or not a chemical is to be considered hazardous for purposes of these rules.

(h) "Laboratory" means a facility where the laboratory use of hazardous chemicals occurs. It is a workplace where relatively small quantities of hazardous chemicals are used on a nonproduction basis.

(i) "Laboratory-type hood" means a work chamber which is used in a laboratory, which is enclosed on 5 sides and has a moveable sash or fixed partial closure on the remaining side, which is constructed and maintained to draw air from the laboratory and prevent or minimize the escape of air contaminants into the laboratory, and which allows chemical manipulations to be conducted in the enclosure without inserting any portion of the employee's body other than hands and arms. The term includes "walk-in hoods with adjustable sashes if the sashes are adjusted during use so that the airflow and the exhaust of air contaminants are not compromised and so that employees do not work inside the enclosure during the release of airborne hazardous chemicals.

(j) "Laboratory use of hazardous chemicals" means the handling or use of such chemicals in which all of the following conditions are met:

(i) Chemical manipulations are carried out on a laboratory scale.

(ii) Multiple chemical procedures or chemicals are used.

(iii) The procedures that are involved are not part of production process, nor in any way simulate a production process.

(iv) Protective laboratory practices and equipment are available and in common use to minimize the potential for employee exposure to hazardous chemicals.

(k) "Medical consultation" means a consultation that takes place between an employee and a licensed physician to determine what medical examinations or procedures, if any, are appropriate.

(l) "Physical hazard" means a chemical for which there is scientifically valid evidence that it is any of the following:

(i) A combustible liquid.

(ii) A compressed gas.

(iii) Explosive.

(iv) Flammable.

(v) An organic peroxide.

(vi) An oxidizer.
(vii) Pyrophoric.
(viii) Unstable (reactive).
(ix) Water-reactive.

These terms are defined in appendix B of these rules.

(m) “Production” means the manufacturing processes that use hazardous chemicals and result in a product.

(n) “Protective laboratory practices and equipment” means those laboratory procedures, practices, and equipment that are accepted by laboratory health and safety experts as effective, or that the employer can show to be effective, in minimizing the potential for employee exposure to hazardous chemicals.

(o) “Reproductive toxins” means chemicals that affect the reproductive capabilities, including chromosomal damage (mutations) and effects on fetuses (teratogenesis).

(p) “Select carcinogen” means any substance that meets 1 or more of the criteria set forth in the definition of select carcinogen in paragraph (b) of OSHA standard 29 C.F.R. §1910.1450, which is adopted herein by reference. The cited provision of 29 C.F.R. §1910.1450 is available from the Michigan Department of Consumer and Industry Services, Standards Division, P.O. Box 30643, Lansing, Michigan 48909, at no cost, or from the U.S. Department of Labor, OSHA, 801 S. Waverly, Suite 306, Lansing, Michigan 48917, at no cost. The cited definition is printed as appendix C to these rules.

R 325.70104 Permissible exposure limits

Rule 4. For laboratory uses of MIOSHA-regulated substances, an employer shall assure that laboratory employees’ exposures to such substances do not exceed the permissible exposure limits specified in MIOSHA occupational health standards.

R 325.70105 Exposure monitoring

Rule 5. (1) An employer shall measure an employee’s exposure to any substance that is regulated by a standard that requires monitoring if there is reason to believe that exposure levels for that substance routinely exceed the action level or, in the absence of an action level, the permissible exposure limits (PEL).

(2) If the initial monitoring prescribed by subrule (1) of this rule discloses employee exposure over the action level or, in the absence of an action level, the PEL, an employer shall comply with the exposure monitoring provisions of the relevant standard.

(3) Monitoring may be terminated in accordance with the relevant standard.

(4) An employer shall, within 15 working days after the receipt of any monitoring results, notify an employee of these results, in writing, either individually or by posting the results in an appropriate location that is accessible to employees.

R 325.70106 Chemical hygiene plan

Rule 6. (1) Where hazardous chemicals as defined by these rules are used in the workplace, an employer shall develop and carry out the provisions of a written chemical hygiene plan that provides for both of the following:

(a) Protecting employees from health hazards that are associated with hazardous chemicals in that laboratory.

(b) Keeping exposures below the limits specified in R 325.70104.

(2) The chemical hygiene plan shall be readily available to employees, employee representatives, and, upon request, to the director.

(3) The chemical hygiene plan shall include each of the following elements and shall indicate specific measures that the employer will take to ensure laboratory employee protection:

(a) Standard operating procedures relevant to safety and health considerations to be followed when laboratory work involves the use of hazardous chemicals.

(b) Criteria that the employer will use to determine and implement control measures to reduce employee exposure to hazardous chemicals, including engineering controls, the use of personal protective equipment, and hygiene practices. Particular attention shall be given to the selection of control measures for chemicals that are known to be particularly hazardous.

(c) A requirement that laboratory-type hoods and other protective equipment are functioning properly and the specific measures that shall be taken to ensure the proper and adequate performance of such equipment.

(d) Provisions for employee information and training as prescribed in R 325.70107.

(e) The circumstances under which a particular laboratory operation, procedure, or activity shall require prior approval from the employer or the employer's designee before implementation.

(f) Provisions for medical consultation and medical examinations in accordance with R 325.70108.

(g) Designation of personnel who are responsible for implementing the chemical hygiene plan, including the assignment of a chemical hygiene officer and, if appropriate, establishment of a chemical hygiene committee.

(h) Provisions for additional employee protection for work with particularly hazardous substances, such as select carcinogens, reproductive toxins, and substances that have a high degree of acute or chronic toxicity. Specific consideration shall be given to the following provisions, which shall be included where appropriate:

(i) The establishment of a designated area or areas that indicate the physical limits of exposure to particularly hazardous substances.

(ii) The use of containment devices, such as laboratory-type hoods or glove boxes.

(iii) Procedures for the safe removal of contaminated waste.

(iv) Decontamination procedures.

(4) An employer shall review and evaluate the effectiveness of the chemical hygiene plan at least annually and update it as necessary.
Appendix A to these rules is nonmandatory, but provides guidance to assist employers in the development of a chemical hygiene plan.

R 325.70107 Employee information and training
Rule 7. (1) An employer shall provide employees with information and training to ensure that they are apprised of and understand the hazards of chemicals present in their work areas.

(2) Such information shall be provided at the time of an employee's initial assignment to a work area where hazardous chemicals are present and before assignments that involve new exposure situations. Refresher information and training shall be provided by the employer to ensure that an employee is aware of the risks of exposure to hazardous chemicals.

(3) Employees shall be informed of all of the following:
   (a) The contents of these rules and appendices, which shall be made available to employees.
   (b) The location and availability of the employer's chemical hygiene plan.
   (c) The permissible exposure limits for MIOSHA-regulated substances or the recommended exposure limits for other hazardous chemicals if there are no applicable MIOSHA rules.
   (d) Signs and symptoms associated with exposures to hazardous chemicals that are used in the laboratory.
   (e) The location and availability of known reference material on the hazards, safe handling, storage, and disposal of hazardous chemicals found in the laboratory, including material safety data sheets (MSDS) received from a chemical supplier.

(4) Employee training shall include all of the following:
   (a) Methods and observations that may be used to detect the presence or release of a hazardous chemical, such as monitoring conducted by the employer, continuous monitoring devices, and the visual appearance or odor of hazardous chemicals when being released.
   (b) The physical and health hazards of chemicals in the work environment.
   (c) The measures employees can take to protect themselves from health hazards, including specific procedures that the employer has implemented to protect employees from exposure to hazardous chemicals, such as appropriate work practices, emergency procedures, and personal protective equipment to be used.

(5) The employee shall be trained about the applicable details of the employer's written chemical hygiene plan.

R 325.70108 Medical surveillance
Rule 8. (1) An employer shall provide all employees who work with hazardous chemicals an opportunity to receive the following medical attention, including any follow-up examinations which the examining physician determines to be necessary:
   (a) When an employee develops signs or symptoms that are associated with a hazardous chemical to which the employee may have been exposed in the laboratory, the employee shall be provided an opportunity to receive an appropriate medical examination.
   (b) If exposure monitoring reveals an exposure level that is routinely above the action level or, in the absence of an action level, the PEL for a MIOSHA-regulated substance for which there are exposure monitoring and medical surveillance requirements, medical surveillance shall be established for the affected employee as prescribed by the particular standard.
   (c) When an event takes place in the work areas, such as a spill, leak, explosion, or other occurrence that results in the likelihood of a hazardous exposure, the affected employee shall be provided an opportunity for a medical consultation. Such consultation shall be for the purpose of determining the need for a medical examination.

(2) All medical examinations and consultations shall be performed by or under the direct supervision of a licensed physician who is familiar with the general health effects of hazardous chemicals and sources of specific information on such effects and shall be provided without cost to the employee, without loss of pay, and at a reasonable time and place.

(3) An employer shall provide all of the following information to the physician:
   (a) The identity of the hazardous chemical or chemicals to which the employee may have been exposed.
   (b) A description of the conditions under which the exposure occurred, including quantitative exposure data, if available.
   (c) A description of the signs and symptoms of exposure that the employee is experiencing, if any.

(4) For examination or consultation that is required under this rule, an employer shall obtain a written opinion from the examining physician. The opinion shall include all of the following:
   (a) Any recommendation for further medical follow-up.
   (b) The results of the medical examination and any associated tests.
   (c) Any medical condition revealed in the course of the examination which may place the employee at increased risk as a result of exposure to a hazardous chemical that is found in the workplace.
   (d) A statement that the employee has been informed by the physician of the results of the consultation or medical examination and any medical condition that may require further examination or treatment.

(5) The written opinion shall not reveal specific findings of diagnoses unrelated to occupational exposure.

R 325.70109 Hazard identification
Rule 9. (1) With respect to labels and material safety data sheets (MSDS) for hazardous chemicals, both of the following provisions apply:
   (a) Employers shall ensure that labels on incoming containers of hazardous chemicals are not removed or defaced.
(b) Employers shall maintain any MSDS that are received with incoming shipments of hazardous chemicals and ensure that MSDS are readily accessible to laboratory employees.

(2) All of the following provisions shall apply to chemical substances that are developed in the laboratory:

(a) If the composition of the chemical substance that is produced exclusively for the laboratory's use is known, an employer shall determine if it is a hazardous chemical. If the chemical is determined to be hazardous, the employer shall provide appropriate training as required by R 325.70107.

(b) If the chemical produced is a by-product of unknown composition, an employer shall assume that the substance is hazardous and shall implement the provisions of R 325.70106.

(c) If the chemical substance is produced for another user outside of a laboratory, an employer shall comply with the OSHA hazard communication standard, being 29 C.F.R. §1910.1200, which is referenced in R 325.70101.

R 325.70110 Use of respiratory protection
Rule 10. If, after appropriate application of feasible engineering and work practice controls, the use of respirators is necessary to maintain exposure below permissible exposure limits, the employer shall provide, at no cost to the employee, the proper respiratory protection equipment.

Respirators shall be selected and used in accordance with the requirements of respiratory protection, Part 451, R 325.60051 et seq.

R 325.70111 Recordkeeping
Rule 11. (1) An employer shall establish and maintain, for each employee, an accurate record of any measurements taken to monitor employee exposures and any medical consultation and examinations, including tests or written opinions required by these rules.

(2) An employer shall assure that such records are kept, transferred, and made available in accordance with the provisions of employee medical records and trade secrets, Part 470, R 325.3451 et seq., and are protected from unauthorized disclosure.

R 325.70112 Rescinded

R 325.70113 Appendices
Rule 13. Appendices A, B, C, and D to these rules are informational only and are not intended to create any additional obligations or requirements not otherwise imposed by these rules or to detract from any established obligations or requirements.

R 325.70114 Availability of rules and appendices; permission to copy
Rule 14. (1) A copy of these rules and appendices are available at no cost from the Michigan Department of Consumer and Industry Services, Standards Division, P.O. Box 30643, Lansing, Michigan 48909.

(2) Permission to copy any of these documents in full is granted by the director.

APPENDICES TO MIOSHA STANDARD
HAZARDOUS WORK IN LABORATORIES
R 325.70101-R 325.70114

The following appendices (A-D) are provided as nonmandatory guidelines and information to assist employers and employees to understand and comply with provisions of the standard. Appendix A is similar to the comparable appendix to 29 CFR §1910.1450 which is the Federal OSHA standard from which these rules were derived.

APPENDIX A—CHEMICAL HYGIENE IN LABORATORIES

The material in this appendix outlines concerns and recommendations for effectively dealing with chemical hazards in the laboratory environment. Naturally, not all items are appropriate for all laboratories. In most situations a study of this appendix and the provisions of Rule 6(3) will be sufficient to enable an effective chemical hygiene plan to be written.

The following table indicates the part of this appendix which are most pertinent to each of the subdivisions of Subrule (3) of Rule 6.

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A. General Principles for Work with Laboratory Chemicals

1. It is prudent to minimize all chemical exposures. Because few laboratory chemicals are without hazards, general precautions for handling all laboratory chemicals should be adopted, rather than specific guidelines for
particular chemicals. Skin contact with chemicals should be avoided as a cardinal rule.

2. Avoid underestimation of risk. Even for substances of no known significant hazard, exposure should be minimized; for work with substances which present special hazards, special precautions should be taken. One should assume that any mixture will be more toxic than its most toxic component and that all substances of unknown toxicity are toxic.

3. Provide adequate ventilation. The best way to prevent exposure to airborne substances is to prevent their escape into the working atmosphere by use of hoods and other ventilation devices.

4. Institute a chemical hygiene program. A mandatory chemical hygiene program designed to minimize exposures is needed; it should be a regular, continuing effort, not merely a standby or short-term activity. Its recommendations should be followed in academic teaching laboratories as well as by full-time laboratory workers.

5. Observe the PELs, TLVs. The Permissible Exposure Limits of OSHA and the Threshold Limit Values of the American Conference of Governmental Industrial Hygienists should not be exceeded.

B. Chemical Hygiene Responsibilities

Responsibility for chemical hygiene rests at all levels including the:

1. Chief executive officer, who has ultimate responsibility for chemical hygiene within the institution and must, with other administrators, provide continuing support for institutional chemical hygiene.

2. Supervisor of the department or other administrative unit, who is responsible for chemical hygiene in that unit.

3. Chemical hygiene officer(s), whose appointment is essential and who must:
   (a) Work with administrators and other employees to develop and implement appropriate chemical hygiene policies and practices;
   (b) Monitor procurement, use, and disposal of chemicals used in the lab;
   (c) See that appropriate audits are maintained;
   (d) Help project directors develop precautions and adequate facilities;
   (e) Know the current legal requirements concerning regulated substances; and
   (f) Seek ways to improve the chemical hygiene program.

4. Laboratory supervisor, who has overall responsibility for chemical hygiene in the laboratory including responsibility to:
   (a) Ensure that workers know and follow the chemical hygiene rules, that protective equipment is available and in working order, and that appropriate training has been provided;
   (b) Provide regular, formal chemical hygiene and housekeeping inspections including routine inspections of emergency equipment;
   (c) Know the current legal requirements concerning regulated substances;
   (d) Determine the required levels of protective apparel and equipment; and
   (e) Ensure that facilities and training for use of any material being ordered are adequate.

5. Project director or director of other specific operation, who has primary responsibility for chemical hygiene procedures for that operation.

6. Laboratory worker, who is responsible for:
   (a) Planning and conducting each operation in accordance with the institutional chemical hygiene procedures; and
   (b) Developing good personal chemical hygiene habits.

C. The Laboratory Facility

1. Design. The laboratory facility should have:
   (a) An appropriate general ventilation system (see C.4. below) with air intakes and exhausts located so as to avoid intake of contaminated air;
   (b) Adequate, well-ventilated stockrooms/storerooms;
   (c) Laboratory hoods and sinks;
   (d) Other safety equipment including eyewash fountains and drench showers; and
   (e) Arrangements for waste disposal.

2. Maintenance. Chemical-hygiene-related equipment (hoods, incinerator, etc.) should undergo continuing appraisal and be modified if inadequate.

3. Usage. The work conducted and its scale must be appropriate to the physical facilities available and, especially, to the quality of ventilation.

4. Ventilation
   (a) General laboratory ventilation. This system should: Provide a source of air for breathing and for input to local ventilation devices; it should not be relied on for protection from toxic substances released into the laboratory; ensure that laboratory air is continually replaced, preventing increase of air concentrations of toxic substances during the working day; direct air flow into the laboratory from non-laboratory areas and out to the exterior of the building.
   (b) Hoods. A laboratory hood with 2.5 linear feet of hood space per person should be provided for every two workers if they spend most of their time working with chemicals; each hood should have a continuous monitoring device to allow convenient confirmation of adequate hood performance before use. If this is not possible, work with substances of unknown toxicity should be avoided or other types of local ventilation devices should be provided.
   (c) Other local ventilation devices. Ventilated storage cabinets, canopy hoods, snorkels, etc. should be provided as needed. Each canopy hood and snorkel should have a separate exhaust duct.
   (d) Special ventilation areas. Exhaust air from glove boxes and isolation rooms should be passed through scrubbers or other treatment before release into the regular exhaust system. Cold
rooms and warm rooms should have provisions for rapid escape and for escape in the event of electrical failure.

(e) Modifications. Any alteration of the ventilation system should be made only if thorough testing indicates that worker protection from airborne toxic substances will continue to be adequate.

(f) Performance. Rate: 4-12 room air changes/hour is normally adequate general ventilation if local exhaust systems such as hoods are used as the primary method of control.

(g) Quality. General air flow should not be turbulent and should be relatively uniform throughout the laboratory, with no high velocity or static areas; airflow into and within the hood should not be excessively turbulent; hood face velocity should be adequate (typically 60-100 lfm).

(h) Evaluation. Quality and quantity of ventilation should be evaluated on installation, regularly monitored (at least every 3 months), and reevaluated whenever a change in local ventilation devices is made.

D. Components of the Chemical Hygiene Plan

1. Basic Rules and Procedures
   (Recommendations for these are given in section E, below)

2. Chemical Procurement, Distribution, and Storage
   (a) Procurement. Before a substance is received, information on proper handling, storage, and disposal should be known to those who will be involved. No container should be accepted without an adequate identifying label. Preferably, all substances should be received in a central location.

   (b) Stockrooms/storerooms. Toxic substances should be segregated in a well-identified area with local exhaust ventilation. Chemicals which are highly toxic or other chemicals whose containers have been opened should be in unbreakable secondary containers. Stored chemicals should be examined periodically (at least annually) for replacement, deterioration, and container integrity. Stockrooms/storerooms should not be used as preparation or repackaging areas, should be open during normal working hours, and should be controlled by one person.

   (c) Distribution. When chemicals are hand carried, the container should be placed in an outside container or bucket. Freight-only elevators should be used if possible.

   (d) Laboratory storage. Amounts permitted should be as small as practical. Storage on bench tops and in hoods is inadvisable. Exposure to heat or direct sunlight should be avoided. Periodic inventories should be conducted, with unneeded items being discarded or returned to the storeroom/stockroom.

3. Environmental Monitoring
   Regular instrumental monitoring of airborne concentrations is not usually justified or practical in laboratories but may be appropriate when testing or redesigning hoods or other ventilation devices or when a highly toxic substance is stored or used regularly (e.g., 3 times/week).

4. Housekeeping, Maintenance, and Inspections
   (a) Cleaning. Floors should be cleaned regularly.
   (b) Inspections. Formal housekeeping and chemical hygiene inspections should be held at least quarterly for units which have frequent personnel changes and semiannually for others; informal inspections should be continual.
   (c) Maintenance. Eye wash fountains should be inspected at intervals of not less than 3 months. Respirators for routine use should be inspected periodically by the laboratory supervisor. Safety showers should be tested routinely. Other safety equipment should be inspected regularly (e.g., every 3-6 months). Procedures to prevent restarting of out-of-service equipment should be established.
   (d) Passageways. Stairways and hallways should not be used as storage areas. Access to exits, emergency equipment, and utility controls should never be blocked.

5. Medical Program
   (a) Compliance with regulations. Regular medical surveillance should be established to the extent required by regulations.
   (b) Routine surveillance. Anyone whose work involves regular and frequent handling of toxicologically significant quantities of a chemical should consult a qualified physician to determine on an individual basis whether a regular schedule of medical surveillance is desirable.
   (c) First aid. Personnel trained in first aid should be available during working hours and an emergency room with medical personnel should be nearby.

6. Protective Apparel and Equipment—should include for each laboratory:
   (a) Protective apparel compatible with the required degree of protection for substances being handled;
   (b) An easily accessible drench-type safety shower;
   (c) An eyewash fountain;
   (d) A fire extinguisher;
   (e) Respiratory protection, fire alarm and telephone for emergency use should be available nearby; and
   (f) Other items designated by the laboratory supervisor.

7. Records
   (a) Accident records should be written and retained.
   (b) Chemical Hygiene Plan records should document that the facilities and precautions were compatible with current knowledge and regulations.
   (c) Inventory and usage records for high-risk substances should be kept as specified in sections E.3.(a) below.
   (d) Medical records should be retained by the institution in accordance with the requirements of state and federal regulations.

8. Signs and Labels
   Prominent signs and labels of the following types should be posted:
   (a) Emergency telephone numbers of emergency personnel/facilities, supervisors, and laboratory workers;
9. Spills and Accidents
(a) A written emergency plan should be established and communicated to all personnel; it should include procedures for ventilation failure, evacuation, medical care, reporting, and drills.
(b) There should be an alarm system to alert people in all parts of the facility including isolation areas such as cold rooms.
(c) A spill control policy should be developed and should include consideration of prevention, containment, cleanup, and reporting.
(d) All accidents or near accidents should be carefully analyzed with the results distributed to all who might benefit.

10. Information and Training Program
(a) Aim: To assure that all individuals at risk are adequately informed about the work in the laboratory, its risks, and what to do if an accident occurs.
(b) Emergency and Personal Protection Training: Every laboratory worker should know the location and proper use of available protective apparel and equipment. Some of the full-time personnel of the laboratory should be trained in the proper use of emergency equipment and procedures. Such training as well as first aid instruction should be available to and encouraged for everyone who might need it.
(c) Receiving and stockroom/storeroom personnel should know about hazards, handling equipment, protective apparel, and relevant regulations.
(d) Frequency of Training: The training and education program should be a regular, continuing activity— not simply an annual presentation.
(e) Literature/Consultation: Literature and consulting advice concerning chemical hygiene should be readily available to laboratory personnel, who should be encouraged to use these information resources.

11. Waste Disposal Program.
(a) Aim: To assure that minimal harm to people, other organisms, and the environment will result from the disposal of waste laboratory chemicals.
(b) The waste disposal program should specify how waste is to be collected, segregated, stored, and transported and include consideration of what materials can be incinerated. Transport from the institution must be in accordance with DOT regulations.
(c) Discarding Chemical Stock: Unlabeled containers of chemicals and solutions should undergo prompt disposal; if partially used, they should not be opened. Before a worker’s employment in the laboratory ends, chemicals for which that person was responsible should be discarded or returned to storage.
(d) Frequency of Disposal: Waste should be removed from laboratories to a central waste storage area at least once per week and from the central waste storage area at regular intervals.
(e) Method of Disposal: Incineration in an environmentally acceptable manner is the most practical disposal method for combustible laboratory waste. Indiscriminate disposal by pouring waste chemicals down the drain or adding them to mixed refuse for landfill burial is unacceptable. Hood should not be used as a means of disposal for volatile chemicals. Disposal by recycling or chemical decontamination should be used when possible.

E. Basic Rules and Procedures for Working with Chemicals
The Chemical Hygiene Plan should require that laboratory workers know and follow its rules and procedures. In addition to the procedures of the sub programs mentioned above, these should include the rules listed below.

1. General Rules/Recommendations
The following should be used for essentially all laboratory work with chemicals:
(a) Accidents and spills—Eye Contact: Promptly flush eyes with water for a prolonged period (15 minutes) and seek medical attention. Ingestion: Encourage the victim to drink large amounts of water. Skin Contact: Promptly flush the affected area with water and remove any contaminated clothing. If symptoms persist after washing, seek medical attention. Clean-up. Promptly clean up spills, using appropriate protective apparel and equipment and proper disposal.
(b) Avoidance of “fume” exposure: Develop and encourage safe habits; avoid unnecessary exposure to chemicals by any route. Do not smell or taste chemicals. Vent apparatus which may discharge toxic chemicals (vacuum pumps, distillation columns, etc.) into local exhaust devices. Inspect gloves and test glove boxes before use. Do not allow release of toxic substances in cold rooms and warm rooms, since these have contained recirculated atmospheres.
(c) Choice of chemicals: Use only those chemicals for which the quality of the available ventilation system is appropriate.
(d) Eating, smoking, etc.: Avoid eating, drinking, smoking, gum chewing, or application of cosmetics in areas where laboratory chemicals are present; wash hands before conducting these activities. Avoid storage, handling or consumption of food or beverages in storage areas, refrigerators, glassware or utensils which are also used for laboratory operations.
(e) Equipment and glassware: Handle and store laboratory glassware with care to avoid damage; do not use damaged glassware. Use extra care with D awar flasks and other evacuated glass
apparatus; shield or wrap them to contain chemicals and fragments should implosion occur. Use equipment only for its designed purpose.

(f) Exiting: Wash areas of exposed skin well before leaving the laboratory.

(g) Horseplay: Avoid practical jokes or other behavior which might confuse, startle or distract another worker.

(h) Mouth suction: Do not use mouth suction for pipetting or starting a siphon.

(i) Personal apparel: Confine long hair and loose clothing. Wear shoes at all times in the laboratory but do not wear sandals, perforated shoes, or sneakers.

(j) Personal housekeeping: Keep the work area clean and uncluttered, with chemicals and equipment being properly labeled and stored; clean up the work area on completion of an operation or at the end of each day.

(k) Personal protection: Assure that appropriate eye protection is worn by all persons, including visitors, where chemicals are stored or handled. Wear appropriate gloves when the potential for contact with toxic materials exists; inspect the gloves before each use, wash them before removal, and replace them periodically. Use appropriate respiratory equipment when air contaminant concentrations are not sufficiently restricted by engineering controls, inspecting the respirator before use.

Use any other protective and emergency apparel and equipment as appropriate. Avoid use of contact lenses in the laboratory unless necessary; if they are used, inform supervisor so special precautions can be taken.

Remove laboratory coats immediately on significant contamination.

(l) Planning: Seek information and advice about hazards, plan appropriate protective procedures, and plan positioning of equipment before beginning any new operation.

(m) Unattended operations: Leave lights on, place an appropriate sign on the door, and provide for containment of toxic substances in the event of failure of a utility service (such as cooling water) to an unattended operation.

(n) Use of hood: Use the hood for operations which might result in release of toxic chemical vapors or dust. As a rule of thumb, use a hood or other local ventilation device when working with any appreciably volatile substance with a TLV of less than 50 ppm. Confirm adequate hood performance before use; keep hood closed at all times except when adjustments within the hood are being made; keep materials stored in hoods to a minimum and do not allow them to block vents or air flow. Leave the hood "on" when it is not in active use if toxic substances are stored in it or if it is uncertain whether adequate general laboratory ventilation will be maintained when it is "off".

(o) Vigilance: Be alert to unsafe conditions and see that they are corrected when detected.

(p) Waste disposal: Assure that the plan for each laboratory operation includes plans and training for waste disposal.

Deposit chemical waste in appropriately labeled receptacles and follow all other waste disposal procedures of the Chemical Hygiene Plan. Do not discharge to the sewer concentrated acids or bases; highly toxic, malodorous, or lacrimary substances; or any substances which might interfere with the biological activity of waste water treatment plants, create fire or explosion hazards, cause structural damage or obstruct flow.

(q) Working alone: Avoid working alone in a building; do not work alone in a laboratory if the procedures being conducted are hazardous.

2. Working with Allergens and Embryotoxins

(a) Allergens (examples: diazomethane, isocyanates, bichromates): Wear suitable gloves to prevent hand contact with allergens or substances of unknown allergic activity.

(b) Embryotoxins (examples: organomercurials, lead compounds, formamide): If you are a woman of childbearing age, handle these substances only in a hood whose satisfactory performance has been confirmed, using appropriate protective apparel (especially gloves) to prevent skin contact. Review each use of these materials with the research supervisor and review continuing uses annually or whenever a procedural change is made.

Store these substances, properly labeled, in an adequately ventilated area in an unbreakable secondary container. Notify supervisors of all incidents of exposure or spills; consult a qualified physician when appropriate.

3. Work with Chemicals of Moderate Chronic or High Acute Toxicity

Supplemental rules to be followed in addition to those mentioned above:

(a) Aim: To minimize exposure to these toxic substances by any route using all reasonable precautions.

(b) Applicability: These precautions are appropriate for substances with moderate chronic or high acute toxicity used in significant quantities.

(c) Location: Use and store these substances only in areas of restricted access with special warning signs. Always use a hood (previously evaluated to confirm adequate performance with a face velocity of at least 60 linear feet per minute) or other containment device for procedures which may result in the generation of aerosols or vapors containing the substance; trap released vapors to prevent their discharge with the hood exhaust.

(d) Personal protection: Always avoid skin contact by use of gloves and long sleeves (and other protective apparel as appropriate). Always wash hands and arms immediately after working with these materials.

(e) Records: Maintain records of the amounts of these materials on hand, amounts used, and the names of the workers involved.

(f) Prevention of spills and accidents: Be prepared for accidents and spills. Assure that at least 2 people are present at all times if a compound in use is highly toxic or of unknown toxicity.
Store breakable containers of these substances in chemically resistant trays; also work and mount apparatus above such trays or cover work and storage surfaces with removable, absorbent, plastic backed paper.

If a major spill occurs outside the hood, evacuate the area; assure that cleanup personnel wear suitable protective apparel and equipment.

Waste: Thoroughly decontaminate or incinerate contaminated clothing or shoes. If possible, chemically decontaminate by chemical conversion.

Store contaminated waste in closed, suitably labeled, impervious containers (for liquids, in glass or plastic bottles half-filled with vermiculite).

4. Work with Chemicals of High Chronic Toxicity

(Examples: dimethylmercury and nickel carbonyl, benz[a]-pyrene, N-nitrosodiethylamine, other human carcinogens or substances with high carcinogenic potency in animals.)

Further supplemental rules to be followed, in addition to all those mentioned above, for work with substances of known high chronic toxicity (in quantities above a few milligrams to a few grams, depending on the substance).

(a) Access: Conduct all transfers and work with these substances in a "controlled area": a restricted access hood, glove box, or portion of a lab, designated for use of highly toxic substances, for which all people with access are aware of the substances being used and necessary precautions.

(b) Approvals: Prepare a plan for use and disposal of these materials and obtain the approval of the laboratory supervisor.

(c) Non-contamination/Decontamination: Protect vacuum pumps against contamination by scrubbers or HEPA filters and vent them into the hood. Decontaminate vacuum pumps or other contaminated equipment, including glassware, in the hood before removing them from the controlled area.

Decontaminate the controlled area before normal work is resumed there.

(d) Exiting: On leaving a controlled area, remove any protective apparel (placing it in an appropriate, labeled container) and thoroughly wash hands, forearms, face, and neck.

(e) Housekeeping: Use a wet mop or a vacuum cleaner equipped with a HEPA filter instead of dry sweeping if the toxic substance was a dry powder.

(f) Medical surveillance: If using toxicologically significant quantities of such a substance on a regular basis (e.g., 3 times per week), consult a qualified physician concerning desirability of regular medical surveillance.

(g) Records: Keep accurate records of the amounts of these substances stored and used, the dates of use, and names of users.

(h) Signs and labels: Assure that the controlled area is conspicuously marked with warning and restricted access signs and that all containers of these substances are appropriately labeled with identity and warning labels.

(i) Spills: Assure that contingency plans, equipment, and materials to minimize exposures of people and property in case of accident are available.

(j) Storage: Store containers of these chemicals only in a ventilated, limited access area in appropriately labeled, unbreakable, chemically resistant, secondary containers.

(k) Glove boxes: For a negative pressure glove box, ventilation rate must be at least two volume changes/hour and pressure at least 0.5 inches of water. For a positive pressure glove box, thoroughly check for leaks before each use. In either case, trap the exit gases or filter them through a HEPA filter and then release them into the hood.

(l) Wastes: Use chemical decontamination whenever possible; ensure that containers of contaminated waste (including washings from contaminated flasks) are transferred from the controlled area in a secondary container under the supervision of authorized personnel.

5. Animal Work with Chemicals of High Chronic Toxicity

(a) Access: For large scale studies, special facilities with restricted access are preferable.

(b) Administration of the toxic substance: When possible, administer the substance by injection or gavage instead of in the diet. If administration is in the diet, use a caging system under negative pressure or under laminar air flow directed toward HEPA filters.

(c) Aerosol suppression: Devise procedures which minimize formation and dispersal of contaminated aerosols, including those from food, urine, and feces (e.g., use HEPA filtered vacuum equipment for cleaning, moisten contaminated bedding before removal from the cage, mix diet in closed containers in a hood).

(d) Personal protection: When working in the animal room, wear plastic or rubber gloves, fully buttoned laboratory coat or jumpsuit and, if needed because of incomplete suppression of aerosols, other apparel and equipment (shoe and head coverings, respirator).

(e) Waste disposal: Dispose of contaminated animal tissues and excreta by incineration if the available incinerator can convert the contaminant to non-toxic products; otherwise, package the waste appropriately for burial in an EPA-approved site.

APPENDIX B--DEFINITIONS OF PHYSICAL HAZARDS

Following are the definitions of physical hazards as used in R 325.70103(l). All definitions except that for pyrophoric are those used in the comparable Federal OSHA standard 29 CFR 1910.1450.

(a) "Combustible liquid" means any liquid having a flashpoint at or above 100°F (37.8°C), but below 200°F (93.3°C), except any mixture having components with flashpoints of 200°F (93.3°C), or higher, the total volume of which make up 99 percent or more of the total volume of the mixture.

(b) "Compressed gas" means:

(i) A gas or mixture of gases having, in a container, an absolute pressure exceeding 40 psi at 70°F (21.1°C); or

(ii) A gas or mixture of gases having, in a container, an absolute pressure exceeding 104 psi at 130°F (54.4°C) regardless of the pressure at 70°F (21.1°C); or
(iii) A liquid having a vapor pressure exceeding 40 psi at 100°F (37.8°C) as determined by ASTM D-323-72.

(c) "Explosive" means a chemical that causes a sudden, almost instantaneous release of pressure, gas, and heat when subjected to sudden shock, pressure, or high temperature.

(d) "Flammable" means a chemical that falls into one of the following categories:

(i) "Aerosol, flammable" means an aerosol that, when tested by the method described in 16 CFR 1500.45, yields a flame protection exceeding 18 inches at full valve opening, or a flashback (a flame extending back to the valve) at any degree of valve opening:

(ii) "Gas, flammable" means:

(A) A gas that, at ambient temperature and pressure, forms a flammable mixture with air at a concentration of 13 percent by volume or less; or

(B) A gas that, at ambient temperature and pressure, forms a range of flammable mixtures with air wider than 12 percent by volume, regardless of the lower limit.

(iii) "Liquid, flammable" means any liquid having a flashpoint below 100°F (37.8°C), except any mixture having components with flashpoints of 100°F (37.8°C) or higher, the total of which make up 99 percent or more of the total volume of the mixture.

(iv) "Solid, flammable" means a solid, other than a blasting agent or explosive as defined in §1910.109(a), that is liable to cause fire through friction, absorption of moisture, spontaneous chemical change, or retained heat from manufacturing or processing, or which can be ignited readily and when ignited burns so vigorously and persistently as to create a serious hazard. A chemical shall be considered to be a flammable solid if, when tested by the method described in 16 CFR 1500.44, it ignites and burns with a self-sustained flame at a rate greater than one-tenth of an inch per second along its major axis.

(e) "Flashpoint" means the minimum temperature at which a liquid gives off a vapor in sufficient concentration to ignite when tested as follows:

(i) Tagliabue Closed Tester (See American National Standard Method of Test for Flash Point by Tag Closed Tester, Z11.24-1979 (ASTM D 56-79))—for liquids with a viscosity of less than 45 Saybolt Universal Seconds (SUS) at 100°F (37.8°C), that do not contain suspended solids and do not have a tendency to form a surface film under test; or

(ii) Pensky-Martens Closed Tester (see American National Standard Method of Test for Flash Point by Pensky-Martens Closed Tester, Z11.7-1979 (ASTM D 93-79))—for liquids with a viscosity equal to or greater than 45 SUS at 100°F (37.8°C), or that contain suspended solids, or that have a tendency to form a surface film under test; or

(iii) Setaflash Closed Tester (see American National Standard Method of Test for Flash Point by Setaflash Closed Tester (ASTM D 3278-78)). Organic peroxides, which undergo autoaccelerating thermal decomposition, are excluded from any of the flashpoint determination methods specified above.

(f) "Organic peroxide" means an organic compound that contains the bivalent -O-O- structure and which may be considered to be a structural derivative of hydrogen peroxide where one or both of the hydrogen atoms has been replaced by an organic radical.

(g) "Oxidizer" means a chemical other than a blasting agent or explosive as defined in §1910.109(a), that initiates or promotes combustion in other materials, thereby causing fire either of itself or through the release of oxygen or other gases.

(h) "Pyrophoric" means any liquid or solid that will ignite spontaneously in air at about 130°F (54.4°C).

(i) "Unstable (reactive)" means a chemical which is the pure state, or as produced or transported, will vigorously polymerize, decompose, condense, or will become self-reactive under conditions of shock, pressure, or temperature.

(j) "Water-reactive" means a chemical that reacts with water to release a gas that is either flammable or presents a health hazard.

APPENDIX C—DEFINITION OF SELECT CARCINOGEN

Following is an exact copy of the definition of select carcinogen from paragraph (b) Definitions of 29 CFR §1910.1450:

"Select carcinogen" means any substance which meets one of the following criteria:

(i) It is regulated by OSHA as a carcinogen; or

(ii) It is listed under the category, "known to be carcinogenic," in the Annual Report on Carcinogens published by the National Toxicology Program (NTP) (latest edition); or

(iii) It is listed under Group 1 "carcinogenic to humans" by the International Agency for Research on Cancer Monographs (IARC) (latest editions); or

(iv) It is listed in either Group 2A or 2B by IARC or under the category, "reasonably anticipated to be carcinogenic" by NTP, and causes statistically significant tumor incidence in experimental animals in accordance with any of the following criteria:

(a) After inhalation exposure of 6-7 hours per day, 5 days per week, for a significant portion of a lifetime to dosages of less than 10 mg/m³;

(b) After repeated skin application of less than 300 mg/kg of body weight per week;

(c) After oral dosages of less than 50 mg/kg of body weight per day.

APPENDIX D—REFERENCES

The following references are provided to assist employers in the development and implementation of a chemical hygiene plan. References listed here do not imply specific endorsement or approval of the material. Other references may better meet the needs of a particular laboratory situation.

A. References for Development of the Chemical Hygiene Plan.

1. American Chemical Society.
(b) Developing a Chemical Hygiene Plan, 1990. ACS, Distribution Office Dept. 404, P.O. Box 57136, West End Station, Washington, DC 20037 (phone 800-227-5558).


B. References for Hazardous Chemical Information.

1. American Conference of Governmental Industrial Hygienists.
   (a) Guide to Occupational Exposure Values.
   (b) Threshold Limit Values and Biological Exposure Indices.


6. MIOSHA Occupational Health Standards for General Industry, Standards Division, Michigan Department of Consumer and Industry Services, P.O. Box 30643, Lansing, MI 48909. Website address: www.michigan.gov/mioshastandards.


C. References for Ventilation Control Information.

1. American Conference of Governmental Industrial Hygienists.
   (b) Burton, D.J., Laboratory Ventilation Workbook, 1991.
   (c) Pipitone, D.A., Safe Storage of Laboratory Chemicals, 1991, ACGIH, 6500 Glenway Avenue, Cincinnati, OH 45211-4438, phone 513-661-7881.


