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## Conscious Stomach Records MTU-031

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Description is in English

Michigan Technological University Archives and Copper Country  
Historical Collections

1400 Townsend Drive  
Houghton 49931

[copper@mtu.edu](mailto:copper@mtu.edu)

URL: <http://www.lib.mtu.edu/mtuarchives/>

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## Summary Information

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<b>Repository:</b>	Michigan Technological University Archives and Copper Country Historical Collections
<b>Title:</b>	Conscious Stomach Records
<b>ID:</b>	MTU-031
<b>Date [inclusive]:</b>	1977-1981
<b>Physical Description:</b>	0.9 cubic feet 5 manuscript boxes
<b>Language of the Material:</b>	English .
<b>Mixed Materials [box]:</b>	1-5
<b>Abstract:</b>	Records, 1977-1981, of the Conscious Stomach, a campus organization at Michigan Technological University in Houghton, Michigan. The club was founded in 1977 and was dedicated to educating people about health and nutrition. Includes membership lists, Dorm Food Committee surveys and results, clippings, recipes and other printed ephemera. Also includes scrapbook with clipping from the Lode newspaper as well as photographs from events sponsored by the Conscious Stomach.

### Preferred Citation

MTU-031, Conscious Stomach Records, Michigan Technological University Archives and Copper Country Historical Collections, Houghton, Michigan.

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## Historical Note

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The Conscious Stomach was a campus organization at Michigan Technological University in Houghton, Michigan dedicated to educating people about health and nutrition. It was founded in 1977.

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## Scope and Contents Note

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Records, 1977-1981, of the Conscious Stomach, a campus organization at Michigan Technological University in Houghton, Michigan. The club was founded in 1977 and was dedicated to educating people about health and nutrition. Includes membership lists, Dorm Food Committee surveys and results, clippings, recipes and other printed ephemera. Also includes scrapbook with clipping from the Lode newspaper as well as photographs from events sponsored by the Conscious Stomach.

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## Administrative Information

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### Publication Statement

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### Access

Available for use in the Michigan Technological University Archives and Copper Country Historical Collections.

### Processing History

Elizabeth Russell,8/26/2010

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## Controlled Access Headings

- Food -- Michigan -- Houghton
- Nutrition -- Michigan -- Houghton
- Houghton (Mich.)
- Programs
- Membership lists
- Clippings (Information artifacts)
- Scrapbooks
- Printed ephemera
- Student activities -- Michigan -- Upper Peninsula
- College students -- Social life and customs -- Michigan -- Houghton

## Collection Inventory

Title/Description	Instances	
Pork alternatives, 1978	box 1	folder 1
Books/subscriptions, undated	box 1	folder 2-3
Newspaper clippings and food information, undated	box 1	folder 4
Membership, undated	box 2	folder 1
K-Day food alternatives, undated	box 2	folder 2
Minutes, undated	box 2	folder 3
Legalities, constitution allocation outline, undated	box 2	folder 4
MTu dorms, union, classes, undated	box 2	folder 5
Reprints, undated	box 2	folder 6-7
Recipes/conversions, undated	box 3	folder 1
Speakers/movies/concerts, undated	box 3	folder 2
Food Day information, undated	box 3	folder 3
Trademarks and copyrights, undated	box 4	folder 1
Environmental additives, undated	box 4	folder 2
Nuclear Jazz, undated	box 4	folder 3
Support groups information, undated	box 4	folder 4
Common health warehouse, Keweenaw Co-op, co-ops, communal living	box 5	folder 1

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Drugs, herbs too	box 5	folder 2
Health weekend, Bemiji, Minnesota	box 5	folder 3
Impacts of U.S. beef production and consumption, Doug Davis	box 5	folder 4
The Conscious Stomach stationary	box 5	folder 5
Scrapbook, 1977-1978	box 5	folder 6