

Co-curricular Courses

2023-2024 Academic Year

Three co-curricular units are required for graduation. A unit involves the same time commitment as an academic semester credit.

Co-curricular units:

- Count toward full-time status for financial aid
- Are not included in GPA calculation
- Are not included in the total credits required for a degree
- Will appear on the transcript with a Pass/Fail grade
- Will count toward satisfactory progress for financial aid purposes
- Will not count toward the 12 credits of gradable courses required for recognition on the dean's list or other university honors.

Repeatability for general education:

- .5 co-curricular unit courses may be repeated once for general education co-curricular credit.
- 1 co-curricular unit courses may not be repeated for general education co-curricular credit.

Co-curricular Courses

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| AF0120 | Physical Conditioning | .5 |
| AF0130 | Air Force Elite Forces Workout | 1 |
| AF0230 | Precision Drill Team | .5 |
| AF0340 | Field Training | 1 |
| AR0340 | Internship in Advanced Military Leadership | 3 |
| AR2068 | Fall Military Physical Conditioning | 1 |
| AR2069 | Spring Military Physical Conditioning | 1 |
| AR3068 | Physical Training Leadership I | 1 |
| AR3069 | Physical Training Leadership II | 1 |
| MUS1510 | Huskies Pep Band | 1 |
| MUS1511 | Campus Concert Band | 1 |
| MUS1570 | Private Music Instruction | .5 |
| PE0101 | Flag Football | .5 |
| PE0103 | Bait and Fly Casting | .5 |
| PE0104 | Ultimate Frisbee | .5 |
| PE0105 | Beginning Bowling I | .5 |
| PE0106 | Beginning Golf | .5 |
| PE0107 | Floor Hockey | .5 |
| PE0108 | Broomball | .5 |
| PE0109 | Aikido | .5 |
| PE0113 | Disc Golf | .5 |
| PE0115 | Beginning Swimming | .5 |
| PE0116 | Beginning Basketball | .5 |
| PE0117 | Beginning Hockey | .5 |
| PE0118 | Beginning Weight Training | .5 |
| PE0119 | Beginning Fitness Training | .5 |
| PE0120 | Beginning Alpine Skiing (Downhill) | .5 |
| PE0121 | Beginning Snowboarding | .5 |
| PE0122 | Softball | .5 |
| PE0123 | Telemark Skiing | .5 |
| PE0125 | Sand Volleyball | .5 |
| PE0126 | Beginning Volleyball | .5 |
| PE0130 | Water Aerobics | .5 |
| PE0132 | Beginning Soccer | .5 |
| PE0135 | Beginning Cross Country Skiing | .5 |
| PE0137 | Table Tennis | .5 |
| PE0138 | Beginning Racquetball/Squash | .5 |
| PE0139 | Beginning Badminton | .5 |
| PE0140 | Beginning Tennis | .5 |
| PE0142 | Introduction to Brazilian Jiu Jitsu | .5 |
| PE0145 | Beginning Rifle | .5 |
| PE0146 | Beginning Billiards | .5 |
| PE0148 | Beginning Skating | .5 |
| PE0150 | Outdoor Lifetime Activities | .5 |
| PE0151 | Indoor Lifetime Activities | .5 |
| PE0152 | Social Dance I | .5 |
| PE0153 | Aerobics I | .5 |

Co-curricular Courses cont.

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| PE0155 | Beginning Road Biking | .5 |
| PE0156 | Beginning Mountain Biking | .5 |
| PE0165 | Introduction to Rowing | .5 |
| PE0166 | Moving for Fitness | .5 |
| PE0167 | Beginning Yoga | .5 |
| PE0169 | Indoor Cycling | .5 |
| PE0170 | TaeKwonDo and Hapkido I | .5 |
| PE0175 | Hiking | .5 |
| PE0177 | Fundamentals of Laser Tag | .5 |
| PE0205 | Bowling II | .5 |
| PE0206 | Intermediate Golf | .5 |
| PE0209 | Intermediate Aikido | .5 |
| PE0210 | Special Topics in Physical Education | .5 |
| PE0215 | Intermediate Swimming | .5 |
| PE0216 | Intermediate Basketball | .5 |
| PE0217 | Intermediate Hockey | .5 |
| PE0218 | Intermediate Weight Training | .5 |
| PE0219 | Intermediate Fitness Training | .5 |
| PE0220 | Intermediate Alpine Ski (Downhill) | .5 |
| PE0221 | Intermediate Snowboarding | .5 |
| PE0226 | Intermediate Volleyball | .5 |
| PE0230 | Water Polo | .5 |
| PE0232 | Intermediate Soccer | .5 |
| PE0235 | Intermediate Cross Country Ski | .5 |
| PE0237 | Intermediate Table Tennis | .5 |
| PE0238 | Intermediate Racquetball/Squash | .5 |
| PE0239 | Intermediate Badminton | .5 |
| PE0240 | Intermediate Tennis | .5 |
| PE0242 | Brazilian Jiu Jitsu II | .5 |
| PE0245 | Intermediate Rifle | .5 |
| PE0246 | Intermediate Billiards | .5 |
| PE0248 | Intermediate Skating | .5 |
| PE0250 | Paintball | .5 |
| PE0252 | Social Dance II | .5 |
| PE0253 | Aerobics II | .5 |
| PE0256 | Intermediate Mountain Biking | .5 |
| PE0266 | Running for Fitness | .5 |
| PE0267 | Intermediate Yoga | .5 |
| PE0270 | Cardio TaeKwonDo | .5 |
| PE0277 | Strategies of Laser Tag | .5 |
| PE0315 | Fitness Swimming | .5 |
| PE0320 | Advanced Skiing | .5 |
| PE0321 | Advanced Snowboarding | .5 |
| PE0330 | Club Sports | .5 |
| PE0367 | Mindful Yoga | .5 |
| PE0420 | Ski Instructor Training | .5 |
| PE0421 | Snowboard Instructor Training | .5 |
| PE0425 | Intramurals | .5 |
| PE0430 | Club Sports Leadership | .5 |
| PE0451 | Mountain/Road Bike Fusion | .5 |
| PE0520 | Alpine Skiing Fusion | .5 |
| PE0521 | Snowboard Fusion | .5 |
| PE1000 | Fitness Foundations | 1 |
| PE1010 | Active Michigan Tech | 1 |
| PE1028 | Ski Patrol (Hill) | 1 |
| PE1101 | Team Sports | 1 |
| PE1105 | Bowling | 1 |
| PE1106 | Golf | 1 |
| PE1113 | Disc Sports | 1 |
| PE1118 | Weight/Fitness Training | 1 |
| PE1119 | Conditioning | 1 |
| PE1138 | Racquet Sports | 1 |
| PE1140 | Tennis | 1 |
| PE1169 | Indoor Cycling | 1 |
| PE1170 | TaeKwonDo | 1 |
| PE1210 | Special Topics | 1 |
| PE1215 | Introduction to Backcountry Travel | 1 |

Co-curricular Courses cont.

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| PE1220 | Introduction to Canoeing | 1 |
| PE1225 | Indoor Rock Climbing | 1 |
| PE1230 | Introduction to Kayaking | 1 |
| PE1235 | Introduction to Log Rolling | 1 |
| PE1240 | Snowshoeing | 1 |
| PE1245 | Wilderness First Responder | 1 |
| PE1435 | Self-Defense for Women | 1 |
| PE1436 | Self-Defense for Men | 1 |
| PE1450 | Physical Education Fusion – Full | 1 |
| PE1470 | Lifeguard Swimming | 1 |
| PE2010 | Varsity Football | 1 |
| PE2020 | Varsity Basketball | 1 |
| PE2030 | Varsity Hockey | 1 |
| PE2040 | Varsity Nordic Skiing | 1 |
| PE2050 | Varsity Soccer | 1 |
| PE2080 | Varsity Track | 1 |
| PE2090 | Varsity Tennis | 1 |
| PE2130 | Varsity Volleyball | 1 |
| PE2140 | Varsity Cross Country | 1 |
| PE2150 | Cross Training | 1 |
| PE2160 | Varsity Esports | 1 |
| PSY1100 | Skills for Health and Resilience | 1 |
| PE0XXX | Co-Curricular Activities (<i>transfer credit only</i>) | .5 |
| PE1XXX | Co-Curricular Activities (<i>transfer credit only</i>) | 1 |

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